

# HAMURA NEWS

JUNE 1<sup>st</sup>, 2009

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## **RICE PLANTING & WEEDING EXPERIENCE PROJECT**

Rice planting and weeding a rice paddy is a very valuable experience for children! They can learn a lot of things such as thankful feeling to food or the meaning of food from this experience. Why don't you join this event?

※ Rice reaping & threshing are scheduled in October.

Date & Time/ June 6<sup>th</sup> (Sat) 8:30am ~ (weeding), 7<sup>th</sup> (Sun) 8:30am ~ (planting)

(It will be held even in case of rain.)

Place/ *Negaramimae-suiden* Eligible/ Elementary & junior high school students

Fee/ free ※ Please come to the venue directly by foot or bicycle. ※ Your clothes may get dirty because of mud, water, weeds or so. So please come in suitable wears.

Sponsor/ *Seishonen-Taisaku Chiku-Iinkai Renraku Kyougika*

Contact/ *Jido Seishonen-ka Seishounen gakari*

## **WANTED: GARDENING VOLUNTEER MEMBERS AT HAMURA LIBRARY**

How about growing herbs at the rooftop garden in *Hamura Library*? You can learn much about gardening growing various plants as a volunteer member. You can experience one-day gardening, too. Feel free to contact.

Activity Date/ Every Tuesday & Wednesday 10:00am ~ 11:00am

Application & Contact/ *Hamura Library* (☎554-2280)

## **SPECIAL EXHIBITION AT LOCAL MUSEUM, KYOUDO HAKUBUTSUKAN**

### **"ARTICLES FOR EVERYDAY USE OF THE OLD SHIMODAS"**

( *Kyuu Shimoda-ke no Mingu* )

In the old days, Japanese people used to have meals putting dishes in a box called *Hakozen*.

We will show articles for everyday use at eating like *Hakozen* in old days in this exhibition.

Date & Time/ June 7<sup>th</sup> (Sun) ~ July 5<sup>th</sup> (Sun) 9:00am ~ 6:00pm (the old *Shimodas* house till 5:00 pm) Place/ Special exhibition corner Entrance Fee/ free

Contact/ Local Museum (*Kyoudo Hakubutsukan*, ☎558-2561)

## **ENJOY FIREFLIES FLY IN HAMURA CITY!!**

We have a firefly keeping area close to *Aso Jinjya* shrine where *Hamura Firefly Study Group* keep them by the city's request. We can enjoy their fly along the waterside fantastically in about last ten days of June every year.

Date & Time/ June 20<sup>th</sup> (Sat) 7:30pm ~ Assemble Place/ In front of *Iko no Sato*  
Lecturer/ *Hamura* firefly study group ※ There's no parking lot there. Be careful not to bother people in the neighborhood, please. ※ You can't capture any fireflies.  
Contact/ *Kankyou Hozenka Kankyou Hozen gakari*

### **2009: POSTER CONTEST TO PROMOTE CLEAR ELECTION**

We will collect poster works at this contest to promote realization of clear election and bring people interest in election.

Eligible for Application/ Elementary ~ Senior high school students drawing Materials/ Colors, Poster colors etc. (a work like *harie* that papers or cloths stick on it are also possible)

Size/ 542mmx382mm, 382mmx271mm(same as a drawing paper)

Examination/ Excellent works will be announced after the examinations in the level of each municipality, prefectures and nation in the early November.

Application & Contact/ Election Committee office (City Hall branch) by Sep. 11<sup>th</sup> (Fri).

### **The Agency for Culture Affairs project**

#### ***IKEBANA (JAPANESE FLOWER ARRANGEMENT) LESSONS***

Let's learn various things through Japanese traditional flower arrangement "*Ikebana*" workshops.

Date & Time/ 2009---Jul. 11<sup>th</sup> (Sat) 25<sup>th</sup> (Sat), Aug. 8<sup>th</sup> (Sat), Sep.12<sup>th</sup> (Sat) 26<sup>th</sup> (Sat), Oct. 3<sup>rd</sup> (Sat), Nov.21<sup>st</sup> (Sat), Dec. 12<sup>th</sup> (Sat) 26<sup>th</sup> (Sat) 2010---Jan. 9<sup>th</sup> (Sat) 23<sup>rd</sup> (Sat) 24<sup>th</sup> (Sun)

Feb. 13<sup>th</sup> (Sat) 13 times in all 10:00am ~ noon ※ Works by students joining this workshop will be showed on Jan. 23<sup>rd</sup> (Sat) & 24<sup>th</sup> (Sun) Place/ *Yutorogi Sousaku-shitsu 1*

Eligible/ Elementary school students Capacity/ 20 students (In case of too much applicants, it'll be settled by lots) Tuition Fee/ ¥500 each time (flower charge)

Instructor & Sponsor / *Hamura Ikebana Sakura Society* Supporter/ *Hamura City Board of Education*

Application/ Write your address, name, school, school grade, guardian's name & phone number on the back of a double postcard, and then mail it to the following address. Your mail should reach us no later than Jun. 25<sup>th</sup> (Thu). *Takeda Yasuko 2-7-8 Sakaecho, Hamura*

City 〒205-0002 Contact/ Shogai Gakusyuka Shogai Gakusyuu gakari(☎570-0707)

### **PUBLIC AUCTION BY INTERNET**

*Hamura City* will sell movable properties placed under distraint by *Hamura city* because of nonpayment of taxes and so on at public internet auction. Showing in advance by *Hamura city* will proceed the public auction. You should register in advance on the Yahoo Auction website to join this auction during June 2<sup>nd</sup> (Tue)1:00pm ~ 15<sup>th</sup> (Mon)5:00pm

Showing In Advance By *Hamura City*/ June 11<sup>th</sup> (Thu) 10:00am ~ noon at lobby on the 1<sup>ST</sup> floor of City Hall Articles/ will be put on view on the bulletin board of City Hall, *Hamura City* website,

Yahoo Auction website Bid Period/ June 19<sup>TH</sup> (Fri) 1:00pm ~ 22<sup>nd</sup> (Mon) 1:00pm

Contact/ *Nozeika Nozei tantou*

### **PC SEMINAR: STUDENTS WANTED: JUNE, JULY**

Place/ *Sangyou Fukushi Center*(Industrial Welfare Center) Capacity/ each course 8 people

(first-come first-served basis) Application/ Come to *Sangyou Fukushi* Center with tuition fee & textbook charge please. ◆Companies in *Hamura*---June 9<sup>th</sup> (Tue) 9:00am ~ ◆People living or working in *Hamura*---June 10<sup>th</sup> (Wed) 9:00am ~ Contact/ *Sangyou Fukushi* Center(☎579-6425, closed on Monday) ※ WindowsXP/Office2003 are used. ※ The certification exam for the Microsoft Office Specialist (MOS/MCAS)are carried out every week. ※ All courses will be held by Japanese.

COURSE	DATE/NAME	FEE	TEXT
WORD FOR BEGINNERS OFFICE 2003 ( 2DAYS OR 3DAYS)	Jun.13 <sup>th</sup> (Sat), 14 <sup>th</sup> (Sun) 1pm ~ 4 pm	¥3,000	¥2,100
	Jun. 16 <sup>th</sup> (Tue)~ 18 <sup>th</sup> (Thu) 10am ~ noon		
	Jul. 7 <sup>th</sup> (Tue), 8 <sup>th</sup> (Wed) 1pm ~ 4 pm		
WORD FOR ADVANCED LEVEL( 2 DAYS)	Jul. 21 <sup>st</sup> (Tue), 22 <sup>nd</sup> (Wed) 6pm ~9pm	¥3,000	¥2,100
EXCEL FOR BEGINNERS OFFICE 2003 ( 2 OR 3 DAYS)	Jun. 23 <sup>rd</sup> (Tue) ~ 25 <sup>th</sup> (Thu) 10am ~ noon	¥3,000	¥2,100
	Jun. 30 <sup>th</sup> (Tue), Jul. 1 <sup>st</sup> (Wed) 1pm ~ 4pm		
	Jul. 11 <sup>th</sup> (Sat), 12 <sup>th</sup> (Sun) 1pm ~ 4pm		
EXCEL FOR ADVANCED LEVEL ( 2 DAYS)	Jul. 14 <sup>th</sup> (Tue), 15 <sup>th</sup> (Wed) 6pm ~ 9pm	¥3,000	¥2,100
ACCESS FOR BEGINNERS ( 2 DAYS)	Jun. 20 <sup>th</sup> (Sat), 21 <sup>st</sup> (Sun) 1pm ~ 5pm	¥5,000	¥2,100
ACCESS FOR ADVANCED LEVEL (2DAYS)	Jul. 4 <sup>th</sup> (Sat), 5 <sup>th</sup> (Sun) 1pm ~ 5pm	¥5,000	¥2,310
FIRST BLOG (2 DAYS)	Jul. 22 <sup>nd</sup> (Wed), 23 <sup>rd</sup> (Thu) 1pm ~ 4pm	¥3,000	¥2,100

### LET'S START ECOLOGICAL ACTIVITIES AT YOUR HOUSE RIGHT NOW!!

June is "Environment Month". June 5<sup>th</sup> is placed as an "Environment Day". Various events will be held on this day in order to awake people the importance of preservation of the environment not only in Japan but also many countries of the world. We, *Hamura* residents too, let's start ecological activities right now!

Some tips for ecological activities

\*Tv---If you reduced TV watching time an hour a day

➡Reduction of carbon dioxide/year---▼about 1.4Kg(cutting down of cost--¥800)

\*Air conditioner---If you set a room temperature 28°C

➡Reduction of carbon dioxide/year---▼about 13.7Kg(cutting down of cost--¥670)

❶ How about trying to have green curtain (climbing plants—a morning glory, a sponge

gourd)?---Green curtains can cut down the strong sunlight in summer and control the room temperature low.

② Aid system to using solar energy appliances---A subsidy will be granted to those who use solar energy appliances. Contact / (☎03-5388-3472, *Tokyo Chikyu Ondanka Boushi Katsudou Suishin center*)

③ Eco point system---If you buy home appliances of energy-saving type, you can get eco points which you can use in other cases. Contact/ desk in charge of eco point (☎0570-068-800)

④ Recruiting of "Environment Family"

⑤ Children eco club project

Contact for details/ *Kankyou Hozenka kankyou Hozen gakari*

## 2008 RESOURCES & WASTE COLLECTION REPORT

It's been 6 years since door-to-door waste collection and partial fee-charging system started.

According to the latest check on the waste volume, non-burnable waste, 979 tons, decreased and the total, 927 tons. However burnable waste, 363 tons, has increased.

### <How can we reduce the increased burnable waste?>

The point is plastic containers & packaging and paper contained in burnable waste. For example, please separate direct mails that you're likely to throw away as burnable waste to recyclable waste surely. "Many a little makes a mickle". Your understanding and cooperation will be appreciated.

Contact/ *Seikatsu Kankyouka Seikatsu kankyou gakari*

## SPECIFIC MEDICAL CHECKUP & HEALTH GUIDANCE FOR PREVENTION OF METABOLIC SYNDROME

This checkup is for watching and preventing metabolic syndrome especially. If you gain too much fat on your abdominal internal organs, and besides 2 of the following diseases and over ---high blood sugar, high blood pressure, dyslipide---are added, it's called "metabolic syndrome".

### <To members of National Medical Insurance or Late-stage Medical System for Elderly>

The tickets for the specific medical checkup were sent to members(aged 40~74 and over) of National Medical Insurance and Late-stage Medical System for Elderly at the end of May.

Implementation Period/ June ~ October We recommend you have this checkup earlier.

※ Please contact designated clinics or hospitals beforehand and don't forget to bring Insurance card and the ticket for this checkup. Those aged 65 or over and not recognized supply-need or care-need by the elderly care insurance service will undergo functions exam for living at the same time. Please be sure to bring the elderly care insurance card.

※ Contact for more information and designated medical institutions.---specific medical checkup, specific health guidance ➡ *Hoken Nenkinaka Hoken gakari*/ health-up exam ➡ *Hoken Center*(☎555-1111)/ function exam for living ➡ *Kourei Fukushi Kaigoka Chiiki Houkatsu Shien Center gakari*

## Putting Out Category-A Resource on Rainy Collection Day

● Paper recycle materials, such as newspapers, advertisements, magazines, books and cardboards can be recycled even if it is wet. When you put them out for collection on a rainy day,

please do not place them where workers cannot find easily. Paper materials must be bundled preferably with a string of similar material.

● Cloth kind recycle materials, such as old clothes, linens cannot be recycled if it is wet. Please do not put them out on a rainy collection day, even if it is in a water proof bag, as the content may get wet during the collection work.

Heavily soiled fabric material cannot be recycled. Please discard them as burnable trash.

Detail/ *Seikatsu kankyōka Seikatsu Kankyō gakari*

### **Fun Lunch Party for "65 'n Older" (or Senior Friends)**

Casual lunch party will be held. Anyone who is over 65 years old living alone or with another over 65 years old is welcome. It is a wonderful chance to share some fun with your age/home neighbors!

Date&Time / June 30<sup>th</sup> (Tue) 11:15AM~1:30PM

Place / *Fukushi Center Daikaigishitsu*

Capacity / 50 people

Admission / ¥500 (lunch inclusive) payable at site

Reservation / must contact before June 15<sup>th</sup> (Mon) *Kourei Fukushi Kaigoka Kourei Fukushi Kakari*  
042-555-1111

\*transportation will not be provided by the organizer

### **Houses provided by *Hamura City* and metropolitan government**

Public housing application brochures will be distributed from June 1<sup>st</sup> (Mon) to 10<sup>th</sup> (Wed) at the following three locations. For housing property locations and more details, please contact *Shisetsu Keikaku-ka Kanzai-kakari* in city hall.

*Hamura city hall 2<sup>nd</sup> floor Shisetsu Keikaku-ka* 8:30AM ~ 7:00PM (weekend until 5:00PM)

*Hamura station west exit, Ozakudai branch* 8:30AM ~ 7:00PM (weekdays only)

*Mitsuya Kaikan Renrajujo* 8:30AM ~ 5:00PM (weekdays only)

#### **< Houses(city) for common households >**

Some properties may become available from July. Renters will be selected by lottery before July. Valid period for registration is from July 1<sup>st</sup> 2009 to June 30<sup>th</sup> 2010.

The rent is decided in accordance to the income of resident household.

Applicant Eligibility / an applicant must have lived in *Hamura city* in the past two years or longer.

#### **< Houses(city) for Senior Citizens >**

Accepting applications for immediately available properties.

The rent is decided in accordance to the income of resident household.

Applicant Eligibility / an applicant must be a single or a family of two who have lived in *Hamura city* in the past two years or longer, and must be at age of 65 or older. In case of a family, the applicant must be older than 65 years old with other person at age 60 years or older.

Application Date & Time / June 1<sup>st</sup> (Mon) ~ 10<sup>th</sup>(Wed) 8:30AM ~ 7:00PM (on weekend and holiday until 5:00PM) Place / *Shisetsu Keikaku-ka* in *Hamura city hall* on 2<sup>nd</sup> floor

The tenants will be decided by public lottery on June 17<sup>th</sup> (Wed)

Application for houses (*Tokyo*) / These properties are available for family households only who

currently reside in Tokyo prefecture.

Applications must be filed by mail before June 15<sup>th</sup> (Mon) to *Toukyou-to Jutaku Kyoukyu Kousha Boshu Center*. Application forms can be downloaded from the website of *Toukyou-to Jutaku Kyoukyu Kousha* from June 1<sup>st</sup> (Mon) ~ 10<sup>th</sup> (Wed).

### YUTOROGI (☎570-0707)

#### <The 18<sup>th</sup> *Yutorogi* Salon Concert>

Date & Time / June 13<sup>th</sup> (Sat) 12:30PM ~ 1:00PM

Place / 1<sup>st</sup> floor Lobby

Admission / free

Performer / *Shamisen Yaoji-kai*

Sponsors / *Hamura Cultural Society, Hamura City Board of Education*

#### <The 21<sup>st</sup> and half *Yutorogi* Yose(*comic story telling*) Show>

Date & Time / June 24<sup>th</sup> (Wed) Day Show 3:00PM~, Evening Show 6:30PM~

Place / Small Hall

Admission / advance ticket ¥500, on site ¥800, Day & Evening-set ticket ¥800

Performer / *Yanagiya Utaro* and others

#### <'Breeze of *Hamura*' Concert by Local Musicians>

Date & Time / August 2nd (Sun) 3:30PM~ (door open at 3:00PM)

Place / Main Hall (all reserved seat)

Admission / high school students and younger ¥500, adults ¥1000, on site ¥1500 \*pre-school children are not allowed admission

Programmed Titles / *'Pianisshimo no aki', 'Granada'* etc.

Performer / Soprano...*Yumie Iwasaki*, Baritone...*Tetsuya Ooi*, Tenor...*Mitsuhiro Oodate*, Piano...*Yohko Odagiri*

#### <Evening Classic Concert 'Popular Piano Concerto'>

Date & Time / August 23rd (Sun) 6:00PM~ (door open at 5:30PM)

Place / Main Hall (all reserved seat)

Admission / high school students and younger ¥1000, adults ¥2000, on site ¥3000 \*pre-school children are not allowed admission

Programmed Titles / "The Barber of Seville"('Sebiria no Rihatsushi') ---Rossini, *Piano Concerto no.5 "Emperor('Koutei')*---Beethoven etc.

Performers / Conductor...*Toshiaki Umeda*, Piano...*Hitomi Maeyama* and *Kentaroh Kawada*, Orchestra...New Japan Philharmonic

Co-sponsor / *Tokyo Bunka Kaikan(Tokyo Rekishi Bunka Zaidan)*

Fee for Children's Room / Audience can leave their small children with baby sitters within *Yutorogi* during the concert. ¥700 per event duration (child's snack inclusive). Please make a reservation at least 8days prior to the event.

Ticket / tickets are sold at *Yutorogi*, Sports Center, *Marufuji* supermarket stores(*Hamura, Ome, Fussa*), and *Nishitama Shinbun* Ticket Service (0120-61-3737) \*on-site tickets will be sold if available.

### <Craft Workshop for Families 'Light Art Works'>

Date & Time / June 28<sup>th</sup> (Sun), 10:00AM ~ 0:00PM Place / *Sousaku-shitu* 1 (craft atelier 1)  
Participants / junior school students or older Capacity / 20 people (first come first served basis)  
Fee / ¥300 Reservation / June 2<sup>nd</sup> (Tue) 9:00AM~ please call or come to *Yutorogi* Office  
Instructor / *Ritsuko Kaneda* (Graphic Designer)

### SWIMMING CENTER(☎579-3210)

#### <Dive and Time Record Competition>

Date & Time / June 4<sup>th</sup> (Thu), 11<sup>th</sup> (Thu), 18<sup>th</sup> (Thu), 4:00PM~6:00PM  
Fee / ¥500 per entry (insurance inclusive, Admission to pool not inclusive)  
Application for Entry / after obtaining a pool ticket (for 2hours), come to the pool reception

#### <Aqua-Walking Exercise Workshop>

Date & Time / June 20<sup>th</sup> (Sat), 10:00AM ~ 10:50AM  
Participants / must be 16 years old and up  
Capacity / 30 people (first come first served basis)  
Fee / *Hamura* residents and workers ¥400, others ¥600 (insurance and pool admission inclusive)  
Things to Bring / swimming suits and cap, towels  
Reservation / please come to the reception on the day between 9:00AM ~ 9:50AM  
Instructor / a professional sports trainer from *Hamura Taiiku Kyoukai*

#### <Elementary Students' Swimming Class>

Classes are designated for beginners, intermediates, and intensive practices.  
Date & Time / 4 sessions. every Saturday between June 27<sup>th</sup> (Sat) ~ July 18<sup>th</sup> (Sat). Class A 11:00AM~1:00PM, Class B 2:00PM~4:00PM  
Participants / elementary students Capacity / Class A...35 people, Class B...25 people (drawn by lottery in case of high number of applicants) Course Fee / ¥2500 for 4 sessions (insurance and pool admission inclusive)  
Application / application forms are available at Swimming Center and Sports Center. Please submit the form to Swimming Center Office between June 2<sup>nd</sup> (Tue) ~ 14<sup>th</sup> (Sun).

### *Shimin Katsudou* (Citizen Activity) • Volunteer Center *Hamura* (☎578-5252)

#### <Intermediate Sign Language Course now accepting applications>.

Date&Time / 25 sessions. every Friday between June 26<sup>th</sup> (Fri) ~ December 18<sup>th</sup> (Fri). \*except August 14<sup>th</sup>) 7:00PM~9:00PM Place / *Fukushi* Center  
Participants / *Hamura* residents and workers who had completed the beginner course, applying to this intermediate course for the first time. Capacity / 30 people (first come first served basis)  
Fee / ¥3000 for 25 sessions (textbook inclusive) Application / please call *Shimin Katsudou* Volunteer Center June 2<sup>nd</sup> (Tue) ~ 19<sup>th</sup> (Fri) Instructor / *Hamura Rousha Fukushi Kyoukai*, *Hamura Shuwa Sahkuru Yoruno-kai*

### Fresh Land *Nishitama*(☎570-2626)

#### <Pilates Lesson>

Date & Time / every Friday 1:00PM~2:00PM

Fee per session / residents of *Hamura, Fussa, and Ome* ¥800, others ¥1100. (3hour bath ticket inclusive)

### **Hoken(Health) Center(☎555-1111)**

#### **<Cavity Lecture and workshop>**

Date & Time / June 13<sup>th</sup> (Sat) 2:00PM~4:00PM      Place / *Hoken* Center      Fee / free  
Program / finding tartar by microscope, measuring breath order level, practicing electric tooth brush,  
Place / *Hoken* Center      Capacity / 24 people (first come first served basis)  
Fee / ¥300 (for ingredients)      Things to bring / apron, bandana cloth, pen&notebook, *Kenkou Techou*(if you have one)  
Application / please call *Hoken* Center on June 3<sup>rd</sup> (Wed) After 8:30AM

\*those who wish to measure salt content of their home made *miso* soup may bring 180ml of it.

#### **<Healthy Cooking Workshop>**

This focuses on how to cook volume meal with low calorie content, satisfying for your body and soul.

Date&Time / June 24<sup>th</sup> (Wed) 9:30AM~12:30PM      Place/ *Hoken* Center      Capacity/ 24 people  
First-come first-served basis      Fee/ free      Application/ Call *Hoken* Center from Jun. 3<sup>rd</sup> (Wed) 8:30am.  
Detail/ *Hoken* Center (☎555-1111)

#### **<Colon Cancer Screening>**

Period / June 1<sup>st</sup> (Mon) ~ October 31<sup>st</sup> (Sat)

Eligible Patients / *Hamura* citizens who are older than 40 years old as of the date of screening.

Exam's Content/ excrement occult blood test

Registration / please visit, with your *Kenkou Hoken Shou*, a medical facility in *Hamura* city providing colon cancer screening.

#### **<Hepatitis Virus Screening>**

Period / June 1<sup>st</sup> (Mon) ~ October 31<sup>st</sup> (Sat)

Eligible Patients / those who fall in one of the following conditions. ①*Hamura* citizens who are 40 years old as of the date of screening.②*Hamura* citizens who are older than 41 years old as of the date of screening, and have never taken the hepatitis virus screening before. \*those to whom above conditions do not apply may take the screening in other medical facilities.

Registration / please visit, with your *Kenkou Hoken Shou*, a medical facility in *Hamura* city providing hepatitis virus screening.

#### **<Adult Dental Health Check-up>**

Period / June 1<sup>st</sup> (Mon) ~ July 31<sup>st</sup> (Fri)

Eligible Patients / *Hamura* citizens who are 40 ~64 years old as of the date of check-up. \*check-up will be offered in September and October for 65year olds and up.

Fee / free

Subjects of check-up/ conditions of real teeth and false teeth, periodontitis, oral sanitary condition

Registration / please make an appointment with a dentist in *Hamura* city providing dental health check-up.

\*for Information on medical facilities providing above check-up services, please visit *Hamura* city website.



## Children's Center

Central Center(*Chuo Jidoukan*) ☎554-4552

### <Night Sky-watch with Family>

Date&Time / June 8<sup>th</sup> (Mon) 7:00PM ~ 9:00PM      Participants / Elementary students and others upto 18 year olds \*elementary students must be accompanied by a parent.

Fee / free      \*reservation not needed. If the sky is not clear on the day, the event will be held indoor with instructors.

East Center (*Higashi Jidoukan*) ☎570-7751

### <Toy Craft Workshop 'Kuru Kuru Board'>

Date&Time / June 13<sup>th</sup> (Sat), first session 10:00AM, second session 1:00PM

Participants / lower elementary students      Fee / free, reservation not needed

Instructor / volunteer group *Nejimawashi*

### <Cooking Workshop 'Deluxe Deco-Pancake'>

Date&Time / June 20<sup>th</sup> (Sat), 1:30PM ~ 3:00PM      Participants / elementary students of Hamura city      Capacity / 20 people, first come first served basis      Fee / ¥90 (for ingredients)

Reservation / please call or come to the office during June 12<sup>th</sup> (Fri) ~ 17<sup>th</sup> (Wed) 9:00AM~17:00PM

Things to bring / slippers, apron, head cap, hand towel, bottle of tea, fork&spoon

## Hamura Library (☎554-2280)

Reservation & admission free events for kids and parents!

### <Story Telling Event for Pre-schoolers>

Panel theatre and book reading for children and parents

Date&Time / June 6<sup>th</sup> (Sat) 11:00AM~

### <Story Telling Event for Elementary Students>

Panel theatre [Koyote and Balm Cricket]

Date&Time / June 20<sup>th</sup> (Sat) 11:00AM~

## Yutorigi(☎570-0707)

### <Children's Movie Events>

Date&Time / June 21<sup>st</sup> (Sun) 10:30AM ~ 11:30AM      Admission&Reservation / free for everyone

Movie Titles / *Ijiwarugitsune*, *Ranboh no Yuuki*, *Emono no nai Hantah*, Tom & Jerry, Manhattan, two stories from *Nintama Rantaro* series.      Sponsor / Hamura Eiga Club

## HAMURA ZOO(☎579-4041)

### <Hands-On>

Have fun with touching guinea pigs, chicks and so on directly!

Date & Time/ everyday 10:00am ~ 11:30am, 1:30pm ~ 3:00pm      Place/ exciting "hands-on" (inside of the study hall)      Capacity/ 150 people each time ( If it's congested, entry might be limited.)      Fee/ free

◆ Medical Care Services on Sundays & Holidays (The 1<sup>st</sup> half of June)

		Hospital				Dentist	
Date		9:00am~5:00pm		5:00pm~10:00pm		9:00am~5:00pm	
June 7	Sun	Takiura Iin	555-2655	Heijitsu Yakan Kyukan Center	555-999 9	Fukutome Shika iin	555-7 064
14	Sun	Yokota Clinic	554-8580	Fussashi Hoken Center	552-009 9	Hamura Shika Iin	570-4 618

※ Some clinics may have different reception hour. Please call and check it beforehand.

※ Other hours but above-stated hour—*Tokyo-to Iryou Kikan* Information Service "*Himawari*"

☎03-5272-0303(24 hours)

Contact/ *Hoken* Center (☎555-1111)