

HAMURA NEWS

Published by: *Hamura City*

August 1st, 2011

Edited by: *Kouhou Kouchou-ka* (Public Information & Public Opinion Section)

5-2-1 *Midorigaoka*, *Hamura City*, Tokyo 〒205-8601 ☎042-555-1111

Hamura City Official Website = <http://www.city.hamura.tokyo.jp> E-mail: s102000@city.hamura.tokyo.jp

Hamura News Back Numbers = <http://www.city.hamura.tokyo.jp/category/2-4-1-7-1.html>

ELECTRIC POWER SAVING for SUMMER 2011

~ Keep-Cool Eco Ideas for Summer Heat ~

In the 3rd issue of this series, introduced here are some more tips to help cool down our body and environment. These can be easily employed in our daily life! Inquiries: *Kankyou Hozen-ka*

❖ **Garments for Summer** ❖

Clothes made of cotton, hemp and rayon fabrics help your skin stay dry and comfortable. Those fibers are generally more sweat-absorbent than nylon and polyester fibers.

❖ **Benefit of Seasonal Food for Your Body** ❖

Summer crops and in-season catch of fish have effects to cool down body temperature when eaten. "cucumber, tomato, eggplant, pumpkin, bell pepper, green pepper, *Goya* (bitter melon), *Okura*, *Edamame* (soybeans in the pod), *Myouga* (Japanese ginger), varieties of peach and plum, cherry, water melon, pineapple, *Kabosu* (citrus fruit), *Ayu* (sweetfish), *Unagi* (eel), *Hamo* (pike conger), *Aji* (horse/scad/jack mackerel), *Tachiuo* (saber/bandfish), *Isaki* (grunt), *Dojou* (loach), *Awabi* (abalone)"

❖ **Uchimizu (sprinkling water on the ground)** ❖

When water evaporates, it takes away some heat with it from the surface. Reuse the remaining bath tub water, for example, to sprinkle water on the ground and pavement around your house. The best times for *Uchimizu* are in the early morning and in the early evening.

❖ **Green Curtain** ❖

Grow climber plants in front of a window. When the vines reach higher and the leaves block the sunlight, this curtain will help keep the room temperature lower than outdoor temperature.

❖ **Sudare (window screen)** ❖

A *Sudare* screen blocks the direct sunlight and let breeze through at the same time. Natural material, such as reed and bamboo, tends to get heated by sunlight less than manmade material. Hang them or let them stand in front of a window on the outside for blocking the heat from coming into the room.

AUGUST 31st (Wed) – Due Date for Some Tax Payments

Payments for the 2nd installment of Resident Tax (市・都民税), National Health Insurance Tax (国民健康保険税), Long-term Care Insurance Tax (介護保険料) and Late-elderly Medical Insurance Tax (後期高齢者医療保険料) are due on August 31st (Wed). Inquiry: *Nouzei-ka Nouzei-tantou*

PEACE MEMORIAL EXHIBITION

As we observe the 66th memorial for the end of World War II this year, the great majority of today's Japanese population is those born after the war. The scenes where the stories of Japan's war history are told down to younger people are scarce in today's society. To act on such concern, this project will exhibit the wartime photographs and various memorabilia, in hopes to keep our war memories alive and the precious lessons learned by every generation to follow. Please come visit with your friends and family.

Date & Time: August 5th (Fri) ~ 14th (Sun), 9AM~5PM Place: *Yutorogi, 1st Floor Tenji-shitsu*

AUGUST 15th - ANNIVERSARY OF THE END OF THE PACIFIC WAR

Please join for the nation-wide silent prayer on Memorial Day for The End of Pacific War.

We will pray in unison for the world peace, and for the repose of *Hiroshima* and *Nagasaki* Atomic Bombing victims and all precious lives that had fallen victim during the World War II.

Nation-wide Silent Prayer: August 15th(Mon) at Noon, for 1 minute

Inquiries: *Kikaku-ka Kikaku-tantou*

RULES for KEEPING CLEAN RIVER SITE

The high season has come for the outdoor leisure at *Tama* river site. In every summer time, a great number of people enjoy the fun gatherings at banks and parks by the river. When you do, please remember to be considerate for the natural environment and the local residents.

- Let's not make fire directly on ground stones. Please bring your own portable cooking stove. Leaving ash on ground may damage the surrounding environment.
- Leave no trash after yourself. The left trash will become the cause for unpleasant order and the breeding-bed of noxious insects. Please take all your trash with yourselves to home.
- Disposing of pollutants such as grease/chemical substance into the street gutter is strictly prohibited.
- * If you find floating oil element in large quantity, or mass number of dead river creatures in/around the river, please report to the city office immediately.

Inquiries: *Kankyō Hozen-ka Kankyō Hozen-kakari*

THE 4th TAMA RIVER WALKING FESTA

~ Walking Event along 50km Tama River Embankment ~

At the goal area there will be various attractions including local products sales and food/drink booths!

Date: October 1st (Sat) Goal Point for all the courses: *Gas Bashi Ryokuchi* in *Ōta* ward

Walking Start Points:

- ①50km Course...Statue of *Tamagawa* Brothers in *Hamura* City,
- ②33km Course...*Tamagawa Ryokuchi* in *Tachikawa* City,
- ③19km Course...*Tamagawa Jidou Kouen* Park in *Choufu* City,
- ④10km Course...*Hyogojima Kouen* Park in *Setagaya* Ward,
- ⑤4km Course...*Gas Bashi Ryokuchi* in *Ōta* ward (On-site registrants only)
- ⑥9km Course...*Haginaka Kouen* Park in *Ōta* ward

Fee: Elementary School Students or younger...Free / Junior High and High School Students, people at age 75 or older...¥500 / Adults...¥1,000 (On-site registration fee differs from this list)

Application/Inquiries: TMG Bureau of Sports, Project Operation and Promotion Section

☎03-5320-7714 Weekdays 9AM~5PM

AUGUST 10TH is "ROAD DAY"

Street Rules for Safe and Pleasant Streets for Everyone

- When you ride a bicycle on a sidewalk, be careful with pedestrians and don't speed up too much.
- Do not display banners, signboards or products on streets without a permission based on Road Law.
- Do not leave bicycles and motor bicycles illegally parked on streets.
- Leaving ramp blocks (for parking entrance opening to a street) on a street is prohibited.
- Do not dispose of trash and grease into street gutter.
- Do not neglect garden branches sticking out to a street obstructing the safety of walkers and drivers.

Inquiries: *Doboku-ka Douro-Kouen kakari*

OGA LOTUS VIEWING EVENT

Lotuses flowering in morning sunshine will touch your inner senses with its noble beauty and serenity. The *Oga* Lotus in *Negarami-mae* paddy fields are said to be cultivated from the 2000-year-old seeds back to revival. You can enjoy the flowers blooming only during late July through early August. At this viewing event, you can experience drinking juice or *Sake* from a lotus leaf using a stem as straw (a manner called "*Kayouhai*"), a gesture wishing for good health and longevity. Also enjoy the outdoor tea ceremony and fresh local vegetable markets.

Date & Time: August 6th(Sat), 6:30AM~8:00AM Place: *Negarami Mae Suiden*

Inquiries: *Sangyou Kasseika Suishinshitu Nougyou Kankou Shinkou-kakari*

Hamura-shi Kanko Kyokai ☎555-9667

SHIZEN KYUUKAMURA -Hamura Municipal Resort Lodging Facility-

Shizen Kyuukamura is a lodging facility owned and operated by *Hamura* City in *Kiyosato* mountain resort, *Yamanashi-ken*. A variety of cultural events for kids and adults are scheduled every month!

Hotel accommodation, private lodges and camping sites are available at reasonable charge catering to each guest's travel style. Come to visit *Kiyosato* for fresh cool breeze, Mint Bath (July) and more!

For more details visit our website (in Japanese) → <http://hamura-kyukason.jp/>

Inquiries: *Shizen Kyuukamura* ☎0120-47-4017 (toll free from area code 042), ☎0551-48-4017

< **Kabutomushi (Japanese Rhinoceros Beetle) Hunting** >

Period: Everyday until mid August Fee: Free (overnight child guests only)

< **Vegetable Harvesting** >

Only ¥1000 for as many vegetables as you can fit in a provided large bag. Choose your favorite vegetables and harvest them by yourself from the *Shizen Kyuukamura's* private garden!

< **Mountain Stream Fishing** >

Period: July 16th~August 31st, 8AM~4:50PM Fee: Fishing rod (2hours)...¥500, Bate...¥100

< **Sunday Morning Market** >

Fresh local products sales at the main building front entrance. Vegetables come straight from the local plots, picked up on that very morning!

TOKYO METROPOLITAN PUBLIC HOUSING

"Toei Juutaku" Application Information

Toei Juutaku housings are maintained by the Tokyo Metropolitan government in purpose of providing affordable housings for low-income earners. There are applicant eligibility qualifications including income limitations, resident registration history, etc. For details, please refer to the application brochure. The application chances are, in principal, announced in May, August, November and February.

Application Brochure: For August application term - available in Japanese only, during August 1st(Mon) ~ 10th(Wed), at *Shisetsu Keikakuka* (city hall 2nd Fl. 8:30AM~5PM, weekend at 1st Fl. Reception), city hall branch offices (9AM ~ 1PM weekdays only) and JKK Tokyo Website for download.

How to Apply: Application must reach JKK Tokyo Application Center by mail before August 15th (Mon).

Inquiries: *Tokyo Juutaku Kyoukyuu Kousha Boshuu* Center (JKK Tokyo Application Center)

Before the Aug. 11th(Thu) ☎0570-010810 / Other times ☎03-3498-8894 *weekdays only.

http://www.to-kousya.or.jp/toeibosyu/t_2011/8/index.html (in Japanese)

APPLICATION for CHILD-REARING ALLOWANCE

Child-Rearing Allowance (*Jidou Fuyou Teate*) is provided to households of a single parent.

Monthly Allowance: Single child ¥9,810~¥41,550 (determined according to the household income) /

Second child ¥5,000 additional / Third child and others ¥3,000 per additional child

Eligibility: The applicant's (parent) child should meet any of the following conditions (1)~(5), and must not be in under any of the disqualifying conditions ①~⑥;

- (1) Parents are divorced (2) Father or mother is deceased (3) Father or Mother has severe disability
(4) Death or survival of father or mother cannot be confirmed
(5) Other (duty to support is neglected over one year by a parent, or a parent is imprisoned over one year, etc.)

- ① The child is living in a child care institution ② The child is receiving any public pension support
③ The parent is receiving any public pension excluding Old-age Welfare Pension (*Rourei Fukushi Nenkin*)
④ The parent or the child does not hold a residential address in Japan
⑤ The household income of the preceding year exceeded the qualified income level
⑥ The parent living with the child is in a de facto relationship (common-law marriage).

To know more about this allowance program, please inquire to *Kosodate Shien-ka Shien-kakari*.

CHILD SUPPORT RELATED CURRENT STATE REPORT

Current recipients of Child-Rearing Allowance(児童扶養手当), Special Child-Raising Allowance(特別児童扶養手当) and Single-Parent Household Medical Support(ひとり親家庭医療費助成制度) are required to submit Current State Report. The report notifications are already mailed to applicable households. Please submit the report by the deadline stated on the notice.

For procedure details and required documents, please contact *Kosodate Shien-ka Shien-kakari*.

JOB SEARCH SUPPORT for SINGLE PARENTS

Single mothers and single fathers who are receiving Child-Rearing Allowance (*Jidou Fuyou Teate*) can receive free counseling on job search by experienced staff, provided as a part of Single-parent Family Independence Support Program. For an appointment, please contact *Kosodate Shien-ka Shien-kakari*.

"FUREAI" PHOTO CONTEST 2011

Photograph Theme: A moment portraying *Fureai* (emotional connection) between people and people, animals, plants, natural environment and etc. Prize: Digital camera, etc.

How to Apply & Inquiry: Mail or bring your entry to TMG Bureau of Legal Affairs *Nishitama Office, Jinken Fureai* Photo Contest Section before September 30th (Fri).

Mailing Address; *Toukyouto Houmukyoku Nishitama Shikyoku "Jinken Fureai Shashin Kontesuto Kakari"*
3-61-3 *Minami Denen, Fussa City, Tokyo, 〒197-0004 ☎551-0360*

HAMURA ZOO ☎579-4041

< Your Idea Wanted for Naming A New Baby Beaver! >

The most popular name idea will be adopted. A wonderful gift will be presented to one person among those who gave the winning name idea. Come meet this cute baby beaver and get an inspiration!

Baby Profile: Born on May 21st 2011, Daddy is *Shuroku* and Mommy is *Ume*, Sex still unknown.

How to Apply: Fill in your name idea on a provided form available in the zoo, and submit it to Zoo Service Center located by zoo exit before August 14th(Sun).

SWIMMING CENTER ☎579-3210

< Easy Swim & Healthy Walking Class >

Date & Time: Every Tuesday between September 6th ~ October 25th, 1PM ~ 2PM (Total of 8 classes)

Eligibility: Age 40 or older Capacity: First 20 applicants Fee: ¥3,500

< Swimming Class for Adults >

Date & Time: Every Sunday between September 11th ~ October 30th, 7PM~9PM (Total of 8 classes)

Eligibility: Junior high students and older Capacity: First 40 Applicants Fee: ¥6,500

*For this night class, junior high students must be accompanied to/from the center by someone over age 16.

How to Apply: Between August 17th(Wed) ~ 31st(Wed), fill in an entry sheet available at the Swimming Center or Sports Center. Then mail, fax, or bring to the Swimming Center.

Mailing address: 319-3 *Gonokami Hamura-shi, Tokyo 〒205-0011* Fax: 579-3212

*The above listed fee is for 8 classes and includes admission and insurance.

FRESHLAND NISHITAMA ☎570-2626

< *Shakyou* (Transcribed Sutras) Exhibition > Date: Until August 14th (Sun)

< *Origami* Exhibition ~ Summer Flowers ~ > Date: August 16th(Tue) ~ September 11th(Sun)

<Hula Dance Class> Every Wednesday, 1PM~2PM <Yoga Class> Every Thursday, 1:30PM~2:30PM

Class Fee (1 session): *Hamura, Ōme, Fussa, and Mizuho* residents...¥800, Others...¥1,100

*3-hour Bath Admission is included in class fee *Coupon tickets cannot be used for classes.

KYODOU HAKUBUTSUKAN (Folk Museum) ☎558-2561

< Culture Workshop "Silk Reeling from Real Cocoons" >

Original old-time spinning tools and prepared silkworm-cocoon will be provided to each participant.

Date&Time: August 20th(Sat) ①10AM~Noon ②1PM~3PM *30min/person *Registration close at 2PM

Place: Orientation Hall Capacity: First 60 people Fee: Free Things to Bring: Towel and Apron

Application: Starting August 2nd(Tue) 10AM~, call or visit Folk Museum.

*Walk-in application will be accepted, however, customers who applied beforehand will have priority.

CHILDREN'S *IKEBANA* LESSONS (Japanese Flower Arrangement)

As students learn about the culture and manners of *Ikebana*, they will also learn about the life of plants and develop sensitivity to its beauty. This is a great introduction to a lifestyle with presence of flowers.

Date&Time: Saturdays, 10AM~11:30AM, total of 9 sessions. Place: *Yutorogi Sousaku-shitu* 1

September 10th&24th, October 8th, November 19th, December 10th&24th, January 21st, February 4th&18th.

Eligibility: Elementary School Students Fee: ¥500 per class (Flower fee)

Capacity: 20 students (If there are too many applicants, students will be selected by drawing)

Host & Instructors: *Ikebana Sakura Kai*, Ms. *Houju Takeda (Yasuko Takeda)*, and 3 other instructors

Application/Inquiry: On Reply-paid postcard ("*Oufuku Hagaki*"), fill in child's and parent's name, age (grade), school name, mailing address and phone number, then mail it before August 20th(Sat) to;

Ms. *Yasuko Takeda*, 2-7-8 *Sakae-chou, Hamura-shi, Tokyo* 205-0002 ☎554-6964

JAPANESE ARCHERY (*KYUUDOU*) CENTER ☎555-9255

< Junior *Kyuudou* Class for Beginners >

Date&Time: August 20th(Sat), 2PM~4PM Place: *Kyuudou* Field Fee: Free

Eligibility: 5th Graders up to junior high school students (5~6th graders must be accompanied by an Adult)

Capacity: First 10 people Things to Bring: Socks or *Tabi* Socks

How to apply: Before August 13th(Sat), provide your name, age (grade), and phone number via postal mail, by fax or phone to the center; *Hamura-shi Ozakudai* 4-2-8, Tokyo 205-0001, Fax: 555-9255.

CHATting PLACE for PARENTS

This month's topic is "Fathers Participating in Child Raising". Any Child-raising parents are welcome. Child Care Volunteers will attend your children during the gathering.

Place & Date: Central Children Center – Aug. 11th (Thu), West Children Center – Aug. 12th (Fri),

East Children Center – Aug 16th (Tue) Time: 10:30AM~11:30AM for all dates

Inquiries: *Kodomo Katei Shien* Center ☎578-2882 *No reservation required.

CHILD REARING CONSULTATION at CHILDREN CENTERS

Clinical Psychologists assigned from *Kodomo Katei Shien* Center (Child and Family Support Center) will be at *Jidou-kan* (Children Center) for consultations on the following dates. Please feel free to consult them about child's mental development, parent's psychological stress and etc.

East *Jidou-kan* – Aug. 9th(Tue), Central *Jidou-kan* – Aug. 18th(Thu), West *Jidou-kan* - Aug 26th(Fri)

Time: 10AM~Noon *Reservation not required Inquiries: *Kodomo Katei Shien* Center ☎578-2882

TOY LIBRARY

The Public Social Welfare Program operates Toy Library where lending service of educational toys is provided to handicapped children. During the Toy Library hours, volunteer instructors will provide demonstrations for how to maximize the educational benefits of the library toys.

Date&Time: Every 2nd & 4th Wednesday, 1PM~4:30PM Place: Central Children Center Fee: Free

*A child must be accompanied by a guardian. Inquiries: *Shougai Fukushi-ka Shougai Fukushi-kakari*

EVENT INFORMATION for CHILDREN & PARENTS

EAST CHILDREN CENTER (*Higashi Jidoukan*) ☎570-7751

< Kids Contest for Free Drawing >

Create your original drawing at the center for the contest. Visitors are welcome to vote for the best work!

Entry Period: August 1st(Mon) ~ 14th(Sun) Voting Period: August 15th(Mon) ~ 21st(Sun)

Announcement of Contest Result: August 23rd (Tue)

< Spook Tour in Summer *Jidoukan*...! >

Date & Time: August 10th (Wed), 1:30PM~ Capacity: First 70 applicants

How to Apply: Come to the center on the event date for registration starting at 1PM.

CENTRAL CHILDREN CENTER (*Chuuou Jidoukan*) ☎554-4552

< Daytime Moon Viewing >

Date & Time: August 3rd (Wed), 4PM~4:30PM *cancelled in case of rain Fee: Free

Eligibility: Elementary School Students up to 18 years old *No reservation required.

< Family Astronomical Observation >

Date & Time: August 3rd (Wed), 8PM~9PM *cancelled in case of rain Fee: Free

Eligibility: Elementary School Students up to 18 years old *No reservation required.

(Junior High School Students or younger must be accompanied by an adult.)

WEST CHILDREN CENTER (*Nishi Jidoukan*) ☎554-7578

< Let's make an Icy Sorbet from Magical Water! >

Date & Time: August 18th (Thu), 10AM~Noon Fee: Free Capacity: First 20 applicants

Eligibility: Elementary School Students up to 18 years old *Please bring a towel.

How to Apply: August 5th (Fri) ~ 17th (Wed) 9AM~5PM, call or visit the center.

LIBRARY ☎554-2280

< Story Telling for Toddlers~Preschoolers >

Date & Time: August 6th (Sat), 11AM~ Fee: Free Reservation: not required

< Story Telling for Elementary School Students >

Date & Time: August 26th (Fri), 7PM~ Fee: Free

Reservation: August 2nd(Tue) 10AM~. Over the phone or at the reception.

YUTOROGI ☎570-0707

< Movies for Children >

Date & Time: August 7th(Sun) 10:30AM~11:30AM Fee/Reservation: Not required

HAMURA SUIJOU KOUEN (WATER PARK)

Hours: 10AM~6PM *2nd graders and younger children must be accompanied by adults over age 16.

Admission: Children (9th graders and under)... 2hours ¥100, Day Ticket ¥200

Adults... 2hours ¥300, Day Ticket ¥600

Inquiries: *Suijou Kouen* ☎555-0013

< Cerebral Stroke >

In case you are aware of the symptoms like the following, call **119** (Ambulance) immediately:

The Symptoms you can feel for yourself

- Feeling numbness and tingling feeling on your hand, foot, or half of your face
- Cannot speak properly (Slurring)
- Cannot stand up or walk
- Cannot see properly – double vision, half vision
- Having severe headache

Things the third person can detect/check

- Have the patient smile with his/her teeth showing. If the face does not look somewhat right, it may be a stroke.
- Have the patient raise both arms with eyes closed. In case of stroke, he/she cannot raise arms or arms will be coming down.
- Patient cannot speak properly (Slurring)

2 Important Things to inform the Ambulance Staff

- How long you have had the particular symptoms
 - Your Medical history, and specify the medicine's name if you are taking any regularly
- If you are not sure whether you should call Ambulance or not, call the emergency counseling center, "Kyu Kyuu Soudan Center" ☎042-521-2323 (From mobile phones, call #7119) (in Japanese)

< Cervical Cancer Vaccine for High School Girls >

The vaccine supply shortage has been recovered and the vaccination will restart from July 20th for female residents of junior high school age. This vaccination is administered 3 times over a period of 6 months. This vaccination is provided with public health subsidy. The patient-borne cost on each dose is ¥1590.

* For the list of medical facilities in *Hamura* providing this vaccination, please refer to the July 15th Edition.

* If your regular doctor is located out side of *Hamura* City, please consult with *Hoken* Center.

< Childbirth Preparation Class for Mothers >

This is a class about pregnancy, giving birth, and after childbirth.

Date & Time: Thursdays of September 1st, 8th and 22nd (course consists of 3 sessions), 1:15PM~4PM

Place: *Hoken* Center, Eligibility: Expectant mothers living in *Hamura* *No reservation required.

Things to bring: *Boshi Kenkou Techou* (Maternal and Child Health Handbook), writing materials

* Please participate in this class at your earliest chance when you are in a good health condition.

* If bringing your child(ren), please contact *Hoken* Center in advance.

< Immunizations for Infants to Adolescent >

In Japan, the following routine vaccinations are strongly recommended for children under 20 years old. Most of these vaccines require multiple administrations in the designated age brackets, and there are age limits for the cost support system provided by public fund, differing for each type of vaccinations.

BCG (Tuberculosis) / Poliomyelitis / DPT Combined (Diphtheria, Pertussis, Tetanus) /

DT Combined (Diphtheria, Tetanus) / MR Combined (measles/rubella) / Japanese Encephalitis

For the detailed information on vaccination schedule, please consult *Hoken* Center staff or refer to the web chart of children's immunization schedule published by The Infectious Disease Surveillance Center.

→ <http://idsc.nih.go.jp/vaccine/dschedule/Imm11EN.pdf>

FAMILY NURSING CARE WORKSHOP

~ *Kaigo Hoken* (Long-term Care Insurance) ~

At this occasion, the general "How To" of *Kaigo Hoken* will be explained and questions will be answered.

Date&Time: August 24th (Wed) 1:30PM~3:30PM Place: *Fukushi* Center 2nd Floor Volunteer Room

Eligibility: *Hamura* residents taking care of elderly family member living together or in close distance

Application/Inquiries: *Kourei Fukushi Kaigo-ka Chiiki Houkatsu Shien Center-kakari*

HAMURA CITY AIRBORNE RADIATION MONITORING

Hamura City has conducted airborne radiation monitoring at elementary and junior high schools, city nursery schools and *Gakudou* facilities on July 7th and 8th. The results for all measurement points (at heights 5cm, 50cm, 1m) at all monitoring locations qualified for the safety standard.

Radiation dose measurement was also taken on local agriculture specimen (*Komatsuna* Leaf) on July 6th, and the result was confirmed to be the dose level below the lowest measurable limit (listed as ND).

The detailed information on the measurement results is available on *Hamura* News Japanese edition and *Hamura* City Official Websites. Please refer to those sources for future measurement results.

Inquiries: *Kankyouhozen-ka Kankyou Hozen-kakari*

◆ MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS ◆

Date	Hospital				Dental Clinic	
August	9am~5pm		5pm~10pm		9am~5pm	
7 th (Sun)	<i>Shiozawa Iin</i>	554-7370	<i>Heijitsu Yakan Kyuukan</i> Center	555-9999	<i>Minagawa Shika</i> Clinic	555-8219
14 th (Sun)	<i>Takiura Iin</i>	555-2655	<i>Fussa-shi Hoken</i> Center	552-0099	<i>Moriya Shika Iin</i>	555-9872

* Inquiries for medical facilities or medical system: Tokyo Health & Medical Information Center "*Himawari*"

☎03-5285-8181, in English, 9AM~8PM Daily <http://www.himawari.metro.tokyo.jp/qq/qq13enmnl.asp>

TV HAMURA in AUGUST

TV *Hamura* is broadcasted on "TCN" *Tama* Cable Network (digital channel 055).

30-minute program is broadcasted daily (program renews every Thursday): ①9AM~ ②5PM~ ③9PM~

*Test-broadcasting on Saturdays (digital ch.111) ①1:30PM~ ②5PM~ ③9PM~

*July 30th(Sat) 5PM program will be moved up to 12:30PM as a special program "*Hamura* Summer Festival 2011".

This Month's Special: ~ **The 36th *Hamura* Summer Festival** ~

Inquiries: *Kouhou Kouchou-ka Kouhou-kakari*

PUBLIC CONSULTATIONS Schedule of AUGUST

Category	Date	Time	Contact
Foreign Residents ① (in Spanish & Korean)	12 th (Fri), 26 th (Fri)	1:30pm~3:30pm	<i>Shimin Soudan-shitu</i> 555-1111
Traffic Accident ①	Aug. 3 rd (Wed), Sep. 7 th (Wed)	1:30pm~4:30pm	
Japanese Law ①	Aug. 4 th (Thu), 12 th (Fri), 27 th (Sat) Sep. 2 nd (Fri), 9 th (Fri), 24 th (Sat)	Thu or Fri 1:30~5pm Sat. 9:30am~1pm	
Public Administration Human Rights	18 th (Thu)	1:30pm~4:30pm	
Tax ①	Aug. 2 nd (Tue), Sep. 6 th (Tue)	1:30pm~4:30pm	
Finance ①	9 th (Tue)	2pm~4pm	<i>Shoukoukaikan</i> 555-6211
Health	11 th (Thu), 25 th (Thu)	1:30pm~3pm	<i>Hoken</i> Center 555-1111
Consumer's Affairs	Mon ~ Fri	9am~Noon 1pm~4pm	<i>Shouhi Seikatsu</i> Center 555-1111
Women's Affairs ①	in Hamura City 3 rd (Wed), 17 th (Wed), 31 st (Wed)	1:30pm~4:30pm	<i>Hamura</i> City Hall 555-1111 <i>Shimin Soudan-kakari</i>
	in Fussa City 10 th (Wed), 24 th (Wed)	9am~1pm	<i>Fussa</i> City Hall 551-1529 <i>Kouhou Kouchou-kakari</i>
Single-Parent Family Independence Support	Mon ~ Fri	8:30AM~5PM	<i>Kosodate Shien-ka</i> 555-1111
Education ①	Mon ~ Fri Weekend by appointment only	9am~6pm	<i>Kyouiku Soudan-shitu</i> 554-1223
Handicapped Residents	General Counseling Mon~Fri	8:30AM~5:15PM	<i>Shougaisha Chiiki Katsudou</i> Support Center 'Aoba' 555-1210 Toll Free Dial 0120-294-992 or 'Aoba' 555-1210
	Physical Handicap 27 th (Sat)	1pm~4pm	
	Mental Handicap 23 rd (Tue)		
▽ Child Rearing Consultations Available Daily ▽			
Mon ~ Fri	8:30am ~ 5:00pm	At City Hall	<i>Kodomo Katei Shien</i> Center 578-2882
		At Nursery Schools	<i>Higashi Hoikuen</i> 554-2154, <i>Sakura Hoikuen</i> 554-2046, <i>Nishi Hoikuen</i> 554-4507, <i>Shiraume Hoikuen</i> 555-1019, and Private Nursery Schools <u>Web Map</u> : http://www.city.hamura.tokyo.jp/0000000466.html
Mon Wed Fri	9am ~ Noon	At	<i>Nishi Jidoukan</i> 554-7578
Tue Thu Sat		Children	<i>Chuuou Jidoukan</i> 554-4552
Tue Fri Sun		Centers	<i>Higashi Jidoukan</i> 570-7751

*①=appointment required. *Consultations will be available in Japanese only unless otherwise noted.