HAMURA NEWS

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MESSAGE from HAMURA CITY MAYOR, SHIN NAMIKI

Offering sincere condolences to the victims of Touhoku Region Earthquake

In the afternoon of March 11th (Fri), North-eastern to Central Japan regions have experienced a horrible earthquake which registered a magnitude 9, a highest range of recorded quake occurrence in history. As the result of this earthquake, a vast area of Northern Pacific shores has suffered from devastating damages by destructive Tsunami which took thousands of lives.

I would like to offer my most sincere condolences to those who have lost their lives in *Touhoku* Region Earthquake. I would also like to extend my deepest sympathies to the surviving victims suffering as a result of this disaster, and I pray for the soonest recovery of them and the situation in afflicted areas. *Shin Namiki*

Mayor of Hamura City

Your Charitable Contribution Will Be Truly Appreciated

Cash donation for supporting the victims of *Touhoku* Region Earthquake is also accepted through *Hamura* City Government. You can make donations by using one of the Donation Boxes set in the city hall building, or by bank transfer to an officially designated account of *Nishitama* Agriculture Cooperative Association. Should you wish to contribute, please remit your donation to;

Account Title: 羽村市東北関東大震災義援金 / Branch: 西多摩農業協同組合本店 / Account#: 普通0076220 *If you make a bank transfer payment for a donation purpose at a teller service of any *Nishitama* Agriculture Cooperative Association branches within Tokyo, the transfer fee will be exempted. (Fee will be charged at an ATM) Inquiries: *Kikaku-ka Kikaku-tantou*

HAMURA FLOWERS & WATER FESTIVAL Spring 2011 is CANCELLED

This event is cancelled due to the *Touhoku* Region Earthquake and continuing planned blackouts. For more details please contact: *Sangyou Kasseika Suishin-shitsu Nougyou Kankou Shinkou-kakari* or *Hamura-shi Kankou Kyoukai* \$555-9667

COMMUNITY CENTER ☎554-8584

The closing dates for fiscal 2011 are as following. These closing dates may change.

All-day Closing (Mondays): April 18th, May 16th, June 20th, July 11th, August 15th, September 12th, October 17th, November 21st, December 19th, (2012) January 16th, February 20th, March 19th.

Half-day Closing (closed until 12:30PM): June 13th, December 12th, (2012) January 23rd, March 5th.

FREE SUPPLY of FURNITURE FALL-PREVENTION EQUIPMENT

These safety devices are designed to minimize the risk of furniture falling in a case of an earthquake or by a human-cause (especially by children). One set is provided per household by *Hamura* City, free of charge! Installation assistance is available for those having a difficulty with installation work.

Application Period: starts from April 15th(Fri), 8:30AM~5PM, except weekends and holidays

*Please bring your name seal (*Inkan*) when applying, and also provide the measurements of length between your furniture and ceiling if applying for stretching-pole type equipment (*Tsuppari-Bou*).

Eligibility: Hamura Residents *First-time applicants only, and one application chance per household.

Equipments: Fall-prevention equipment for furniture, such as "Tsuppari-Bou" and "Funbaru-kun"

*Equipment samples are displayed at Seikatsu Anzen-ka Office in the City Hall on 2nd floor.

For those households stated below, the city will install the equipment for free:

- 1) Family with all the members are 65 years or older
- 2) Family with certified long-term care need(要介護認定)
- 3) Family with Physical Disability Certificate (身体障害者手帳)
- 4) Family with Certificate for Adults and Children with Mental Deficiency (愛の手帳)
- 5) Family with Health-welfare Book/Certificate for Mentally-disabled person (精神障害者保健福祉手帳)
- 6) Family receiving medical care subsidies for Intractable Disease (難病医療費助成)

Notes:

- Some equipments require making holes on the wall for installation. If you reside in rented house/apartment, please make sure to get an owner's permission to install these equipments.
- Free Stock is in limited quantity and will be distributed on first-come-first-served basis.
- The equipments will not be given right away. All the applications will be reviewed, then equipments will be delivered to the qualified applicants' home by the city-designated contractor. Delivery is expected to be delayed due to the current distribution situation affected by the past major earthquake.

Contact & Inquiry: Seikatsu Anzen-ka Bousai Kakari

DR. DENJIRO'S SCIENCE SHOW!

<u>Date&Time</u>: June 5th (Sun) ①1:30PM~2:30PM ② 4:30PM~5:30PM *Doors open half-hour before the show <u>Place</u>: Mizuho View Park Sky Hall, in the Grand Hall <u>Capacity</u>: 700 persons per show <u>Applicants Eligibility</u>: Elementary/Junior High students living in *Hamura* or *Mizuho* and their parents. <u>How to Apply</u>: Provide information on a reply-paid postcard as shown below and mail it by May 6th (Fri).

Inquiry: Yutorogi **2**570-0707 - How to fill in the postcard -

| Front Left | Front Right | | |
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| -151 00/0 | | | |
| 〒151-0063 | | | |
| 1-51-8-1401 Tomigaya | | | |
| Shibuya-ku, Tokyo | Do not write anything | | |
| | On this side | | |
| To: San Project | | | |
| Yonemura Denjirou Kakari | | | |
| | | | |
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| Back Left | Back Right | | |
|---------------|----------------------------|--|--|
| | Yonemura Denjirou | | |
| Your zip code | Kanran Kibou | | |
| | •Applicant's name | | |
| Your Address | •School name & grade | | |
| | •Desired show time | | |
| Your Name | •Number of persons | | |
| | (up to 5 persons in group) | | |
| | Your zip code & address | | |
| | Your phone number | | |
| | | | |

THE 36th HAMURA OUTDOOR FLEA MARKET

<u>Date & Time</u>: May 14th(Sat), 9AM ~ Noon (Cancelled in case of heavy rain) <u>Place</u>: *Fujimi* Park C Field <u>Booth Application Information</u>: This event aims to provide 'recycling opportunity' to the general public. Applications by commercial dealers for the purpose of profit making will not be accepted.

Eligibility: Hamura residents (individual or group) over high school student age

<u>Capacity</u>: First 100 applications (100 booths) <u>Booth Fee</u>: ¥800 per booth (space size 3mx4m) Permitted Merchandise: Goods from home or Recycle-Crafts that are in serviceable condition.

How to Apply: April 16th (Sat) 9AM~Noon. Please come to Shouhi Seikatsu Center. ☎555-1111

RABIES SHOT for YOUR DOG

Dog Registration and Rabies Shot (certificate tag issued) are required to dog owners by law. Register your dog to city hall, and get your dog a rabies shot.

Fee: Registered dog...¥3,550 (¥3,000 for shot, ¥550 for shot certificate).

Please bring the rabies shot form (light yellow color paper) which was mailed to registered owners. Non-registered dog...¥6,550 (¥3,000 for registration, ¥3,000 for shot, ¥550 for shot certificate)

Please note:

- Please come to one of the designated sights on time.
- If your dog is under 3 months old, or has bitten anyone within 2 weeks, it is not eligible for this shot.
- To prevent any trouble, please make sure to tighten the dog collar and leash. A dog must be brought to the place by an adult who has a command of the dog.
- Make sure your dog is clean and tidy. Also do not forget to take dog's droppings home!
- To avoid congestion, bring the shot form filled in with necessary information in advance.
- If your dog is ill or pregnant, please consult with a veterinarian before taking a rabies shot.

Contact & Inquiries: Kankyou Hozen-ka Kankyou Hozen-kakari

Vaccine Schedule (Rain or shine)

| Date | Place | Address | Hours | |
|---------------------------------|----------------------------|---------------------|-------------------|--|
| | Azuma Kaikan | Hanehigashi 3-11-32 | 9:50AM ~ 10:25AM | |
| April | Chuuoukan | Hanenaka 3-6-4 | 10:40AM ~ 11:05AM | |
| April 14 th (Thu) | Mihara Kaikan | Hanenishi 1-20-6 | 11:20AM ~ Noon | |
| 14 (1110) | Seibu Chiiki Bichiku Souko | Ozakudai 5-19-4 | 1:10PM ~ 1:35PM | |
| | Sakae Kaikan | Sakaechou 1-14-14 | 1:50PM ~ 2:45PM | |
| | Mitsuya Kaikan | Shinmeidai 4-4-9 | 9:50AM ~ 10:35AM | |
| April | Shinmeidai Kaikan | Shinmeidai 1-17-4 | 10:50AM ~ 11:15AM | |
| April 15 th (Fri) | Kawasaki Kaikan | Kawasaki 3-7-13 | 11:30AM ~ Noon | |
| 15 (FII) | Midorigaoka Daini Kaikan | Midorigaoka 2-18-2 | 1:10PM ~ 1:35PM | |
| | Hamura City Hall | Midorigaoka 5-2-1 | 1:55PM ~ 2:50PM | |

^{*}high school students need parental permission.

^{*}Electronic devices, food, living creatures are not permitted for sale.

^{*}Application by phone or mail will not be accepted.

^{*}Parking space is limited. Please refrain from coming by a personal car.

^{*}Dealer's Orientation will be provided after the application is filed.

< In-water Walking Class > Join to learn various ways to walk in the water for exercise.

<u>Date & Time</u>: April 23rd (Sat), 10AM~10:50AM <u>Place</u>: Swimming Pool <u>Capacity</u>: First 30 people

Eligibility: Anyone who is 16 years or older Things to bring: Swimsuit, Swimming cap, Towel

Fee: Hamura residents & workers ¥400, Others ¥600 (Insurance & admission fee are included)

How to Attend: Visit directly to Swimming Pool, at 9AM~9:50AM.

< Skill-Up Lesson >

<u>Date</u>: Every Thursday during April 7th ~ May 26th (except National Holidays)

Time: Adult Class... 4PM~5PM, Kids Class... 5PM~6PM Capacity: First 20 people per class

Eligibility: Adult Class...Those who are at age 16 or older, Kids Class...Elementary School & Junior High

School Students (Elementary School Students must be accompanied by a guardian who is 16 or older)

Fee: ¥500 per class (Entrance Fee & Insurance included) *No application needed

< Easy Swim & Healthy Walking Class >

This class includes the following programs: In-water walking, Exercise and stretching using floating tool, and easy swimming. This is a great program for beginners!

<u>Date & Time</u>: Every Tuesday during May 10th(Tue) ~ June 28th(Tue), 1PM ~ 2PM (Total of 8 classes)

Fee: ¥3,500 (for 8 classes, including admission and insurance fee)

< Swimming Class for Pre-schoolers >

This class includes the following programs: In-water jumping and playing using playing tools. The purpose of this class is for kids to get used to in-water activity.

<u>Date & Time</u>: Every Thursday during May 12th(Thu) ~ June 30th(Thu), 3PM ~ 4PM (Total of 8 classes)

Fee: ¥3,500 (for 8 classes, including admission and insurance fee)

< Swimming Kids Class >

Date & Time: Every Friday during May 6th(Fri) ~ June 24th(Fri) (Total of 8 classes),

Beginner & Intermediate class... 5PM~6PM, Intermediate & Advanced class... 6PM~7PM

Eligibility: Elementary School Students (Kids participating in the Intermediate class must be

accompanied by an adult over 16 years old) Capacity: First 20 kids per class

Fee: ¥3,500 (for all 8 classes. Admission & Insurance fee are also included)

*If you already own "Hamura S. C." swimming cap, fee will be discounted by ¥100.

<u>Class Details</u>: Beginners' Class... Goal is to (a) Kick pool wall and stretch for 10m, or (b) swim 12.5m free style / Intermediate Class... Goal is to (a) swim 25m free style, or (b) swim back stroke.

< Swimming Class for Elementary School Students >

Date & Time: Every Sunday during May 8th ~ June 26th (Total of 8 classes), 11AM ~ 1PM

Eligibility: Elementary School Students Capacity: First 20 kids per class

Fee: ¥5,000 (for 8 classes, Insurance & admission included)

<u>Class Details</u>: Basic class...Goal is to swim 12.5meters free style / Intermediate... Goal is to swim 25 meters free style / Advanced...Goal is to become able to swim using other strokes.

♦ How to Apply to these classes listed above: Between April 16th(Sat) ~ 30th(Sat), fill in an entry sheet available at Swimming Center or Sports Center. Then postal mail or fax to the Swimming Center. Mailing address: 319-3 *Gonokami Hamura-shi*, Tokyo 205-0011, Fax: 579-3212

 \star Due to the planned blackout and supply-demand balance of electric power, class schedule may be changed.

EVENT INFORMATION for CHILDREN & PARENTS

ALL CHILDREN CENTERS

<Application for "KiraKira Hiroba" starts soon>

KiraKira Hiroba is a group activity for the kids before preschools/kindergartens.

Activity Period: May 2011 ~ February 2012 (Approximately total of 19 days)

Place & Activity schedule:

East (Higashi) Children Center... Every Tuesday, 10:30AM ~ 11:30AM

Central (Chuuou) Children Center... Every Tuesday, 10:30AM ~ 11:30AM

West (Nishi) Children Center... Every Friday, 10:30AM ~ 11:30AM

Eligibility: Children at 2 years old up to before preschools/kindergartens and Parents participating for the

first time <u>Capacity</u>: 20 pairs (will be selected by open drawing) <u>Fee</u>: ¥5,000 (Annual)

Application & Brochure: Visit your desired Children Center during April 1st (Fri) ~ 11th (Mon), 9AM ~ 5PM

*Apply to only one center. *Application is not accepted by phone. *You can also sign up on the waiting list.

Schedule for Open Drawing(10: 30AM) & Briefing: West Children Center...April 15th(Fri) /

East Children Center...April 19th(Tue) / Central Children Center...April 19th(Tue)

EAST(HIGASHI) CHILDREN CENTER (含570-7751)

< Hand-made Toy Workshop ~Bottle Roller~ >

<u>Date & Time</u>: April 9th (Sat), ①10AM~, ②1PM~ <u>Fee</u>: Free *No application required.

Eligibility: Preschoolers (Must be accompanied by an Adult) up to 3rd grade Elementary School Students

LIBRARY **☎554-2280**

< Story Telling for Babies~Toddlers >

<u>Date & Time</u>: April 13th (Wed), 11AM~ <u>Fee</u>: Free <u>Reservation</u>: not required

< Story Telling for Toddlers~Preschoolers >

<u>Date & Time</u>: April 9th (Sat), 11AM~ <u>Fee</u>: Free <u>Reservation</u>: not required

< Story Telling for Elementary School Students >

<u>Date & Time</u>: April 16th (Sat), 11AM~ <u>Fee</u>: Free <u>Reservation</u>: not required

♦ MEDICAL SERVICES on Sundays and Holidays ♦ First Half of April

| | Hospital | | | | Dental Clinic | |
|------------------------|---------------------------------------|---------------------|-----------------------|----------|-------------------|----------|
| Date | Date 9am~5pm | | 5pm~10pm | | 9am~5pm | |
| 3 rd (Sun) | 3 rd (Sun) Vanagida lin | nagida Iin 555-1800 | Heijitsu Yakan | 555-9999 | Ikoma Shika | 555-3139 |
| 3 (Sull) | ranagida iiri | | <i>Kyuukan</i> Center | | Hamura Shinryoujo | |
| 10 th (Sup) | O th (Sun) Futaba Clinic ! | 570-1588 | Fussa-shi | 552-0099 | Inagaki Shika | 555-6018 |
| TO (Sull) | | | <i>Hoken</i> Center | | | |

^{*}Inquiries on medical facilities or medical system: Tokyo Health & Medical Information Center "Himawari"

203-5285-8181, in English, 9AM∼8PM Daily http://www.himawari.metro.tokyo.jp/qq/qq13enmnlt.asp

HOKEN (Public Health) CENTER 會555-1111

< Change of Application for Free Cancer Screening and Medical Examination >

The application procedure for examinations for stomach/lung cancer and tuberculosis will be modified as of April. This year it will be performed 3 times, in May, November and February 2012.

Dates for the 1st season: May 18th(Wed), 20th(Fri), 21st(Sat), 23rd(Mon), and 29th(Sun)

<u>Time</u>: 7:30AM ~ Noon <u>Place</u>: *Hoken* Center <u>Eligibility</u>: *Hamura* residents 40 years of age and older <u>Application Period</u>: April 1st(Fri) ~ 20th(Wed) <u>Capacity</u>: 100 people on each Day <u>Fee</u>: Free

*If the number of applicants exceeds the capacity, it will be selected by drawing and screening tickets will be sent to winners.

You are not eligible to take this exam if any of the following conditions apply:

- ① Pregnant, or possibility of pregnancy ② Currently being treated for stomach or lung illness
- ③ Those who has opportunity to take same screening at work

How to Apply: ① Visit Hoken Center directly and fill in necessary information or ② Fill in the information on a postcard as shown below then mail to Hoken Center *You may obtain the application form at City Hall Main Reception (1st floor) or can be downloaded from City Hall homepage.

Notes:

- · You may apply for all the screening/ exams conducted on the same date.
- We provide sputum examination only to the people with the following conditions:
- 1) Those who had bloody sputum within past 6 months.
- ② Smoker who has smoked (number of cigarettes per day) x (total smoking years) = 400 or more.

- How to fill in the postcard -

| Front | Back | | |
|------------------------------------|------------------------------------|--|--|
| 〒205-0003 | ·Your name, date of birth, mailing | | |
| | address, and phone number | | |
| To: <i>Hamurashi, Hoken</i> Center | ·Your desired date for screening | | |
| Cancer Screening Office | First choice date: | | |
| | Second choice date: | | |
| 5-5-2 Midorigaoka | ·Screening/exam you desire: | | |
| Hamur City | ·Whether you wish to have | | |
| | sputum examination: Yes or No | | |
| | *If yes, please state the reason: | | |

< HTLV-1 Antibody Test for Expectant Mothers >

HTLV-1 Antibody Test has been added to Health Check-ups for Expectant Mothers.

What is HTLV-1?

The Human T-lymphotropic virus Type I (HTLV-1) is a human RNA retrovirus that causes T-cell leukemia and HTLV-1 Associated Myelopathy. It could be given to infants via breast milk from mother.

When you find out that you are pregnant...

Please report to city hall that you are pregnant. At city hall, *Boshi Kenkou Techou* (Maternal and Child Health Handbook) and Exam applications and o

ther brochure will be issued as well as various information such as Expectant Mother Classes and New Parents Classes.

TV HAMURA in APRIL

TV *Hamura* is broadcasted on "TCN" *Tama* Cable Network (analogue channel 21, digital channel 055). 30-minute program is broadcasted daily (program renews every Thursday): ①9AM~ ②5PM~ ③9PM~ *Test-broadcasting on Saturdays (analogue ch.09, digital ch.111) ①1:30PM~ ②5PM~ ③9PM~

This Month's Special Program: ~ Hamura's Local Specialties and Favorite Stores ~

Inquiries: Kouhou Kouchou-ka Kouhou-kakari

4月の相談日

PUBLIC CONSULTATIONS Schedule of APRIL

| Category | Date | | Time | | Contact | |
|---|---|------------------------------------|--|---------------------|-------------------------------------|--|
| Foreign Residents (A) (in Spanish & Korean) | 8 th (Fri), 22 nd (Fri) | | | 1:30pm~3:30pm | | |
| Traffic Accident (A) | Apr. 6 th (Wed), May. 11 th (Wed) | | | 1:30pm~4:30pm | | |
| Tax (A) | Tax (A) Apr. 5 th (Tue), May. 10 th (Tue) | | | 1:30pm~4:30pm | Shimin Soudan-shitu | |
| Public Administration Human Rights | 21 st (Thu) | | | 1:30pm~4:30pm | 555-1111 | |
| Japanese Law (A) Apr. 7 th (Thu), 15 th (Fri), 23 rd (Sat) May. 13 th (Fri), 20 th (Fri), 28 th (Sat) | | Mon-Fri1:30~5pm Sat. 9:30am~1pm | | | | |
| Finance (A) | 12 th (Tue) | | | 2pm~4pm | Hamurashi Shoukoukaikan 555-6211 | |
| Health | 14 th (Thu), 28 th (Thu) | | | 1:30pm~3pm | Hoken Center 555-1111 | |
| Single-Mother Family (A) | 3 rd (Sun) | | | 9AM~Noon | Kosodate Shien-ka | |
| Independence Support | | | | 1PM~4PM | 555-1111 | |
| Education (A) | Mon ~ Fri | | | 9am ~ 6pm | Kyouiku Soudan-shitu | |
| | Weekend by appointment only | | | 0.00414 5.45014 | 554-1223 | |
| | General Counseling Mon~Fri | | | 8:30AM ~ 5:15PM | Shougaisha Chiiki Katsudou | |
| Handicapped Residents | Physical Handicap 23 rd (Sat) | | | 1pm~4pm | Support Center 'Aoba' 555-1210 | |
| nandicapped Residents | , , | | | | 'Aoba' 555-1210 | |
| | Mental Handicap 26 th (Tue) | | 1pm~4pm | | Tall Free Dial 0120-294-992 | |
| | ∇ Child Rearing Consultati | | tion | s Available Daily ▽ | Tail 1100 Dial 0120-274-772 | |
| | v Ciliid Re | At City Hall | | | on Contor 578 2882 | |
| | | At City Hall | Kodomo Katei Shien Center 578-2882 Higashi Hoikuen 554-2154 | | | |
| | | | Nishi Hoikuen 554-4507 | | | |
| Mon ~ Fri | 8:30am ~ 5:00pm | At | Shiraume Hoikuen 555-1019 | | | |
| WOII ~ III | | Nursery | Sakura Hoikuen 554-2046 | | | |
| | | Schools - | Private Nursery Schools | | | |
| | | | Web Map: http://www.city.hamura.tokyo.jp/0000000466.html | | | |
| Mon Wed Fri | | | Nishi Jidoukan 554-7578 | | | |
| Tue Thu Sat | 9am ~ Noon | Children | Chuuou Jidoukan 554-4552 | | | |
| Tue Fri Sun | 9am ~ Noon | Centers | Higashi Jidoukan 570-7751 | | | |
| iuc iii Juii | 7am 3 NOOH | OCHICI 3 | підазії лиойкай 57 | | ikan 570-7751 | |

^{*}A=appointment required. *Consultations will be available in Japanese only unless otherwise noted.