

HAMURA NEWS

November 2006

Hamura Friendly Community Development Organization

5-2-1 Midorigaoka, Hamura City 205-0003, TOKYO

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Note: Listed information is provided in Japanese by telephone

* The 37th Hamura Industrial Festival

Date & Time: Nov.3 (Fri), 4 (Sat) and 5 (Sun), 10:00 a.m. ~ 4:00 p.m.

Place: *Fujimi Park*

Entertainments: Halloween events, shows, playground for kids, various booths set up by companies and firms in *Hamura*, the familiar sale of specialties around the country, the display and sale of industrial products made in *Hamura*, the direct sale of agricultural products harvested in *Hamura*, and other displays and practical demonstrations connected with consumers' affairs. *For more information, please check the newspaper insert for the Industrial Festival on Nov.2 (Thu).

* Temporary Service Shutdowns at City Hall

The following services will be temporarily unavailable on Nov. 23 (Thu) because of electric equipment checking in City Hall. Thank you for your understanding.

Contact: *Keiyaku-Kanzai-Ka-Kanzai-Gakari*.

1. An automatic machine for issuing copies of resident certificates or registered seals, from 8:00 a.m. to 5:00p.m.

Contact: *Shimin-Ka-Uketsuke-Gakari*.

2. Viewing our web site and sending and receiving e-mails, from 8:00 a.m. to 5:00 p.m.

Contact: *Jyoho-System-Ka-Jyohoka-Suishin-Gakari*.

* Yutorogi: Events Information

< **Ikebana (flower arranging) Lesson** > Enjoy the experience of *Ikebana*, the Japanese traditional method of arranging flowers. Women who care for children are welcome. We offer the opportunity for you to make friends and be able to relax. Date & Time: Nov. 28, Dec. 5, 12 (Tuesday), 10:00 a.m. ~ noon

Place: *Atelier 2*

Number of Participants: 20 *¹⁾

Fee: ¥3,600 (Tuition and material cost for the three lessons)

What to bring: Flower scissor

How to apply: Send a double postal card or a fax to *Yutorogi* not later than Nov. 18 (Sat) *²⁾

< **Ryurei-style Tea Ceremony Lesson** > It is the western-seating tea ceremony. You can enjoy the traditional Japanese activity without kneeling in *seiza*. Date: Dec. 6, 13, 20, Jan. 10, 17, 24 (Wednesday)

Time: 10:00 a.m. ~ noon (Morning class), or 1:30 ~ 3:30 p.m. (Afternoon class)

Place: *Japanese-style Room*

Number of Participants: 5 for each class *¹⁾

Fee: ¥6,600 (Tuition and material cost for the six lessons)

What to bring: *Fukusa, Kaishi and Sensu*

How to apply: Send a double postal card to *Yutorogi* not later than Nov. 26 (Sun) *²⁾

< **PC Lessons: Beginners' Excel** > Date & Time: Dec. 1, 8, 15, 22 (Friday, 4 lessons), 10:00 a.m. ~ noon

Place: *Seminar Room 2*

Number of Participants: 15 *¹⁾

Fee: ¥1,500 (for the four lessons)

How to apply: Send a double postal card to *Yutorogi* not later than Nov. 21 (Tue) *²⁾

< **Watercolor Painting Class** > Date & Time: Dec. 7, 21, Jan. 11, 25, Feb. 8, 22, Mar. 8, 22 (Thursday, 8 lessons), 10:00 a.m. ~ noon

Place: *Atelier 2*

Number of Participants: 15 *¹⁾

Tuition Fee: ¥4,800

(for the eight lessons) Material Cost: Nearly ¥1,000

What to bring: Transparent colors, gouache, sketchbook, painting brush, palette, brush washer, drawing pencil, etc.

How to apply: Send a double postal card to *Yutorogi* not later than Nov. 27 (Mon) *²⁾

< **Exhibition: Sculpture and Calligraphy of Seibo Kitamura** > Date & Time: Nov. 23 (Thu) ~ Dec. 3 (Sun), 10:00 a.m. ~ 6:00 p.m. (~ 4:00 p.m. on the last day)

Place: *Gallery*

Admission: Free

*1) If more people apply, winners are chosen by lot.

*2) Please write the name of the lesson you want to apply for, your address, name and phone number on the postal card or the fax. If you want to use the childcare service, please write so.

Contact: *Yutorogi* (Address: 1-11-5, *Midorigaoka, Hamura, 205-0003* / phone: 570-0707 / fax: 570-6422)

*** Events Information from the Hamura Zoo**

Admission to the zoo is required separately.

<**Fallen Leaves' Pool**> Have fun playing in the pool full of leaves.

Period: Nov.3 (Fri) ~ Mar.31 (Sat) in 2007. Opening: Nov.3 (Fri) from 1:00 p.m. at the Lawn Park.

<**Play with a Clown**> A clown makes animals out of balloons. Visit us!

Date & Time: Nov. 12 (Sun), 19(Sun), 10:00 a.m. ~ 3:00 p.m.

<**Animal Questions and Answers**> It's getting cold these days, so sit around the fire and enjoy listening to zookeepers stories about animals. Period: Nov.18 (Sat) ~ Mar.31 (Sat) in 2007

<**Animal Quiz Rally**> Why don't you take a walk doing a quiz? A new discovery will wait for you. Those who can give right answers to all the questions will get a free gift.

Date & Time: Nov.18 (Sat), 19 (Sun) 10:00 a.m. ~ noon, 1:00 p.m. ~ 3:00 p.m. Fee: ¥50 for kids, ¥100 for adults

<**Enjoy a Pony Ride**> How about riding on a pony inside the zoo?

Date: Nov.3 (Fri), 26 (Sun) Fee: ¥500 per ride

<**WANTED: Volunteer Animal Guides**> Please call us if you interested in animal guide.

Contact: Hamura Zoo 579-4041

*** Information from the Swimming Center**

< **Diving lesson (to improve your swimming performance)**> This lesson is aimed at those who want to check whether their swimming technique has improved by measuring the time or those who want to learn how to dive to participate in a swimming competition. Date & Time: Nov. 30, Dec. 7, 14, 21 (Thursday, 4 lessons), 4:00 ~ 6:00 p.m.

Number of Participants: 10 people (In order of arrival)

Fee: ¥2,000 (Admission to the swimming pool is required separately.)

How to apply: Apply at the Swimming Center between Nov. 14 (Tue) and 24 (Fri), 9:00 a.m. ~ 5:00 p.m.

< **Easy Exercise**> Easy muscle training and light exercises. Date & Time: Wednesdays, 2:00 ~ 3:00 p.m.

Number of Participants: 25 people (In order of arrival)

< **Stretch (for about 30 minutes)**> Release the stress from your body by stretching slowly.

Date & Time: Tuesdays, 9:30 a.m. ~ / Fridays, 7:00 p.m. ~ / Sundays, 2:00 p.m. ~

Contact: Swimming Center (554-0321)

*** Flea Market ("Aozora-Ichi")**

Variety things like clothing and sundry goods to be sold in this flea market. Date & Time: Nov.18 (Sat), 9:00 a.m. ~

noon *The market will be canceled if it rains or the ground condition is bad. Place: C-ground in Fujimi Park *Please

use other transport than cars because parking space is limited. Contact: Shohi-Seikatsu Center (555-1111)

*** Try to Reduce Your Garbage by 20 Grams a Day**

If garbage taken out from your houses is reduced by 20 grams (equal to the weight of a letter) a day a head, we can reduce 400 tons of garbage a year. Please try to separate and reduce your garbage regularly. For example, when you discard a direct mail, remove the part of the mail on which your personal information such as name and address is written and take it out as burnable trash. Sort the rest of the mail and fliers into waste paper and plastic packaging. Before you take out your garbage, make sure that you separate recyclable materials from garbage thoroughly. Please cooperate in trash reduction and promotion of recycling. Contact: Seikatsu-Kankyo-Ka

*** Storytelling for Infants**

Date & Time: Nov. 11 (Sat), 10:30 a.m. ~ Place: *Ohanashi no Heya* in the City Library

Book to be read: "*Do-zo no isu*" Contact: The City Library (554-2280)

*** Winter Flowers Group Planting Class**

Date & Time: Nov.18 (Sat) 10:00 a.m. ~ noon. Place: Car garage building of City Hall
 Participants: People living or working in *Hamura*, up to 20, the people will be selected by a lot if more people apply.
 Fee: ¥1,000
 How to apply: Call the *Kosha* on weekdays or the Community Center between Nov.2 (Thu) and 10 (Fri) by 5:00 p.m.

*** Sweets Class**

Why don't you learn how to bake a cheesecake at home? Date & Time: Nov. 25 (Sat), 9:00 a.m. ~ noon
 Place: Community Center Participants: Up to 20 people (If more people apply, participants will be selected by lot)
 Fee: ¥800 (for materials, handouts and insurance)
 How to apply: Call the Community Center (554-8584) or the *Fureai-Chiikizukusi-Kosha* (579-2211 / weekdays only) from Nov.2 (Thu) to Nov.16 (Thu), 5:00 p.m.

*** Open-air School in Kiyosato**

You will have hands-on experiences such as skiing in harsh natural environment, exploration of a forest and making of local dishes, staying at the *Shizen-Kyuka-Mura*. Date: Dec. 26 (Tue) ~ 29 (Fri) (four-day and three-night trip)
 Participants: Forty-five elementary school children in the 4-6 grades. The students must live in *Hamura*. If more people apply, participants will be chosen by lot. The 6 grade students who apply for the first time will be given priority.
 Fee: ¥28,000 (The rental fees for skis and chair lifts and each lunch at the ski area are at your own expense.)
 How to apply: Call the *Fureai-chiikizukuri-kosha* (weekdays only) or the Community Center from Nov. 2 (Thu) to 19 (Sun), by 5:00 p.m. Contact: *Fureai-chiikizukuri-kosha* (579-2211, weekdays only), Community Center (554-8584)

*** Events to Celebrate the 5th Anniversary of the Freshland Nishitama**

< **Exhibition: Calligraphic Works of Seibo Kitamura** > The late sculptor *Seibo Kitamura* is famous as the creator of the Peace Statue in *Nagasaki* Peace Park. Period: Nov. 5 (Sun) ~ 30 (Thu)

< **Table Tennis Class** > A coach qualified by Minister of Education and Science will teach you.

Period: Nov.26 (Sun), Dec. 3 (Sun), 10 (Sun)
 Courses: 1. Advanced (10:00 p.m. ~ noon) 2. Basic (1:00 p.m. ~ 3:00 p.m.) 3. Large Ball Course for your health (3:30 p.m. ~ 5:30 p.m.) Participants: Up to 12 for each class, on a first-come-first-served basis.
 Fee: ¥ 400 for school children and younger, ¥800 for adults, bathing fee after playing table tennis is included.
 What to bring: a paddle, shoes. Please wear clothing suitable for sports. Some paddles can be lent out. Call or come to Fresh Land *Nishitama*. Contact: Fresh Land *Nishitama* at 570-2626, <http://www.nishiei.or.jp>

*** The 16th Hamura Fureai Walk Rally**

We are going to walk about 5km doing a quiz about *Hamura* at some points. It would help you find out something new about your city. We have some free gifts for you as a prize.
 Date & Time: Nov.18 (Sat) In case of rain on the day, this event will be held on 19 (Sun). Come to in front of the clubhouse in *Fujimi* Park by 8:30 a.m. Participants: Each group must consist of 2 to 5 persons of elementary school age and older. If all members of a group are schoolchildren in the lower grades, the group won't be able to join.
 Fee: ¥300 per person, insurance and soft drinks included. Please bring your lunch.
 How to apply: Fill out the entry form and pay the fee at the Community Center from Nov.2 (Thu) to 16 (Thu).

*** Sports Programs for Individuals**

Fees are ¥100 for adults and ¥50 for children. Japanese archery is free. Guidance is given for each program. Please bring sportswear, indoor shoes, and birdies for badminton and ping-pong balls. See the schedule below.
 Contact: Sports Center (phone: 555-0033, fax: 554-9974).

Program	Time
Badminton	Fridays: 6:00 - 10:00 p.m. *It will be cancelled on 24 th .
Tennis	Wednesdays: 6:00 - 10:00 p.m. *It will be cancelled on 29 th .
Indiaka	The 2nd & 4th Tuesday: 6:00 - 10:00 p.m.
Table tennis	At all hours (Guidance is given on Saturdays from 7:00 p.m. to 10:00 p.m.)

Medical Care Available on Sundays & Holidays

		Hospital				Dentist	
		9:00 a.m. – 5:00 p.m.		5:00 p.m. – 10:00 p.m.		9:00 a.m. – 5:00 p.m.	
Date							
3	Fri	NISHITAMA BYOIN 西多摩病院	554-0838	ISHIHATA SHINRYOJO 石畑診療所 (in Mizuho-cho)	557-0072	INAGAKI SHIKA いながき 歯科	555-6018
5	Sun	YANAGIDA IIN 柳田 医院	555-1800	HAMURA-SHI HEIJITSU YAKAN 羽村市 平日 夜間 KYUKAN CENTER 急患 センター	555-9999	TAKADA SHIKA IIN 高田 歯科 医院	555-5903
12	Sun	HAMURA SANKEI 羽村 三慶 BYOIN 病院	570-1130	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	TSUSHIMA SHIKA IIN つしま 歯科 医院	579-1800
19	Sun	TSUTSUMI IIN 堤 医院	554-2418	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	NAKANO SHIKA IIN 中野 歯科 医院	554-7053
23	Thu	HAMURA SOUGO 羽村 相互 SHINRYOJO 診療所	554-5420	MARUNO IIN 丸野 医院 (in Mizuho-cho)	556-5280	NOZAKI SHIKA CLINIC 野崎 歯科 クリニック	555-3316
26	Sun	MATSUDA IIN 松田 医院	554-0358	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	HONDA SHIKA IIN 本田 歯科 医院	554-5902

* The clinic on duty is subject to change on very short notice. Please check the clinic of the day with City Hall or the *Hoken* Center (municipal health center) before you go.

Information Service on Nov. 10th, 24th (1:00 p.m. – 4:00 p.m.)
ENGLISH • ESPAÑOL • KOREAN • TAGALOG (TEL: 579-2211)