

HAMURA NEWS

Published by: *Hamura City*

February 1st, 2012

Edited by: *Kouhou Kouchou-ka* (Public Information & Public Opinion Section)

5-2-1 *Midorigaoka*, *Hamura City*, Tokyo 〒205-8601 ☎042-555-1111

Hamura City Official Website = <http://www.city.hamura.tokyo.jp> E-mail: s102000@city.hamura.tokyo.jp

Hamura News Back Numbers = <http://www.city.hamura.tokyo.jp/category/2-4-1-7-1.html>

THE 34th JUMP ROPE COMPETITION

Join us with this winter-time fun sports competition! Families, friends, everybody is welcome!!

Date & Time: February 18th(Sat), 9:30AM~Noon (Registration 9:15AM~) Place: Sports Center 2nd Hall

Eligibility: *Hamura* Residents, Workers, and Students Fee: Free *No reservation required.

Things to bring: Jump Rope, Indoor Exercise Shoes *Please make sure to be dressed for exercise.

< Part I: Ability Level Determination Test >

Participants will try the test for 9 different jump rope techniques, then the ability certification will be issued according to the test results. All the participants will receive a certificate.

< Part II: Championship Tournament >

① Jump Double-under ② Single Jump – spinning backward ③ Single Jump – spinning forward

< Part III: Recreation Games >

All the participants will join and have some fun playing various games.

Contact: Sports Center ☎555-0033

DRAMA AND MUSIC EVENT

Theatrical Performances by the students of Special Needs Education Classes

The students from 18 Special Needs Education Classes established in *Nishitama* area will perform dramas, singing, instrumental music, dancing, and voiced story readings. Come and enjoy their wonderful stages!

Date & Time: February 11th(Sat), 9:15AM ~ 4PM (The doors open at 9AM) Place: *Yutorogi* Main Hall

Admission: Free *No reservation needed Contact: *Hamura Dai-san* Junior High School ☎555-5131

KYODO HAKUBUTSUKAN (FOLK MUSEUM) ☎558-2561

< *Hina-Ningyou* Dolls Display for Girls' Day >

A great opportunity to learn about various types of *Hina-Ningyou* dolls traditionally displayed for Girls' Day. Japanese Girls' Day, *Hina Matsuri* or also called *Momo no Sekku*, is on March 3rd.

Date & Time: February 1st(Wed) ~ March 11th(Sun), 9AM ~ 5PM (Until 4PM at the Old *Shimoda* Residence)

Admission: Free Place: *Kikaku-ten* Space, *Gakushuu-shitsu*, Orientation Hall, Old *Shimoda* Residence

FRESHLAND NISHITAMA ☎570-2626

< Exhibition of Girls' Day Decoration >

Beautiful paper-made artistic decorations created for the occasion of *Hina Matsuri*, the Girls' Day, provided by the members of *Kamiwaza* Club, will be on display. Date: February 14th (Tue) ~ March 4th (Sun)

FEBRUARY is "BURNABLE WASTE ACCURATE SEPARATION MONTH"

February is designated as "Burnable Waste Accurate Separation Month." This campaign's goal is to promote the awareness on recycling policy that will lead to the reduction of our burnable waste amount by separating the recyclable materials more accurately.

Cooperation from every resident is essential to reduce waste, and to save the cost of waste handling!

If you have any questions regarding local recycling rules, feel free to contact city hall *Seikatsu Kankyou-ka*.

Tips for Accurate Separation of Reusable Resource

● Place 3 types of trash containers in each room

One for paper waste, one for plastic containers & packaging (i.e. wrappings of snacks) and one for other burnable waste. Attach or insert a small bag on/into an existing trash bin to make it a tri-sectioned bin. It will help you separate the trash by category without an effort and save the cost to buy a new trash bin!

● Thoroughly separate paper waste

Small paper trash such as toilet paper tubes, product tags and even the crumbs from a hole-punch can also be collected as Recyclable Resource "A". When disposing of them, you can put them in a small paper bag or insert them between pages of a magazine to be disposed.

● Thoroughly separate plastic containers

Please do not throw away plastic containers as burnable waste!

If the plastic container is dirty, wipe it off or rinse it, then dispose of it as recyclable waste "B".

● Drain food waste thoroughly

80% of the general food waste is moisture content. Watery waste weighs more, and also costs more energy to process it in the incinerator. Please make sure to drain your food waste thoroughly.

☆ **HAMURA NIGIWAI SHOPPING VOUCHER** ☆

Pre-order Advance Sale for Elderly Residents, Handicapped Residents and Expectant Mothers

Hamura residents who are qualified to make a pre-order for the advance sale are allowed to purchase up to 3 voucher books per person during the designated advance sale period.

*If the number of reservation requests exceeds the advance sale availability, there will be a lot drawing.

Eligibility: *Hamura* residents (as of Feb. 26th) who meet any of the following conditions ①at age 75 or older, ②holders of *Shougaisha Techou* (Handbook for Persons with Disability), ③expectant mothers.

Voucher Price: You pay ¥10,000 per Voucher Book (¥500ticket×22 = Total Face Value of ¥11,000)

Advance Sale: February 19th(Sun) ~ 23rd(Thu), 8:30AM~5PM (Sunday 10AM~), at *Hamurashi Shoukoukai*

How to apply: Please apply by mail using a Reply-paid Postcard filled-in as instructed below before February 10th (Fri). All applicants will receive a reply indicating whether he/she had won the advance sale privilege. Winners reply-card will act as the advance sale certificate (引換券 *Hikikae-ken*). During the advance sale period, please bring the certificate, ID and/or *Shougaisha Techou*, *Boshi Techou* to purchase vouchers that you reserved. *Advance sale certificate expires on February 23rd.

Inquiries: *Hamura-shi Shoukoukai* (*Hamura* City Society of Commerce and Industry) ☎555-6211, *Sangyou Kasseika Suishin-shitsu Keizai Taisaku Tantou*

-- How to fill in the Reply-paid Postcard --

Front	
〒205-0002	
<i>Hamura-shi</i>	Do not write
<i>Sakae-chou 2-28-7</i>	on this side.
<i>Hamura-shi Shoukoukai</i>	

Back	Your Mailing Address
〒Your Zip Code	Your Name
Your Mailing Address	Your Date of Birth
Your Name	Your Phone Number
	Number of voucher books
	you wish to purchase

HAMURA CITY LENDS PORTABLE RADIATION METER

Hamura City owns a portable radiation meter which is used for *Hamura* City Radiation Monitoring regularly. The device can be lent to individual residents or public groups. Please note that there is only one radiation meter for lending, and it can be lent only when it is not being used for the city's radiation monitoring works.

Device Model: PA-1000 Environmental Radiation Monitor *Radi* manufactured by Horiba Ltd.

→http://www.horiba.com/fileadmin/uploads/Process-Environmental/Documents/HRE3923A-PA1000_Radi.pdf

Eligibility: Residents and enterprises who have an address in *Hamura* City, and public organizations.

Lending Period: Everyday ①9AM~Noon ②1PM~4PM. Appointment is required.

Appointment / Inquiry: To make an appointment on weekdays, please come to *Kankyou Hozen-ka* in city hall 2nd floor between 9AM~3PM, or to Main Reception on 1st floor on Saturday or Sunday.

*No fee is charged. *Appointment is made on First-come First-served basis.

*An insurance certificate or photo ID will be required to be presented before receiving the device.

LECTURE PRESENTATION ABOUT RADIATION EFFECTS

Radiation specialist will give a lecture on basic knowledge about radiation and how it can affect our health.

Date: February 25th(Sat), 2PM ~ 3:30PM Place: Community Center 3rd Floor Hall Admission: Free

Lecturer: Mr. *Jun Itami* (Certified Radiation Protection Supervisor, National Cancer Center Hospital Director General, Radiation Therapy Department Director)

Capacity: 140 people for pre-application (will be determined by drawing if there are too many applicants), and first 30 people for same-day application Eligibility: *Hamura* Residents & Workers

■Pre-application

Between February 1st(Wed) ~ 14th(Tue), apply for admission using one of the following methods:

○By postal mail... On the back of sender's side(往信) of a reply-paid postcard ("*Oufuku Hagaki*"), fill in "*Houshanou Kouenkai* (Lecture on Radiation Effects)" and your name, mailing address, and phone number.

○By e-mail or Fax... In the main message, fill-in "*Houshanou Kouenkai* (Lecture on Radiation)" and your name, mailing address, and phone number.

○Apply in person at city hall... Fill in the application form available at city hall *Kankyou Hozen-ka* office or on our website and bring one pre-paid post card with you during any weekday office hours.

*Application form is available at *Kankyou Hozen-ka* at 2nd floor in City Hall and on *Hamura* City Official Website.

*The drawing results will be sent to all applicants.

Send the application to: *Hamura-shi Kankyou Hozen-ka Kankyou Hozen-kakari*

〒205-8601 (No need to write the address), Fax: 554-2921, e-mail: s205000@city.hamura.tokyo.jp

■Same-day application Please come to Community Center on the event date.

Public Lecture — "Let's talk about the value of our lives"

Date & Time: February 25th (Sat) 2:00PM~3:30PM Place: *Yutorogi* small hall Capacity: 252 people

Admission: Free Reservation: Not required Inquiry: *Nishitama* Medical Association ☎0428-23-2171

Guest Speaker: Dr. *Masato Kawakami* (*Ōme* Municipal General Hospital Deputy Director, Emergency Medical Center Director)

TOKYO METROPOLITAN PUBLIC HOUSING

"Toei Juutaku" Application Information

Toei Juutaku housings are maintained by the Tokyo Metropolitan government in purpose of providing affordable housings for low-income earners and residents having housing problems. There are applicant eligibility qualifications including income limitations, period of resident registration history, etc. For details, please refer to the application brochure.

The application chances are, in principal, announced in May, August, November and February.

Availabilities for this application period are for the following household types;

[single-parent household, household of only elderly persons, handicapped persons, household with many children, especially low-income earner, wheelchair user, business proprietor whose business entity is engaged in legal procedure for financial rehabilitation]

Application: Brochure (in Japanese) is available during February 1st (Wed) ~ 10th (Fri), at *Kenchiku-ka* (city hall 2nd Fl. 8:30AM~5PM, weekend at 1st Fl. Reception), city hall branch offices (9AM ~ 1PM weekdays only) and JKK Tokyo Website for download. / The completed application form must reach JKK Tokyo Application Center by mail before February 14th (Tue).

Inquiries: *Tokyoto Juutaku Kyoukyuu Kousha Boshuu* Center (JKK Tokyo Application Center)

Before Feb. 10th(Fri) ☎0570-010810 / Other times ☎03-3498-8894 *weekdays only.

→http://www.to-kousya.or.jp/toeibosyu/t_2012/2/index.html (in Japanese)

ECO-DRIVING TRAINING CLASS

~ Participants Welcome! ~

Join this class and learn how to drive in an environmentally friendly way that will help decrease Greenhouse Effect Gas emission. A previous participant who attended this class improved his gas mileage by 20.8%!

Date & Time: February 16th(Thu) ~ 18th(Sat), 9AM~12:30PM or 1:30PM~5PM Capacity: First 3 per class

Place: Public Road within *Hamura* City & 203 Meeting room at City Hall

Eligibility: Those who own driver's license (Please bring to this class) *Rental cars provided for this class

The flow of this class:

Driving in the city → Eco-driving class I → Practicing Eco-driving on road → Eco-driving class II → Comparison of the results between regular driving and Eco-driving → Survey by participants

How to apply & Inquiry: Please call or visit *Kankyō Hozen-ka Kankyō Hozen Kakari* between February 1st(Wed) ~ 15th(Wed), 8:30AM ~ 5PM (except Saturdays and Sundays).

TAX CONSULTATION for BUSINESS OWNERS

Free tax return consultation regarding income tax and consumption tax provided for local business owners.

Date: Income Tax Consultation... February 16th (Thu) ~ March 15th (Thu) weekdays only.

Consumption Tax Consultation... March 22nd (Thu) and 23rd (Fri)

Time & Place: 9AM~11:30AM / 1PM~4PM, at *Hamura-shi Shoukou Kaikan* 2nd floor *Keshuu-shitsu*

Items to Bring: relevant documents sent from the taxation office in regards to the business during 2011, tax return record and financial statements of 2010, certificates for tax deductions, *Inkan* (name seal).

*If you have, please also bring the consumption tax return record of 2010 as well as tax return record and financial statements of 2009.

Inquiries that cannot be answered: cases regarding income from Capital Gains Subject to Aggregate Taxation (*Jouto Shotoku*), income from agriculture, tax return for income / inheritance tax / donation(gift) tax, and the cases regarding a first application for the Tax Deduction For Housing Loans.

Contact: *Hamura-shi Shoukoukai* ☎555-6211

FEBRUARY 29th (Wed) – Due Date for Some Tax Payments

Payment for the 4th installment of Property Tax and City Planning Tax, and payment for the 8th installment of National Health Insurance Tax (国民健康保険税), Long-term Care Insurance Tax (介護保険料) and Late-elderly Medical Insurance Tax (後期高齢者医療保険料) is due on February 29th (Wed).

Inquiry: *Nouzei-ka Nouzei-tantou*

TRAFFIC CASUALTY MUTUAL INSURANCE “CHOKOTTO KYOUSAI”

This mutual insurance program is operated by the partnership of 39 municipalities of Tokyo, and funded by the premium deposits from the residents of 39 associate municipalities.

About the policy details and enrollment, please contact *Seikatsu Anzen-ka Koutsuu Bouhan-kakari*, or about the allowance for insurance premium, contact *Kourei Fukushi Kaigo-ka Kourei Fukushi-kakari* or *Shougai Fukushi-ka Shougai Fukushi-kakari*.

**Chokotto Kyousai* (ちょこっと共済) brochure will be distributed to your home soon. (in Japanese)

Enrollment Application: accepted at *Seikatsu Anzen-ka* in city hall 2nd floor, February 1st(Wed) ~ March 30th (Fri), weekdays only, or March 3rd(Sat) and 4th(Sun) 8:30AM~Noon/1PM~5PM for weekend assistance.

EXERCISE CLASS for FALL PREVENTION & IMPROVING PHYSICAL FITNESS

Wouldn't you love to stay healthy and fit even when you are old? At this class we introduce various exercises which are effective in preventing falling & improving your stamina. Please join us!

Date & Time: March 2nd(Fri), 9th(Fri), 16th(Fri), and 23rd(Fri), 1:30PM ~ 3:30PM

Place: Freshland *Nishitama* Gymnasium Capacity: 30 people per day

Eligibility: Those who are 65 years or older and interested in this class

Items to bring: Exercise outfit, Indoor exercise shoes, Towel, and drink

*People who never attended this class before have priority.

*Attending this class does not give you privileges to use bath, food court, and other facilities for free.

*If you are driving, please use the parking space at *Nishitama Eisei Kumiai*.

How to apply & Inquiry: Starting February 1st(Wed) 9AM, call *Kourei Fukushi Kaigo-ka Chiiki Houkatsu Shien* Center. Office hour is 9AM ~ 5PM, weekdays only.

FAMILY NURSING CARE WORKSHOP

~ How to take care of a dementia patient ~

This is a class where you can learn and talk about how to take care of your family member who is in need of special care for dementia symptoms. Join for sharing your questions and tips with other care takers.

Date&Time: February 22nd(Wed), 1:30PM~3:30PM Place: *Fukushi* Center Volunteers Room Fee: Free

Eligibility: *Hamura* residents who are taking care of elderly family members Capacity: First 10

How to apply & Inquiry: Contact *Kourei Fukushi Kaigo-ka Chiiki Houkatsu Shien* Center in advance.

TV HAMURA in FEBRUARY

TV *Hamura* is broadcasted on “TCN” *Tama* Cable Network (digital channel 055).

30-minute program is broadcasted daily (program renews every Thursday): ①9AM~ ②5PM~ ③9PM~

*Test-broadcasting on Saturdays (digital ch.111) ①1:30PM~ ②5PM~ ③9PM~

This Month's Special Program: ~ **The 26th *Hamura Fureai Tsunahiki* Tug of War Competition** ~

*Due to the *Ōme* Marathon special program, TV *Hamura* broadcasting time will be changed on February 19th (Sun) as follows. ①9AM→8:30AM ②5PM→4:30PM ③9PM→11:30PM

Inquiries: *Kouhou Kouhou-ka Kouhou-kakari*

SWIMMING CENTER ☎579-3210

< In-Water Walking Exercise Class >

Date & Time: February 25th (Sat), 10AM~10:50AM Eligibility: Anyone who is 16 years or older

Fee: Hamura residents & workers ¥400, Others ¥600 (Insurance & admission fee are included)

Capacity: First 30 people Things to bring: Swimsuit, Swimming cap, and Towel

How to Apply: Visit the Swimming Pool Front Desk between at 9AM ~ 9:50AM.

< Chinese Exercise Class >

Let's have fun doing some exercise and massage along with Chinese music.

Special Admission-Free Class will be held on February 7th(Tue).

Date & Time: Every Tuesday, 2PM ~ 3PM (except National Holidays) Place: Meeting Room No.2

Capacity: First 20 people Fee: ¥500 per class Things to bring: Exercise outfit, Towel, and Drink

How to apply: No reservation required. Please show up at Sauna front desk.

Swimming Center Class Information ☎579-3210				
Class Name	Eligibility	Date & Time	Capacity	Fee
Swimming Little Kids	4 ~ 6 years old	Every Wednesday between February 29 th ~ March 21 st (4 times) 3PM ~ 3:50PM	20	¥3,500
Swimming Kids	Elementary School Students (※)	Every Wednesday between February 29 th ~ March 21 st (4 times) Beginners class... 4PM ~ 4:50PM Intermediate class... 5PM ~ 5:50PM	40 per class	¥3,000
Swimming Class for Pre-Schoolers	3 ~ 6 years old	Every Thursday between March 1 st ~ 22 nd (4 times) 3PM ~ 3:50PM	20	¥3,500
Swimming Little Kids 2	4 ~ 6 years old	Every Friday between March 2 nd ~ 23 rd (4 times) 4PM ~ 4:50PM	20	¥3,500
Swimming Kids 2	Elementary School Students (※)	Every Friday between March 2 nd ~ 23 rd (4 times) Beginners & Intermediate...5PM~5:50PM Intermediate & Advanced...6PM ~ 6:50PM	20 per class	¥3,000
Swimming Class for Children	Elementary School Students	Every Saturday between March 3 rd ~ 24 th (4 times) A... 11AM ~ 12:50PM / B... 2PM ~ 3:50PM	100 per class	¥3,500
Swimming Class for Children 【Beginners & Intermediate】	Elementary School Students	Every Sunday between March 4 th ~ 25 th (4 times) Both classes 11AM ~ 12:50PM	20 per class	¥3,500
Swimming Class for Adults	Junior high school student or older (※)	Every Sunday between March 4 th ~ 25 th (4 times) 7PM ~ 8:50PM	40	¥3,500
Easy Swim & Healthy Walking Class	40 years or older	Every Tuesday between March 6 th ~ 27 th (4 times) 1PM ~ 1:50PM	25	¥2,000

※Students attending classes ending later than 6PM must be accompanied by a person over 16 years old.

How to apply: Between February 8th(Wed) 9AM ~ 22nd(Wed) 10AM, fill in an entry sheet available at the Swimming Center or Sports Center, and submit in person to the Swimming Center.

*The fee includes admission to the pool and insurance fee for all 4 sessions.

*For more information, please contact the Swimming Center or check its' website.

EVENT INFORMATION for CHILDREN & PARENTS

CENTRAL CHILDREN CENTER (*Chuuou Jidoukan*) ☎554-4552

< Day-time Moon Observation >

Date & Time: February 1st(Wed), 4PM ~ 4:30PM Fee: Free *No reservation required.

Eligibility: Elementary School Students ~ 18 years old

< Astronomical Observation with Family >

Date & Time: February 1st(Wed), 7PM ~ 8PM Fee: Free *No reservation required.

Eligibility: Elementary School Students ~ 18 years old

*Junior High School students or younger children must be accompanied by an adult

*The above events will be cancelled in case of rain. *Please make sure to dress warmly for cold weather.

WEST CHILDREN CENTER (*Nishi Jidoukan*) ☎554-7578

< Kids Festival "World of Fun" >

There will be a Food Court, Hand Crafting Class, and more!!

Date & Time: February 25th (Sun), 10AM ~ 3PM Tickets: ¥100 (Only available to first 200 visitors)

*Tickets will be sold between February 4th(Sat) ~ 19th(Sun), at West Children Center.

*The Center will close at noon on the 24th(Sat), and will open between 10AM ~ 3PM on the festival day.

EAST CHILDREN CENTER (*Higashi Jidoukan*) ☎570-7751

< Hand Crafting Toy Workshop "Kata-Kata Kuruma" (Clitter-Clatter Car) >

Date & Time: February 11th(Sat), ①10AM~, ②1PM~ Fee: Free *No reservation required.

Eligibility: Preschoolers (Must be accompanied by an Adult) up to 3rd graders

LIBRARY ☎554-2280

< Workshop for Baby & Parents ~ Introduction to the first book ~ >

At this lecture we will talk about "Book Start", which is normally discussed at the occasion of Infants' health check-up. If you missed attending Book Start guidance meeting, please join us in this opportunity.

Date & Time: February 15th(Wed), 11AM ~ 11:30AM Place: Library Eligibility: Parents of infants

Instructor: Hamura City Library Staff *No reservation required.

< Story Telling for Preschoolers > Date & Time: February 11th (Sat), 11AM~

< Story Telling for Elementary School Students > Date & Time: February 18th (Sat), 11AM~

*Fee and reservation are not required for the story telling events.

YUTOROGI ☎570-0707

< Movies for Children >

Date & Time: February 12th (Sun) 10:30AM~11:30AM Admission: Free *No reservation required.

Program: 3 Titles are scheduled to screen Supported by: Hamura Eiga Club

PUBLIC LECTURE — CHILD DEVELOPMENTAL DISORDER

The lecture topic will be "communication skill development of children with developmental disorder."

The instructor will introduce an exercise method that will help the child relieve nervous tension.

Date & Time: February 29th (Wed) 2:00PM ~ 4:30PM Place: Akiruno Rupia

Open for: consultants and parents of children with developmental disorder Capacity: First 80 applicants

Application: Call or fax Nishitama Hokenjo by February 20th(Mon). ☎0428-22-6141, fax 0428-23-3987

Inquiries: Nishitama Hokenjo Hokentaisaku-ka

CHATTING PLACE for PARENTS

This month's topic is "The Benefits of Books for Children". Feel free to join, no reservation is required!

Place & Date: Central Children Center – Feb. 9th (Thu), West Children Center – Feb. 10th (Fri)

East Children Center – Feb. 14th (Tue), Time: 10:30AM~11:30AM for all dates

*Child Care Volunteers will attend your children. Inquiries: *Kodomo Katei Shien Center* ☎578-2882

CHILD REARING CONSULTATION at CHILDREN CENTER

Clinical Psychologists assigned from *Hamura City Child And Family Support Center (Kodomo Katei Shien Center)* will be available for consultation at Central Children Center on February 16th (Thu), 10AM~Noon, and at West Children Center on February 24th (Fri), 10AM~Noon.

Please feel free to visit to talk about your child's psychological development, parent's mental stress and etc.

*Fee/Reservation not required.

Inquiries: *Kodomo Katei Shien Center* ☎578-2882

WORK-STUDY WORKSHOP ~ 1 DAY SALES INTERNSHIP ~

This is a great opportunity to experience being a store sales person in a shopping center! Applications for this Internship are now accepted. Those who attend this class will also receive special gifts at the end.

Date&Time: February 12th(Sun), 1PM~4PM Eligibility: 5th & 6th graders Capacity: 10 kids Fee: Free

Place: Mommy Shopping Center Meeting Place: "Fureai Space" within Mommy Shopping Center, at 1PM

How to apply: By February 8th(Wed), call "Toriichi" at Mommy Shopping Center ☎554-7789

*On this event day, there will be Sunday Special Bargain which is held on every 2nd Sunday of the month.

Contact: *Sangyou Kasseika Suishin-shitsu Shoukougyou Shinkou-kakari*

HAMURA ZOO

< "Yagi-San No Douwa Land" Is Completed! >

Every year we establish a new facility related to some fairy tales, this time we have created "Yagi-San No Douwa Land (Goats' Fairy Tale Land)" based on a fairy tale of "The Wolf and the Seven Young Kids".

Thanks to the help of the students from Tokyo Communication Art Technical School, we have created a real size wolf, a big grandfather's clock, a bed, a closet, a table and chairs. There is also "Piggy's Fairy Tale Land", hope you all enjoy this new addition! Contact: *Hamura Zoo* ☎579-4041

CHILD ALLOWANCE (KODOMO TEATE) RENEWAL APPLICATION

In order to receive Child Allowance payouts from October 2011 onward, all parents of children at applicable age and condition must file an application to renew or newly obtain eligibility, regardless of the previous eligibility effective before September 2011.

Application forms (子ども手当認定請求書) and brochures were mailed to the applicable households in October 2011. Those who wish to file the application, please make sure to complete the procedure before March 30th(Fri). If fail to do so, their rights for allowance payouts of October through March will be considered voluntarily waved. For more information about the new regulations for Child Allowance, please refer to *Hamura News* October 15th 2011 issue.

Inquiry: *Kosodate Shien-ka Shien-kakari*

< Baby Food Class for 7 months old and older >

Date & Time: March 7th (Wed), 10AM~11:30AM Place: *Hoken* Center Capacity: First 15 pairs
Eligibility: Babies born between May ~ July 2011 and parents *Sorry, siblings will not be allowed in class.
Details: Tips of how you should prepare baby food for a 7-month old baby, demonstration of cooking baby food, tasting baby food, and talk about "Baby food and nursing"
How to apply: Starting February 2nd (Thu) 8:30AM, please call *Hoken* Center.

< Childbirth Preparation Class for Mothers >

This is a class about pregnancy, giving birth, and after childbirth.
Date & Time: March 1st (Thu), 8th (Thu), and 22nd (Thu) (course consists of 3 sessions), 1:15PM~4PM
Place: *Hoken* Center *No reservation required Eligibility: Expectant mothers living in *Hamura*
Things to bring: *Boshi Kenkou Techou* (Maternal and Child Health Handbook), writing materials
 *Make sure to participate in this class at your earliest chance when you are in a good condition.
 *If bringing your child(ren), please contact *Hoken* Center in advance.

< Please do not forget! Immunizations for Children >

There is limited time period to get each immunization for free of charge. Please make sure to get Measles and Rubella vaccine 2nd, 3rd, and 4th doses by March 31st(Sat) in order to use public subsidy for the fee. In March, hospitals/clinics are busy with people getting immunizations. It is recommended that you make an appointment at medical facility in Hamura as soon as you can.
 *If you have lost your vaccination coupon or if you are a new resident in *Hamura* City, please visit *Hoken* Center first with *Boshi Kenkou Techou* (Maternal and Child Health Handbook) to get vaccine coupons.

Types and Eligibility of Immunization

Measles and Rubella

1st dose: 1~2 years old
 2nd dose: for those born between April 2, 2005 ~ April 1, 2006
 3rd dose: for those born between April 2, 1998 ~ April 1, 1999
 4th dose: for those born between April 2, 1993 ~ April 1, 1994

Diphtheria-Tetanus vaccine(DT)

11 ~ 13 years olds

Diphtheria Pertussis Tetanus vaccine(DPT)

3 months old ~ 7 1/2years olds

◆ MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS ◆

Date	Hospital				Dental Clinic	
	9am~5pm		5pm~10pm		9am~5pm	
5 th (Sun)	<i>Yamakawa Iin</i>	554-3111	<i>Heijitsu Yakan Kyuukan</i> Center	555-9999	<i>Ikoma Shika Hamura Shinryoujo</i>	555-3139
11 th (Sat) Holiday	<i>Yamaguchi Naika</i> Clinic	570-7661	<i>Maruno Iin (Mizuho-machi)</i>	556-5280	<i>Inagaki Shika</i>	555-6018
12 th (Sun)	<i>Ozaki</i> Clinic	554-0188	<i>Fussashi Hoken</i> Center	552-0099	<i>Inoue Shika Iin</i>	554-7735

*Inquiries for medical facilities or medical system: Tokyo Health & Medical Information Center "*Himawari*"
 ☎03-5285-8181, in English, 9AM~8PM Daily <http://www.himawari.metro.tokyo.jp/qq/qq13enmnl.asp>

PUBLIC CONSULTATIONS

Schedule of FEBRUARY

Category	Date	Time	Contact
Foreign Residents ① (in Spanish & Korean)	10 th (Fri), 24 th (Fri)	1:30pm~3:30pm	<i>Shimin Soudan-shitu</i> 555-1111
Traffic Accident ①	Feb. 1 st (Wed), Mar. 7 th (Wed)	1:30pm~4:30pm	
Japanese Law ①	Feb. 2 nd (Thu), 10 th (Fri), 25 th (Sat) Mar. 1 st (Thu), 9 th (Fri), 24 th (Sat)	Thu & Fri 1:30~5pm Sat. 9:30am~1pm	
Public Administration Human Rights	16 th (Thu)	1:30pm~4:30pm	
Tax ①	Feb. 7 th (Tue), Mar. 27 th (Tue)	1:30pm~4:30pm	
Finance ①	14 th (Tue)	2pm~4pm	<i>Shoukoukaikan</i> 555-6211
Health	9 th (Thu), 23 rd (Thu)	1:30pm~3pm	<i>Hoken Center</i> 555-1111
Consumer's Affairs	Mon ~ Fri	9am~Noon 1pm~4pm	<i>Shouhi Seikatsu Center</i> 555-1111
Women's Affairs ①	in <i>Hamura City</i> 1 st (Wed), 15 th (Wed), 29 th (Wed)	1:30pm~4:30pm	<i>Hamura City Hall</i> 555-1111 <i>Shimin Soudan-kakari</i>
	in <i>Fussa City</i> 8 th (Wed), 22 nd (Wed)	9am~1pm	<i>Fussa City Hall</i> 551-1529 <i>Kouhou Kouchou-kakari</i>
Single-Parent Family Independence Support	Mon ~ Fri	8:30AM~5PM	<i>Kosodate Shien-ka</i> 555-1111
Education ①	Mon ~ Fri Weekend by appointment only	9am~6pm	<i>Kyouiku Soudan-shitu</i> 554-1223
Welfare Legal Affairs ①	22 nd (Wed)	1:30PM ~ 4:30PM	<i>Fukushi Center</i> 554-0304
Handicapped Residents	General Counseling Mon~Fri	8:30AM~5:15PM	<i>Shougaisha Chiiki Katsudou</i> Support Center 'Aoba' 555-1210 Toll Free Dial 0120-294-992 or 'Aoba' 555-1210
	Physical Handicap 25 th (Sat)	1pm~4pm	
	Mental Handicap 28 th (Tue)		
▽ Child Rearing Consultations Available Daily ▽			
Mon ~ Fri	8:30am ~ 5:00pm	At City Hall	<i>Kodomo Katei Shien Center</i> 578-2882
		At Nursery Schools	<i>Higashi Hoikuen</i> 554-2154, <i>Sakura Hoikuen</i> 554-2046, <i>Nishi Hoikuen</i> 554-4507, <i>Shiraume Hoikuen</i> 555-1019, and Private Nursery Schools <u>Web Map:</u> http://www.city.hamura.tokyo.jp/0000000466.html
Mon Wed Fri	9am ~ Noon	At	<i>Nishi Jidoukan</i> 554-7578
Tue Thu Sat		Children	<i>Chuuou Jidoukan</i> 554-4552
Tue Fri Sun		Centers	<i>Higashi Jidoukan</i> 570-7751

*①=appointment required. *Consultations will be available in Japanese only unless otherwise noted.