

HAMURA NEWS

March 2008

Hamura Friendly Community Development Organization

5-2-1 Midorigaoka, Hamura City 205-0003, TOKYO

Tel: 042-579-2211 / Fax: 042-579-2212 / e-mail: fureai@t-net.ne.jp

Note: Listed information is provided in Japanese by telephone

* Events Information from *Yutorogi*

Yutorogi is closed on Mondays. (If Monday is a national holiday, it's open.) Address: 1-11-5 Midorigaoka, Hamura-shi, 205-0003 Tel: 570-0707 Fax: 570-6422 <http://www.hamura-tokyo.jp/> E-mail: s706000@city.hamura.tokyo.jp

<Movie: *Tokyo Tower Okan-to-Boku-to Tokidoki Oton*> This movie is based on Lily Frankie and his mother's half-lifetime story. Day & Time: Mar. 15 (Sat) 6:00 p.m. ~ Doors open at 5:30 p.m. Place: Small Hall. Admission Fee: Free, no prior reservation is required. Number of seats available: up to 250

<The 2nd *Yutorogi* Cultural Lecture> This lecture is sponsored by *Kyorin* University. Mr. *Kaneda*, a linguist specializing in Japanese will share his opinion about modern Japanese. Date & Time: Mar. 20 (Thu) 2:00 p.m. ~ (door is open at 1:30 p.m.) Place: Small Hall Number of seats available: up to 250 Fee: Free Temporary child-care service is available for ¥700 (includes snacks) Apply: Make an appointment by calling *Yutorogi* or at the *Yutorogi* reception desk after Mar. 2 (Sun) 9:00 a.m. ~

<*Syako*, Coping Buddhist Scriptures, Class> Date & Time: Apr. 1 and 15, and May 6 and 20 (All Tue.—four days class) 10:00 a.m. ~ noon Place: *Gakusyu-shitu* 1, Learning room 1 Number of participants: up to 15 people; will be chosen by lottery if many people apply. Fee: ¥3,700 (Included paper and brush) for the all four classes. Please prepare ink stone, paper weight, sumi ink, and mat to put underneath of the paper on your own. If you do not have these instruments, the instruction will be given at the first class. Temporary child-care service is available for ¥500 (included snacks) Instructor: *Sakae Kishino*, Chirographer. How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 18 (Tue)

<Pastel Drawing Class> Date & Time: the 1st and 3rd Tuesday from Apr. 1st to Sep. (In Aug, the class will be held on the 2nd Wednesday.)— total 12 classes, 7:00 p.m. ~ 9:00 p.m. Place: *Sosaku-shitsu* 2, Atelier 2 Number of participants: up to 15 people; will be chosen by lottery if many people apply. Fee: ¥8,100 for the all classes Please bring canvas, pastel, pencil, and eraser. If you are willing to buy tools through this class, please mention it on your application—Tool set costs ¥8,100. Temporary child-care service is available for ¥700 (included snacks) Instructor: *Yugen Murata* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 18 (Tue)

<Oil Painting Class for Beginners> Date & Time: the 2nd and 4th Wednesdays from Apr. 9th to Sep— total 12 classes, 1:00 p.m. ~ 4:00 p.m. Place: *Sosaku-shitsu* 2, Atelier 2. Number of participants: up to 15 people; will be chosen by lottery if many people apply. In case of the number of the participants are few, the class will be either postponed or cancelled. Fee: ¥11,600 for the all classes. Oil painting kit (¥15,730) and sketchbook (¥2,000) is available through this course. More specific instructions regarding tools will be given at the first class. Temporary child-care service is available for ¥500 (included snacks) Instructor: *Kenzo Sakaeguchi* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 26 (Wed)

<Japanese-style painting> Date & Time: the 1st and 3rd Thursday from Apr. 3rd to Sep— total 12 classes, 1:00 p.m. ~ 4:00 p.m. Place: *Sosaku-shitsu* 1, Atelier 1 Number of participants: up to 15 people; will be chosen by lottery if many people apply. In case of the number of participants are few, the class will be either postponed or cancelled. Fee: ¥12,600 for the all classes. Japanese-style painting kit (¥15,000) and sketchbook (¥2,000) is available through this course. More specific instructions regarding tools will be given at the first class. Temporary child-care service is available for ¥500 (included snacks) Instructor: *Kiyotaka Watabe* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 20 (Thu.)

<Pressed Flower Art> Date & Time: the 1st and 3rd Friday from Apr. 4th to Sep.—total 12 classes, 10:00 a.m. ~ noon Place: *Sosaku-shitsu* 1, Atelier 1 Number of participants: up to 20 people; will be chosen by lottery if many people apply. Fee: ¥30,000 (included material costs) for the all classes. Approximate ¥1,000 of additional cost for flowers is expected during this course. Temporary child-care service is available for ¥500 (included snacks) Instructor: *Kazuyo Doi* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 21 (Fri.)

<Computer Class for Beginners> Date & Time: Every Friday in Apr. 10:00 a.m. ~ noon (four times) Place: *Koza-shitsu* 2, Seminar room 2 Number of participants: up to 15 people; will be chosen by lottery if many people apply. Fee: ¥2,500 for the all four classes. Temporary child-care service is available for ¥500 (included snacks) Instructor: "Pasokon Nakama", *Shakai-Kyoiku-Kankei-Dantai* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 15 (Sat.)

<Pottery Class for Intermediate>

Date & Time: 1:00 p.m. ~ 4:00 p.m.

Apr	6 (Sun), 19 (Sat)
May	10 (Sat), 17 (Sat)
June	7 (Sat), 8 (Sun)
July	5 (Sat), 19 (Sat)
Aug	3 (Sun), 9 (Sat)
Sep	6 (Sat), 7 (Sun), 13 (Sat)

Place: *Sosaku-shitsu* 3, Atelier 3 Number of participants: up to 20 people; will be chosen by lottery if many people apply. Fee: ¥18,600 for the all classes (Included material costs). Temporary child-care service is available for ¥700 (included snacks) Instructor: *Kiyotaka Watabe* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 23 (Sun.)

<Beginner Computer Class for Photographic Processing > Date & Time: Apr. 12 (Sat), May 8 (Thu), and June 7 (Sat)—total three times, 1:30 p.m. ~ 4:30 p.m. Place: *Koza-shitsu* 2, Seminar room 2 Number of participants: up to 20 people; will be chosen by lottery if many people apply. Fee: ¥1,800 for the all three classes. Temporary child-care service is available for ¥500 (included snacks) Instructor: *Akira Nagao* How to apply: See below. *1 Application must be submitted to *Yutorogi* by Mar. 30 (Sun.)

<Basic Class for Digital Photography—Will learn how to capture a picturesque photo>

Date & Time: Apr. 19 (Sat), May 17 (Sat), and June 14 (Sat)—total three times, 1:30 p.m. ~ 4:30 p.m. *Photo shooting session will be thrown on June 14 (Sat) from 9:00 a.m. to 11:00 a.m. at *Hamura Zoo*—Admission to the Zoo (¥300) and transportation fee to the Zoo will be required separately. Place: *Sosaku-shitsu* 3, Atelier 3 Number of participants: up to 20 people; will be chosen by lottery if many people apply. Fee: ¥2,400 for the all three classes. Temporary child-care service is available for ¥700 (included snacks) Instructor: *Katsumi Maeno* How to apply: See below. *1 Application must be submitted at *Yutorogi* by Apr. 5 (Sat.)

*1 How to apply: Send or bring a double-postal card with your name, address, phone number, age, the class you'd like to join, and whether you need child-care service with the number of kids or not to *Yutorogi* no later than the designated due date.

<Movie for Kids > Date & Time: Mar. 9 (Sun) 10:30 a.m. ~ 11:30 a.m. Program: *Kumanoko Ufu (Ufu bare)/Hashire Merosu (Run! Merosu), Shippo-jiman-no-Usagi-san (Rabbit who is proud of its tail)* The program is subject to change without notice. Fee: Free. Presented by *Hamura* 16mm Film Club. No prior reservation is required, please come to the venue on the day. Contact: *Yutorogi* 570-0707

* Events Information from Sports Center (Tel: 555-0033, Fax: 554-9974)

<Sports Programs for Individuals> Tips will be provided for each sport. Please bring sportswear, indoor shoes, birdies for badminton, and ping-pong balls for table tennis. This program is available to only for *Hamura* citizens and those working in *Hamura* city

Program	Time
Badminton	Fridays: 6:00 p.m. ~ 10:00 p.m. (Playing tips are available after 7:30 p.m.)
Tennis	Wednesdays: 6:00 p.m. ~ 10:00 p.m. (Playing tips are available after 7:30 p.m.)
Indiaca	The 2nd & 4th Tuesday: 6:00 p.m. ~ 10:00 p.m. (Playing tips are available after 7:30 p.m.)
Table tennis	Any time during the operation hours (Playing tips are available on Saturdays after 7:00 p.m.)

* Information from Swimming Center (Tel: 579-3210)

<Swimming Tips> Date & Time: Mar. 6 (Thu), 13 (Thu), and 27 (Thu) 10:00 a.m. ~ 11:00 a.m. Please buy a ticket and apply at poolside—No prior reservation is required.

<Water Aerobics> You do not have to able to swim. Just enjoy exercising with music in water!

Date & Time: Mar. 6 (Thu), 13 (Thu), and 27 (Thu) from 3:00 p.m. ~ 3:50 p.m. Location: Swimming Center

Participants: Up to 35 people—first come, first serve base Participants are must be over the age of 16

Fee: ¥400 for whom living or working in *Hamura* city and ¥600 for others (Included Admission and insurance)

Please bring swimsuits, swimming cap, towel, etc. How to apply: Apply at the reception desk on the first floor of the swimming center between 2:00 p.m. to 2:50 p.m. on the day.

<Diving Lesson and Time measurement> Date & Time: Mar. 6 (Thu), 13 (Thu), and 27 (Thu) from 4:00 p.m. ~ 6:00 p.m.

Place: Swimming Center Number of Participants: up to 10—first come, first serve Fee—included admission and insurance: ¥500/each day No appointment is required

<Easy Exercise> You will learn easy exercises at this class. Since it is very easy, anybody can join this class.

Date & Time: Every Wednesdays from 2:00 p.m. ~ 3:00 p.m. Location: Training Room Participants: Up to 25 Fee: Regular admission fee for training room

<Yoga Class> Date & Time: Every Wednesdays from 11:00 a.m. ~ noon Location: Swimming Center Meeting Room 2 Participants: Up to 20 people—first come, first serve base Fee: ¥800 How to apply: Apply at the reception desk on the second floor of the swimming center.

* Information from City Library (Tel:554-2280)

<Story Telling> For infants: Panel Theater “*Kuroneko-Kaasan (A black mother cat)*” etc. Mar. 8 (Sat) 11:00 a.m. ~

For children in school: Story Telling Mar. 15 (Sat) 11:00 a.m. ~ *Parents are welcome to participate

No appointment is required for both events. For more detail, contact City Library at 554-2280

* **Events Information from Hamura Zoo** (Tel: 579-4041) *Admission Fee to the Zoo is sold separately.

<**Nature Experience Program**> You will learn cool stuff solving quizzes throughout this program. Date & Time: Mar. 9 (Sun) 1:00 p.m. ~ 3:00 p.m. Number of participants: 30—first come, first serve Fee: Free Call after Mar. 2 (Sun) to make an appointment.

<**Pony Ride**> Let's ride a pony! Date & Time: Mar. 23 (Sun) 10:00 a.m. ~ 3:00 p.m. Fee: ¥500/1 ride

* **Events Information from Chuo-Jido-Kan, Central Children's Center** (Tel:554-4552)

<**Arts and Crafts Class—Let's make bow, arrow and target!!**> Day & Time: Mar. 8 (Sat) ①10:00 a.m. ~ ②1:00 p.m. ~ Eligibility: Lower grades in Elementary-school Fee: Free Instructors: Volunteer group, *Nejimawashi*.

No appointment is required. For more detail, please call *Chuo-Jido-Kan, Central Children's Center*

* **Events Information from Nishi-Jido-Kan, West Children's Center** (Tel:554-7578)

<**Cooking Class—Taka-chan Gyoza and Jagamochi**>

Day & Time: Mar. 15 (Sat) 10:30 a.m. ~ noon Eligibility: Elementary School students and 17 years-old and under 20 seats are available—first come, first serve. Free: ¥70 *Please bring an apron, a hand towel, and a cloth big enough to cover your head. Appointment is required. Please call *Nishi-Jido-Kan, West Children's Center* or apply at the reception between Mar. 7 (Fri) and Mar. 14 (Fri) from 9:00 a.m. to 4:30 p.m. Contact: West Children's Center.

* **Seasonal School Band Concerts information**

School Name	Date & Time	Contact Info
<i>Hamura Higashi</i> Elementary School	Mar. 2 (Sun) 1:30 p.m.	554-5663
<i>Hamura West</i> Elementary School	Mar. 16 (Sun) 1:30 p.m.	554-2034
<i>Sakae</i> Elementary School	Mar. 20 (Thu) 1:30 p.m.	554-2024
<i>Ozakudai</i> Elementary School	Mar. 15 (Sat) 1:30 p.m.	554-1431
<i>Musashino</i> Elementary School	Mar. 22 (Sat) 1:30 p.m.	555-6904
<i>Hamura Daiichi</i> Junior-High School	Mar. 23 (Sun) 2:00 p.m.	554-2012
<i>Hamura Daini</i> Junior-High School	Mar. 30 (Sun) 1:30 p.m.	554-2041
<i>Hamura Daisan</i> Junior-High School	Mar. 23 (Sun) 2:00 p.m.	555-5131

* **Garbage Dispose Tips for Moving**

<**Storage Bin for Clothes**>

Materials	Category	Take out Tip
Metal (within 50cm)	Metal	Half-transparent bag or in a basket
Hard Plastic (within 50cm)	Hard Plastic	Half-transparent bag or in a basket
Wood (within 50cm)	Burnable	Designated Blue garbage bag
Over 50cm	Bulk	Make an appointment or bring in recycle center

<**Curtain**>

Materials	Category	Take out Tip
Fabric and artificial Fabric	Recyclable A	Tie with rope; treat same as clothes

<**Shelves**>

Materials	Category	Take out Tip
Wood (within 50cm)	Burnable	Designated Blue garbage bag
Compound materials (within 50cm)	Non-Burnable	Designated Yellow garbage bag
Over 50cm	Bulk	Make an appointment or bring in recycle center

<**Plates**>

Materials	Category	Take out Tip
Glass and pottery	Non-Burnable	Designated Yellow garbage bag

<**Video and Music Tapes/CD/DVD/FD**>

Materials	Category	Take out Tip
-	Burnable	Designated Blue garbage bag
Hard Plastic (Case)	Hard Plastic	Half-transparent bag or in a basket

<**Toys**>

Materials	Category	Take out Tip
Wood and Soft Plastic (within 50cm)	Burnable	Designated Blue garbage bag
Hard Plastic (within 50cm)	Hard Plastic	Half-transparent bag or in a basket
Compound materials (within 50cm)	Non-Burnable	Designated Yellow garbage bag

<Lights>

Part	Category	Take out Tip
Body (within 50cm)	Burnable	Designated Blue garbage bag
Body (over 50cm)	Hard Plastic	Half-transparent bag or in a basket
Fluorescent lighting tube	Hazardous Material	Half-transparent bag or in a basket
Light ball	Non-Burnable	Designated Yellow garbage bag

*According to the law, *Hamura city will not collect any CRT-based TV, Refrigerator, Freezer, Washing machine, Personal Computer, and Air conditioner.* For these, please see the *Recycle Manual, P.48-49.*

*** Tuberculosis Medical Exam**

Date & Time: Mar. 21 (Fri.), 10:00 a.m. ~ noon and 1:30 p.m. ~ 3:30 p.m. Place: *Azuma Kaikan (3-11-32 Hanehigashi Hamura-shi)* Participants: *Hamura citizen, must be over 18 years-old* Fee: Free No appointment is required. For more detail, call *Hamura Hoken Center, 555-1111*

*** Vaccination**

If your children have not received following vaccination, please be inoculated during the designated period. Please be noted city will not cover any cost for vaccination. For more detail, please contact *Hamura Hoken Center.*

Age group	Vaccine	Designated inoculate period
Children will be in first grade of Elementary School as of Apr. 2008	Rubella and Measles vaccine (MR) or Rubella vaccine and Measles vaccine	By Mar. 31 2008
Children will be in first grade of Junior High School as of Apr. 2008	Diphtheria and Tetanus vaccine (DT)	Two days before the 13 th birthday

◆Medical Care Available on Sundays & Holidays

Date	Hospital				Dentist	
	9:00 a.m. – 5:00 p.m.		5:00 p.m. – 10:00 p.m.		9:00 a.m. – 5:00 p.m.	
2 Sun	IZUMI CLINIC いずみ クリニック	555-8018	HAMURA-SHI HEIJITSU YAKAN 羽村市 平日 夜間 KYUKAN CENTER 急患 センター	555-9999	HANENAKA 羽 中 SHIKA CLINIC 齒科 クリニック	554-2202
9 Sun	YAMAGUCHINAIIKA 山口内科 CLINIC クリニック	570-7661	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	HAMURA SHIKA IIN 羽村 齒科 医院	570-4618
16 Sun	NISHITAMA BYOIN 西多摩 病院	554-0838	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	FUKUTOME SHIKA IIN 福留 齒科 医院	555-7064
20 Thu	YANAGIDA IIN 柳田 医院	555-1800	MARUNO IIN 丸野 医院 MIZSUHO MACHI (瑞穂町)	556-5280	HEIZO SHIKA IIN 平三 齒科 医院	554-0066
23 Sun	HAMURA 羽村 SANKEI BYOIN 三慶 病院	570-1130	FUSSA-SHI HOKEN CENTER 福生市 保健センター	552-0099	HONDA SHIKA IIN 本田 齒科 医院	554-5902
30 Sun	TSUTSUMI IIN 堤 医院	554-2418	HAMURA-SHI HEIJITSU YAKAN 羽村市 平日 夜間 KYUKAN CENTER 急患 センター	555-9999	MASUDA SHIKA IIN ますだ 齒科 医院	551-8686

* The clinic on duty is subject to change on very short notice. Please check the duty clinics with City Hall or *Hoken Center* (municipal health center) before you go.

**Hamura city provides counseling. Please use this opportunity to solve your questions and concern
Information Service on Mar. 14th and 28th (1:00 p.m. – 4:00 p.m.) Appointment is required
ESPAÑOL · KOREAN · (TEL: 579-2211)**