

# HAMURA NEWS

**September 2006**

*Hamura Friendly Community Development Organization*

5-2-1 Midorigaoka, Hamura City 205-0003, TOKYO

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**Note: Listed information is provided in Japanese by telephone**

**\* Disaster Drill on Sep. 3 (Sun)**

The siren will wail at 9:00 a.m. on the day on the assumption that an earthquake with a seismic intensity of 6 (Japanese scale) will occur. Duck under a desk or a sturdy table first to ensure your safety and then check for fire. After that, evacuate to a nearby safe haven. *Chonikai* or *Jichikai* (neighborhood association) will conduct emergency relief activities or fire-fighting exercise there.

**<How to Use the Disaster Emergency Dengon Dial “171”>**

This voice messaging system is useful to confirm safety of your family members when a disaster strikes. Please check how to use 171.

<u>To record a message:</u> 171 <u>1</u> (XXX)-XXX-XXXX	Audio guidance is provided. Please include the area code when dialing. Dial your home telephone number if you are in a disaster area, and dial the telephone number of a person in a disaster area if you are outside the area.
<u>To play back a message:</u> 171 <u>2</u> (XXX)-XXX-XXXX	

**\* Events Information from Yutorogi**

Event	Date & Time	Place	Remarks
<i>Hamura Yutorogi Yose</i>	Sep. 15 (Fri), 7:00 p.m. ~ (Doors open at 6:30 p.m.)	Small Hall	<i>Rakugo</i> comic stories performed by <i>Kinka Sanyutei, Utaro Yanagiya</i> , etc. Admission: ¥700 advance, ¥800 at doors.
Talk in Salon	Sep. 9 (Sat), 7:00 p.m. ~ 9:00 p.m.	2nd floor <i>Kouza-shitsu 1</i> (Seminar room 1)	Mr. <i>Toshio Murayama</i> , a camera operator, will talk about cross-cultural exchanges between Japan and the United States, showing a documentary film on Japanese gardens. Admission: ¥500. How to apply: Call <i>Yutorogi</i> .
Art in Salon ~Pressed Flower ~	Oct. 3 (Tue), 10 (Tue), 17 (Tue), 10:00 a.m. ~ noon	3rd floor <i>Sousaku-shitsu 2</i> (Atelier room 2)	Fee: ¥1,500 for each lesson. For first 20 people. How to apply: Call <i>Yutorogi</i> .
PC Lessons for Making New Year's Card *	Oct. 6, 13, 20, 27 (Fri), 10:00 a.m. ~ noon	2nd floor <i>Kouza-shitsu 2</i> (Seminar room 2)	Fee: ¥1,500. Up to 15 people (selected by lot, if more people apply).
PC Lessons for Excel intermediate level *	Oct. 6, 13, 20, 27 (Fri) 1:30 p.m. ~ 3:30 p.m.	2nd floor <i>Kouza-shitsu 2</i> (Seminar room 2)	Fee: ¥1,500. Up to 15 people (selected by lot, if more people apply).
<i>Noh</i> Mask Exhibition	Oct.3 (Tue) ~ 15 (Sun)	1 <sup>st</sup> floor Gallery	Enjoy <i>Noh</i> masks made by <i>Tatsuya Arai</i> . Admission: free.
Small Lectures on <i>Noh</i> Play	1st Lesson: Sep. 17 (Sun), 10:00 ~ 11:00 a.m. 2nd Lesson: Sep. 23 (Sat), 6:00 ~ 7:00 p.m.	Small Hall	The lecturer is Mr. <i>Nobuo Nakasho</i> , a <i>Noh</i> player. Admission: Free. How to apply: Call, email or come to <i>Yutorogi</i> by a week prior to the lessons.

\* How to apply: Write your zip code, address, name and phone number on a double post card and send it to the *Yutorogi* not later than Sep. 20 (Wed).

*Yutorogi*: 1-11-5 Midorigaoka, Hamura, 205-0003 (phone: 570-0707, fax: 570-6422, [http:// www.hamura-tokyo.jp/](http://www.hamura-tokyo.jp/))

**\* Festival: The 6<sup>th</sup> Hamura Furusato Matsuri (“Yosakoi Soran in Hamura”)**

Date & Time: Sep.30 (Sat), 1:00 ~ 8:00 p.m. and Oct. 1 (Sun), 1:00 ~ 6:00 p.m.

Place: Around the east exit of Ozaku Station

30 (Sat)	1:00 p.m. ~	<i>Ohayashi</i> (marching playing Japanese traditional music instruments)
	3:00 p.m. ~	Dance of <i>Soran</i> , <i>Koteki</i> (Drum and fife), Marching Band, etc.
	7:30 p.m. ~	Performance of Japanese drums
1 (Sun)	1:00 p.m. ~	Performance of Japanese drums
	1:30 p.m. ~	<i>Yosakoi Soran</i> Live Show by various groups

**\* Information from the Hamura Zoo**

<Animal Quiz Rally in Hamura Zoo> Why don't you enjoy walking in the zoo and try to answer quizzes about animals? You are sure to find something new about zoo. A free gift will be given if you give right answers to all the questions.

Date & Time: Sep. 16 (Sat), 17 (Sun), 18 (Mon), 10:00 a.m. ~ noon, or 1:00 ~ 3:00 p.m.

Fee: ¥50 for children and ¥100 for others (Admission to the zoo is required separately.)

<Try Bird Carving> Let's try to make a bird carving, watching beautiful birds in the zoo. Date & Time: Sep. 17 (Sun), 1:30 ~ 3:30 p.m. Number of participants: Up to 30 people Fee: ¥1,000 (Admission to the zoo is required separately.) How to apply: Call the zoo not later than Sep. 16 (Sat).

<Event of Petting Zoo> Students of Teikyo University of Science and Technology will hold an event to teach children the value of life. Come and enjoy this event. Date & Time: Sep. 23 (Sat), 9:00 a.m. ~ 4:00 p.m. (The event will be postponed until 24 (Sun) if it rains.) Fee: Free

<Donate Towel and Soap> We are short of towels and soap to wash animals. Please donate those items that are no longer needed in your family for the animals of the zoo.

Contact: Hamura Zoo (phone: 579-4041)

**\* Battery Festival in Showa Kinen Park**

Children can experience the fun of science through experimental lessons.

Date: Sep. 30 (Sat) Time: 10:00 a.m. ~ 4:00 p.m. Place: Showa Kinen Park, Hana-Midori-Bunka-Center (admission free area) Eligibility: Elementary and junior high school students and their guardians (1st and 2nd grade elementary school students must be accompanied by their guardians.) Admission: Free

Details of Lessons: Dry battery making lesson, experiment to know more about battery energy, dry battery race, etc. \*Each lesson takes approximately 60 minutes. You may have to wait for lessons during busy hours. \*No prior application is necessary. Please apply at the place on the day by 3:00 p.m.

Contact: Call Tamatousho-Kodomo-Taikenjyuku Jimukyoku (042-385-3448) on weekdays from 10:00 a.m. to 6:00 p.m.

**\* Follow the Rules to Keep Dogs and Cats**

An increasing number of people keep a dog or cat as their companion. When you keep a dog or cat, please value your pet's life and follow the rules in society.

- For dog owners

Register your dog at City Hall once in its lifetime, and give it a vaccine against rabies once every year.

If your dog poops while you are out walking it, take the droppings home.

Don't keep your dog loose.

Don't let your dog bark to no purpose.

- For cat owners

Keep your cat indoors in order to protect it from a traffic accident or an infectious disease and not to give anyone trouble.

Put a collar or an identification tag on your cat.

- Stray Cats

Don't feed any stray cats. Many cats gather for the feeding, and then produce more and more stray kittens.

- Spaying and neutering

If you don't want your pet's baby, you have to think about having your pet spayed or neutered. You must not abandon a newborn pet that you can't keep.

Contact: Dobutsu-Aigo-Sodan-Center Tama-Shisho (581-7453) / Kankyo-Hozen-Ka and Seikatsu-Kankyo-Ka (for registrations of dogs)

**\* Information from the Swimming Center**

<**Swimming Lesson for Adults**> For beginners who are afraid of water to advanced swimmers who want to improve their swimming form. Application on the day won't be accepted. Date & Time: Oct. 1, 8, 15, 22, 29, Nov. 5, 12, 19, 26, Dec. 3 (Sun), 7:00 ~ 9:00 p.m. Participants: Up to 40 people aged 16 and above (in order of arrival) Fee: ¥8,000 How to apply: Call or visit the Swimming Center between Sep.9 (Tue) and 24 (Sun) by 5:00 p.m.

<**Water Aerobics**> You need not swim. Why don't you enjoy exercising to the music in water? Date & Time: Sep.7 (Thu), 21 (Thu), 3:00 ~ 3:50 p.m. Participants: Up to 35 people aged 16 and above (in order of arrival) Fee: ¥400 for people living or working in *Hamura* and ¥600 for others What to bring: Swimsuits, swimming cap, towel, etc. How to apply: Apply at the 1<sup>st</sup> floor reception desk at the swimming pool from 2:00 a.m. to 2:50 p.m. on the day.

<**Aqua Festival (Water Aerobics)**> Why not enjoy water aerobics in the annual festival? Date & Time: Sep. 14 (Thu), 3:00 ~ 4:30 p.m. Participants: People aged 16 and above Fee: ¥400 for people living or working in *Hamura* and ¥600 for others What to bring: Swimsuits, swimming cap, towel, etc. How to apply: Call or fax the Swimming Center after Sep.2 (Sat), 9:00 a.m. You can apply for this event on the day.

<**Beginners' Water Walking Lesson to Get into Better Shape**> You can learn the characteristic of water and variations and methods of walking in water. You will also do the exercise to tighten up your muscles. Date & Time: Sep. 30 (Sat), 10:00 ~ 10:50 p.m. Participants: Up to 30 beginners aged 16 and above (in order of arrival) Fee: ¥400 for people living or working in *Hamura* and ¥600 for others What to bring: Swimsuits, swimming cap, towel, etc. How to apply: Apply at the 1<sup>st</sup> floor reception desk at the swimming pool from 9:00a.m. to 9:50 a.m. on the day.

<**Swimming One-point Lesson**> Thursdays, 10:00 ~ 11:00 a.m. (This lesson will begin again on Sep. 7 (Thu).)

<**Easy Exercise for Anybody**> Wednesdays, 2:00 ~ 3:00 p.m.

Contact: Swimming Center (phone: 579-3210, fax: 579-3212)

**\* Measurement of Physical Fitness**

Date & Time: (1) People from 65 - 79 years of age: 10:30 a.m. ~ noon (Please come to the venue by 10:00 a.m.)

(2) People from 20 - 64 years of age: 2:30 ~ 4:00 p.m. (Please come to the venue by 2:00 p.m.)

Place: Hall No.1 of the Sports Center Eligibility for the measurement: People living or working in *Hamura* and from 20 - 79 years of age Fee: ¥100 How to apply: Call, fax or email the Sports Center from Sep. 5 (Tue) to 14 (Wed). Application on the day won't be accepted. Contact: Sports Center (phone: 555-0033, fax: 554-9974, email: s705005@city.hamura.tokyo.jp)

**\* Bookbinding Class at the City Library**

Why don't you make a book of personal history, poems, journals of your travels, essays, family recipes, newspaper or magazine clippings, child's drawings or compositions, etc. with your own idea? You can easily create a book that looks professionally-produced using the *Hondana's* method of bookbinding. Some examples are on display at the lobby of the City Library between Sep. 1 (Fri) and 14 (Thu). Date & Time: Sep. 29 (Fri), 1:00 ~ 4:00 p.m. Place: 2<sup>nd</sup> floor Volunteer Room of the City Library Number of participants: Up to 15 people What to bring: Your material to be bound (thickness of 1 ~ 2 cm), printed paper such as wrapping paper for the front cover of your book How to apply: Call or visit the City Library after Sep. 1 (Fri), 9:00 a.m. ~. Contact: City Library (554-2280)

**\* Storytelling at the City Library**

	Date & Time	Place	Books to be read
For Infants	Sep. 9 (Sat), 10:30 a.m. ~	<i>Ohanashi no Heya</i>	" <i>Nijiuro no sakana</i> (The rainbow fish)", etc.
For elementary school children	Sep. 16 (Sat), 10:30 a.m. ~	<i>Ohanashi no Heya</i>	" <i>Manmaru otsukisama wo Oikakete</i> (Kitten's first full moon)"

**\* Movies for Children at Yutorogi**

Date & Time: Sep. 10 (Sun), 10:00 a.m. ~ 11:30 a.m.) Program: *Umi-hiko Yama-hiko*, *Kitsune to Budo* (The fox and the grapes), *Sarukani* (The monkey and the crabs), *Donguri to Yamaneko* (Wildcat and Acorns), *Furaipan ji-san* Place: The small hall of *Yutorogi* Fee: Free \*No prior reservation is required. Please come to the venue on the day.

**\* Information from the Freshland Nishitama**

<Yoga Class> Date: Thursdays, 1:30 ~ 2:30 p.m. (except national holidays)

Fee (including fee for bathing for 3 hours): ¥800 for people living in *Ome, Fussa, Hamura* and *Mizuho-machi*, and ¥1,100 for others. What to bring: Clothes that give you room to maneuver, indoor shoes, towel, etc.

<Exhibition of photographs / model trains> Period: Sep. 5 (Tue) ~ 10 (Sun) for photo exhibition and Sep. 12 (Tue) ~ 18 (Mon) for model train exhibition Time: 2:00 ~ 5:00 p.m. and 6:00 ~ 9:00 p.m.

Contact: Freshland Nishitama (phone: 570-2626)

**\* Sports Programs for Individuals**

Fees are ¥100 for adults and ¥50 for children. Japanese archery is free. Guidance is given for each program.

Please bring sportswear, indoor shoes, and birdies for badminton and ping-pong balls. See the schedule below.

Contact: Sports Center (phone: 555-0033, fax: 554-9974).

Program	Time
Badminton	Fridays: 6:00 - 10:00 p.m.
Tennis	Wednesdays: 6:00 - 10:00 p.m.
Indiaka	The 2nd & 4th Tuesday: 6:00 - 10:00 p.m.
Table tennis	At all hours (Guidance is given on Saturdays from 7:00 p.m. to 10:00 p.m.)

**Medical Care Available on Sundays & Holidays**

Date		Hospital				Dentist	
		9:00 a.m. - 5:00 p.m.		5:00 p.m. - 10:00 p.m.		9:00 a.m. - 5:00 p.m.	
3	Sun	MATSUDA IIN 松田 医院	554-0358	HAMURA-SHI HEIJITSU YAKAN 羽村市 平日 夜間 KYUKAN CENTER 急患 センター	555-9999	WATANABE SHIKA IIN 渡邊 歯科 医院	570-1688
10	Sun	SHIOZAWA IIN 塩澤 医院	554-7370	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	HONDA DENTAL ホンダ デンタル CLINIC クリニック	554-4184
17	Sun	TAKIURA IIN 滝浦 医院	555-2655	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	ASAHI KOENDORI あさひ 公園通り SHIKA IIN 歯科 医院	555-7904
18	Mon	YOKOTA CLINIC 横田 クリニック	554-8580	ISHIBATA SHINRYOJO 石畑 診療所 (in Mizuho-machi)	557-0072	IKOMA SHIKA 生駒 歯科 HAMURA SHINRYOJO 羽村 診療所	555-3139
23	Sat	SAKAECHO 栄町 SHINRYOJO 診療所	555-8233	KURIHARA IIN 栗原 医院 (in Mizuho-machi)	557-0100	KUSAKA SHIKA くさか 歯科	555-7793
24	Sun	YAMAKAWA IIN 山川 医院	554-3111	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	INOUE SHIKA IIN 井上 歯科 医院	554-7735

\* A Clinic on duty is subject to change on very short notice. Please check the clinic of the day with City Hall or the *Hoken* Center (municipal health center) before you go.

**Information Service on Sep. 8<sup>th</sup>, 22<sup>nd</sup> (1:00 p.m. - 4:00 p.m.)**  
**ENGLISH • ESPAÑOL • KOREAN • TAGALOG (TEL: 579-2211)**