HAMURA NEWS

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Edited by: Kouhou Kouchou-ka (Public Information & Public Opinion Section)

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HAMURA CITY OFFICE AUTOMATED PHONE DIRECTORY SERVICE

Starting from October 1st (Mon), Hamura City will implement an automated directory system for incoming calls to city hall. This system can be navigated with touch-tone phones or dial-style phones. The automated instruction will be available in Japanese only. Please refer to the English instruction below if you have difficulty understanding the voice instruction. If you wish to speak with English or Spanish interpreter, please contact *Kouhou-kakari* at extension 340.

How to use the Automated Phone Directory Service Call city hall during the office hours ☎555-1111

If you know the extension number of the section you wish to contact...

1

Enter 3-digit extension number

You will be transferred to a staff of the desired section

If you do not know the extension number of the section you wish to contact, or you are not certain which section to contact...

Enter 999 ↓

You will be transferred to an operator (corresponded in Japanese only)

If you want to hear the information broadcasted through the citywide outdoor public address system...

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Enter 888

You will hear a few most recent information already broadcasted from the outdoor P.A. speakers.

THE 66th "RED FEATHER" COMMUNITY CHEST CAMPAIGN Your Contribution Will Be Appreciated!

In a month of October, your community's fundraising volunteers will be campaigning at the rail stations and will visit some homes for the promotion of Red Feather Community Chest Movement.

Donation Boxes will be also available at the reception of public facilities. The contributions will be used to support the social welfare programs, welfare organizations and their facilities.

Your cooperation will be deeply appreciated.

<u>Special Fundraising Period</u>: October 1st(Mon)~31st(Wed) <u>Street Campaign</u>: October 1st(Mon) & 2nd(Tue)

Inquiries: Shakai Fukushi Kyougikai (Council of Social Welfare) 2554-0304

TIME CHANGE for CITY CHIME

From October 1st (Mon), the time for City Chime will be shifted to 4:30PM.

We run the chime everyday to make sure the Citywide Public Address System is functioning correctly.

Chiming Time: 4:30PM in October ~ March, 5:30PM in April ~ September

Inquiries: Bousai Anzen-ka Bousai-kakari

THE 12th HAMURA FURUSATO MATSURI

Date & Time: September 22nd(Sat) Noon ~ 6:30PM, and 23rd(Sun) Noon ~ 6:00PM

Place: JR Ozaku Station East Exit Square

<u>Traffic Restriction</u>: Traffic around the event site will be restricted from 10AM to 8PM on both event days.

Host/Inquiry: Hamura Furusato Matsuri Executive Committee, Chairman - Mr. Kuroda ☎554-9711

<u>Co-hosted by</u>: *Hamura* City, *Hamura* Chamber of Commerce and Industry, *Hamura* Tourism Association, and *Ozaku* & *Sakaechou* district associations

< September 22nd(Sat) Programs >

Performances by local Kindergarten and Elementary School students, Souran Dancing Teams and more!

- Noon ~: Yosakoi Souran by kindergartens & day care center children
- 1PM ~: Opening Ceremony
- 1:30PM ~: Souran Dance performed by all elementary school students, Yosakoi Souran Dance, Brass Band Performance, Hip-hop Dance, Hulla Dance, and Japanese Drum performance

< September 23rd(Sun) Programs >

Performances by Souran Dance Teams and more!

- Noon~: Japanese Drums, Yosakoi Souran Dance, Folk Dance, and Brass Band
- 5:55PM~: Yosakoi Souran Dance Finale performed by various groups
- 6 PM~: Closing Ceremony

< Community Bus "Hamu-run" route will be modified temporarily >

During the Festival, *Hamu-run* will be detouring around the event site due to traffic restrictions.

<u>Date</u>: September 22nd(Sat) and 23rd(Sun) <u>Affected course</u>: *Ozaku* course, and *Hamura Chuuou* course <u>Alternate stops</u>: Bus will not stop at "*Ozaku* station east exit (小作駅東口)". Please use temporary bus stop located by the intersection "*Ozakueki Kita* (小作駅北)". <u>Inquiry</u>: *Bousai Anzen-ka Koutsuu Bouhan-kakari*

THE 65th HAMURA CITIZEN'S SPORTS FESTIVAL

Please come and play sports with us! No advanced sign-up is required for some of the events!

<u>Date</u>: October 7th(Sun) *In case of rain, postponed to 8th(Mon) <u>Place</u>: *Fujimi* Park Grand Field

<u>Schedule</u>: Opening Ceremony...8:45AM, the first event category starts at 9:30AM ~

*Hamura News October 1st edition will provide more details of this event.

Hosted by: The 65th Hamura Sports Festival Executive Committee Inquiry: Sports Center ☎555-0033

THE 21st HAMURA HEALTH FAIR

Date & Time: October 7th(Sun), 10AM~2PM *In case of rain, postponed to 8th(Mon)

Place: Fujimi Park - C ground & Club House

Event Details:

- Health Counseling (Internal Medicine, Otolaryngology, OB-Gyn, Orthopedics, Dental, and Medicine)
- · Basic Health Checkup (Blood Pressure, Heart Rate, Hand Grip Strength, Body Fat, Vision, Ocular pressure)
- Tuberculosis Screening Drug Abuse Prevention & Blood Donation Promotion Booth
- · Water and Health Booth · Nutrition Information Booth · Health Care Information Booth
- · Child Care Support Booth · Child Care & Immunization Counseling Booth
- · Kids' playground · Stamp Rally
- * Health counseling is available for up to 160 people; registration ends at 1PM.
- * You must be 40 years or older to receive a Vision & Ocular pressure check.
- * Collect stamps at each exhibition booth and receive a gift! <u>Inquiry</u>: Hoken Center **2**555-1111

SPORTS CENTER TEMPORARY CLOSURE for SPORTS FESTIVAL

The Sports Center will be closed on October 7th(Sun), and 8th(Mon) due to the preparation work for the 65th *Hamura* Citizen's Sports Festival. Thank you for your understanding and cooperation.

<u>Inquiry</u>: Sports Center **☎**555-0033

EMERGENCY PREVENTION / RESPONSE MEASURES for YOUR HOME and FAMILY

~ Let's check our readiness and preventative measures for a big disaster ~

< Evacuation Bag for Time of Emergency >

In your home, do you have an Evacuation Bag ready to go? Let's use the check lists below to prepare the bag, or check that your bag is equipped with necessary items. Especially important item is the stock of drinking water and food. Keep the stock for at least 3-days use, with an estimate that a person will need 3 litters of water per day. In addition to these items, each household should include items that serve the family's particular needs, such as medicines and disability support gear. It is recommended that you prepare an Evacuation Bag with a back-pack so your hands will be free when you are on the move.

Basi	Basic necessary items (have in Evacuation Bag)				
	Drinking water				
	Food suited for emergency shelter situation				
	Cash and items needed for financial procedure				
	(Inkan, bankbook, insurance certificate, etc.)				
	Helmet, protection hood				
	First-aid medical kit, medicine for personal needs				
	Flashlights				
	Portable radio player				
	Batteries				
	Work gloves				
	Lighters & matches				
	Clothes (include sweaters and jackets)				
	Underwear				
	Blankets				
	Writing tools & notepad				
	Wet wipes				
	Sanitary goods				
	Towels				
	Rain-gear				
	Heating pads (kairo)				

For family with a baby				
	Baby formula & baby bottle			
	Baby foods in packet			
	Diapers and underwear			

Other necessary items to stock				
Drinking water for 3-days use				
Food suited for emergency situation				
Underwear				
Clothes				
Portable toilets				
Plastic sheet				
Portable cookstove				
Cling wrap				
Rope				

Make sure to				
	Stock water for various use (in bathtub etc.)			
	Confirm where the emergency bag is stored			
	Confirm where the electric switchboard is located			

< Earthquake Disaster Measures >

We cannot keep earthquakes from happening, but we can take measures to minimize the damage. Please check the risk factors in and around your home. It is important to recognize them and take actions.

Check for your house...

- Your house has received Seismic Diagnosis.
- Block fence and gate structure are checked for earthquake resistance and reinforced.
- Roofing tiles and antennas are checked and secured.
- Goods that may fall down (planters etc.) are not placed on window sill or balcony fence.
- Clothes poles (for laundry drying) are secured
- Balcony partition and evacuation hatch are not blocked (in apartment buildings)

Check in your home...

- Furniture and home electronics are secured.
- In storage furniture, heavy-height items are stored in the lower part, and its' doors have stoppers.
- Tall furniture have a slip-prevention structure added on the top to keep the items placed atop from falling.
- Window glasses are covered with shatter-proof sheet.
- Slippers or room shoes are always in a room in case for the glass/china fragments scatter on the floor
- Things that can be a risk for blocking the way are not placed by exits and pathways.
- Evacuation bag is stored where it can be easily picked up.
- Fire Extinguishers are stored at the easy access points.

KYOUDO HAKUBUTSUKAN (Folk Museum) 2558-2561

< Seasonal Exhibition "Moon-viewing Decoration" >

Old Shimoda Residence will be decorated with traditional "Otsukimi Kazari" for the Moon-viewing event.

<u>Date</u>: September 15th(sat) ~ 30th(Sun) *Closed on September 17th(Mon) <u>Place</u>: Old *Shimoda* Residence

<u>Fee/Reservation</u>: Not required <u>Inquiry</u>: Kyoudo Hakubutsukan (Folk Museum)

THE 27th FUREAI FUKUSHI MATSURI

This is a great opportunity to understand more about *Fukushi* - public welfares. At the event there will be festival stalls, stage performance, a workshop for volunteering experience. Come and enjoy this festival! Date & Time: October 21st(Sun) (Light rain or shine), 10AM ~ 3PM Place: *Fukushi* Center

Contact: Shakai Fukushi Kyougikai (Hamura Social Welfare Committee) 2554-0304

RICE FARMING WORKSHOP ~ Harvesting & Thrashing Rice Crop ~

Now is the time to harvest the rice crops that were planted back in June in the *Negarami-mae* Paddy Field. Students who did not get to plant rice there can also participate. Don't miss this chance!

< Harvesting & Celebration >

<u>Date&Time</u>: October 6th(Sat), gather at 8:30AM, and work starts at 9AM *If it rains, postponed to 13th (Sat)

< Thrashing >

<u>Date&Time</u>: October 20th(Sat), gather at 11:30AM, and work starts at Noon *If it rains, postponed to 27th(Sat)

<u>Place</u>: Negarami-mae Suiden (Rice Paddy Field) <u>Eligibility</u>: Elementary & Junior High School students

*No reservation required *Make sure to wear something you don't mind getting dirty.

Inquiry: Seishounen Taisakuchiku Iinkain Renraku Kyougikai (Mr.Wakamatsu) ☎555-8806

Jidou Seishounen-ka Jidou Seishounen Kakari /

LET'S DIG UP SATSUMAIMO (SWEET POTATOES)!

Let's have fun digging up sweet potatoes in October! Locally grown potatoes are very delicious.

Harvesting time: Mid October ~ beginning of November

Price: ¥1,800 per block (About 10 heads per block),

Farm Location: ①Sakae-chou 2-10 ②Ozakudai 5-16

Number of Blocks: (1) 60 blocks (2) 40 blocks

Farm Owner Contact Information: ①Mr.Ozaku (Oki Farm) 會554-0593 ②Mr.Miyamoto 會554-6943

<u>How to apply & Inquiry</u>: On September 28th(Fri), from 9AM to Noon, please come to register at *Sangyou-ka Nousei-kakari* in City Hall West Annex (*Nishi-Bunshitsu*).

*If applying after September 28th(Fri) 12PM, please contact each farmer directly.

*Non-Hamura residents can also apply. *Please pay with exact change at the time of registration.

HAMURA ZOO **☎579-4041**

< New Flamingo Exhibition Section is Open! >

In *Hamura* Zoo there are 14 Chilean Flamingos. Our old flamingo section was set a little distant from visitors and flamingos were far to be watched. But now, in our new exhibition area, you can enjoy watching them closely. Please come see the beautiful flamingos!

STUDY TOUR to YATOZAWA LANDFILL SITE

The landfill work has been completed at *Yatozawa* waste management landfill site. Now you can see that nature is recovering in the area. Enjoy the nature tour through beautiful silver grass field that covers the site.

<u>Date</u>: Every Tuesday and Thursday between September 18th(Tue) ~ November 8th(Thu)

Time: 10AM ~ Noon, 1:30PM ~ 4PM (tour takes about 1.5 hours) Capacity: up to 50 people per day

Meeting Place: Yatozawa Waste Center (Yato Aza Hirai Ooaza, Nishitama-gun Hinode-machi, Tokyo)

<u>How to apply & Inquiry</u>: To make a reservation please call Tokyo *Tama Kouiki Shigen Junkan Kumiai*

Futatsuzuka Shobunjou 2 weeks prior to the desired tour date ₹597-7881

KYUUDOU (JAPANESE ARCHERY) CENTER ☎555-9255

< Kyuudou Class for Beginners >

<u>Date</u>: Every Wednesday and Saturday between October 10th(Wed) ~ 31st(Wed) (Total of 7 classes)

<u>Time</u>: 7PM ~9PM <u>Place</u>: Kyuudou Field <u>Fee</u>: ¥3,000 (for all 7 classes) <u>Capacity</u>: First 15 people

Eligibility: Junior High School Students (must be accompanied by a parent) or older

Dress Code: Exercise Clothes (Must be long-sleeve shirt with no buttons), Socks or Tabi Socks

How to apply: Fill in your name, age, mailing address, and phone number, then mail or fax to Kyuudou Center

TEMPORARY CLOSURE OF SWIMMING CENTER

Hamura City Swimming Center will be temporarily closed due to the renovation works between October 1^{st} (Mon) ~ January 3^{rd} (Thu) 2013. We apologize for the inconvenience and appreciate your support and cooperation. *Training room and Meeting room will continue to be open during the renovation closure. Inquiry: Swimming Center 579-3210

CENTRAL CHILDREN CENTER (Chuuou Jidoukan) 2554-4552

< Home Cooking Class ~ Tomato & Meat Sauce ~ >

Date & Time: October 14th(Sun), 10AM~11:30AM Fee: ¥90 (Ingredient fee)

Eligibility: Hamura resident elementary school students ~ 18 year olds Capacity: First 20 applicants

Things to bring: Indoor Shoes, Apron, Head cloth, Hand towel, Drink(tea), Fork

How to Apply: Between September 26^{th} (Wed) \sim October 7^{th} (Sun), 9AM \sim 5PM, call or visit the center.

LIBRARY **☎554-2280**

< Survey of Magazine Subscription for Library Collection >

If there are any magazines that you wish be included in the library collection, please let us know! <u>Period</u>: September 19^{th} (Wed) ~ October 16^{th} (Tue) <u>Survey at</u>: *Hamura* City Libraries

TEMPORARY CLOSURE of PUBLIC FACILITY RESERVATION SYSTEM

The reservation booking starts on the 1^{st} of the month, however, because October 1^{st} is Monday and is also *Yutorogi's* closing day, the booking system will be closed on the 1^{st} . October booking starts on the 2^{nd} (Tue).

Reservations cannot be made... October 1st(Mon) 0:00AM ~ 2nd(Tue) 9AM

Reservation status cannot be browsed... September 30th(Sun) 5PM ~ October 2nd(Tue) 8:40AM

Drawing result for booking will be announced on October 2nd(Tue) 8:40AM

For more information, please call *Yutorogi* \$\mathbb{2}570-0707

LIVE BUS LOCATION INFORMATION SERVICE for HAMU-RUN

A new service has started for *Hamura* City community bus *Hamu*-run, *Hachi*-bus (*Hachioji* City community bus), *Runo*-bus (*Akiruno* City community bus) and all local buses operated by *Nishi* Tokyo Bus Co.,Ltd. This is an online service which provides the real-time information on expected arrival time of your desired bus which is calculated based on the information of actual bus locations on the roads acquired by satellite transmission. The website can be accessed with a mobile communication devise or PC.

Access from your Mobile Device

Read the QR code posted on the information board at each bus stop, and follow the instruction to open the webpage "リアルタイム運行状況検索". On the search page, enter the name of bus stops where you are boarding (乗車する停留所名) and getting off (降車する停留所名), then click on "検索". You will see the scheduled arrival time and actual expected arrival time of the next two buses on your route approaching to your stop.

Access from your PC

Go to the search page on the *Nishi* Tokyo Bus Co., Ltd. Website. (http://www.ntbloc.com/blsys/loca) You can search for the real-time service information either by-

- A) entering the bus stop names (停留所名から検索) or B) fining your bus stops on the map (地図から検索).
 - A) Click on the red box "停留所名から検索". Enter the name of bus stops where you are boarding (乗車停留所) and getting off (降車停留所), then click on "検索".
 - B) Click on the blue box "地図から検索". The map will show all the bus stops in the area covered by this service. First click on the bus stop where you are boarding and select "乗車停留所に指定", next find the bus stop where you are getting off and select "降車停留所に指定", then click "検索".
 - In the search result chart you see the service information of several busses on your route scheduled arrival time (時刻表), actual expected arrival time (到着予測時刻) and expected destination arrival time (目的地着予測). The yellow-highlighted bus will get you to the destination stop with shortest duration.

<u>Inquiry</u>: Bousai Anzen-ka Koutsuu Bouhan-kakari

FREE CONSULTATION for making a NOTARIAL DEED

Important civil case contract documents, such as appointing a guardian, documenting a will, stating the arrangement for child-support payment, should be prepared or notarized by a notary public.

Tachikawa Notary Office usually provides free consultations on time-specific and by category basis. However, on the following dates, the office will open a special schedule to provide more convenience to clients.

Free consultation on any subject will be available by appointment during this special schedule week.

Date & Time: October 1st (Mon) ~ 5th (Fri) 1PM~4PM Place: *Tachikawa Koushou Yakuba* (Notary Office)

Address: エルフレア立川 2nd floor, 3-9-21 *Shibazaki-chou, Tachikawa* City

Appointment / Inquiry: please call Tachikawa Notary Office ₹524-1279

ELDERLY FAMILY CARE BONUS

If your household is *Hamura* City Resident Tax Exempt and you have been providing in-home care to an elderly family member who is certified Care-need Level 4~5, you may be eligible for the Elderly Family Care Bonus. The bonus amount is ¥100,000 for a qualified household each year. For details of the qualification requirements, please contact *Koureifukushi Kaigo-ka Chiiki Houkatsu Shien* Center-*kakari*.

HELLO-WORK OME SKILL TRAINING SUPPORT SYSTEM for JOB SEEKERS

This support system offers skill training programs to job seekers who are not entitle to unemployment insurance benefit, with an aim to help them find employment opportunities from wider range of choices. For more information please contact Hello-Work Ōme Shokugyou Soudan Daini Bumon ☎0428-24-9163

INTERNET PUBLIC AUCTION of SEIZED ITEMS

Hamura City will hold a public auction of seized items that were distrained by the city due to the original owners' tax arrearage condition. This auction will be handled through the internet auction system of Yahoo. Prior to participating in this auction, please read the Hamura City Internet Auction Guideline (羽村市インターネット公売ガイドライン, stated on the city website) and agree to the terms and conditions, then complete account registration at Yahoo! Auction during September 24th(Mon) 1PM ~ October 9th(Tue) 11PM.

<u>Bidding Period</u>: October 16^{th} (Tue) 1PM $\sim 18^{th}$ (Thu) 11PM <u>Payment Due</u>: October 26^{th} (Fri) 2:30PM *Some auction lots may be cancelled from the sale due to tax payment circumstance of the original owner. *The participation method for this auction differs from the regular "Yahoo Auction".

*To find out the details of auction items and registration procedure, please check the web page "Yahoo! Auction - Public Office Auction" (Yahoo!官公庁オークション). → http://koubai.auctions.yahoo.co.jp/

<u>Inquiry</u>: *Nouzei-ka Nouzei-tantou*

PENAL REGULATION FOR THE CITY ORDINANCE EFFECTIVE FROM OCTOBER Prohibition of Littering Garbage and Leaving Dog Feces in Public Places Designation of The Public Non-Smoking Area

Starting on July 1st 2012, Hamura City has implemented a new municipal ordinance pertaining to the prohibition of littering garbage and leaving dog feces, and designation of the Public Non-smoking Area. (For details please see Hamura News English edition July 1st issue)

In addition, the penal regulation will take effect for this ordinance from October 1st(Mon) 2012. The offenders who refuse to comply with the ordinance may be subject to a city fine of ¥5000.

Your understanding and cooperation will be appreciated.

Inquiries: Kankyou Hozen-ka Kankyou Hozen-kakari

EXTENSION of THE PAYMENT PERIOD of NATIONAL PENSION PREMIUMS

Under the current National Pension Plan (*Kokumin Nenkin*) system, the late premium payment is accepted only within 2 years from the payment due month. However, staring from October 2012, a 3-year temporary measure will take effect for extending the period for accepting late payments. During this measure is in effect, the delinquent premiums can be back-paid up to 10 years. If you have any unpaid National Pension Premiums over-due more than 2 years, please take this chance to solve your delinquency. To make back-payments under the new system, a procedure is required at the Pension Office prior to making the payment.

*Current recipients of Old-age Basic Pension are not subject to the new back-payment system.

*Some people may not be eligible to make back-payments in accordance with the new system depending on his/her reason for delinquency or other conditions. For details, please contact the Pension Office.

Inquiry: National Pension Plan Information Center ☎0570-011-050

Ōme Nenkin Jimusho (Pension Office) ☎0428-30-3410

For basic information on National Pension, please refer to the Japan Pension Service Web Site (English)

→ http://www.nenkin.go.jp/n/www/english/index.jsp

CHILD MEDICAL CERTIFICATE RENEWAL

- 乳 医療証(Infant Medical Certificate) is for the "Medical Program for Babies and Preschool Children" that subsidizes the medical expenses charged for medical services covered by the National Health Insurance.
- 子 医療証(Child Medical Certificate) is for the "Medical Program for Children of Compulsory School Age" that subsidizes the hospitalization expenses (excluding meal costs), and restricts the upper limit of out-patient medical charge to ¥200 at each visit (including medicine and home-visit care).

These medical certificates are renewed annually on October 1st. The new certificates will be mailed to applicable households in the late September. The current certificates will expire on September 30th(Sun). After expiration, it must be returned to *Kosodate Shien-ka Shien-kakari* in city hall in person or by mail. Parents of the certificate holders are obligated to report to the city office on a fact concerning the change of medical insurance or loss of qualification for this medical program due to relocation or death.

- * \mathfrak{A} / \mathfrak{P} Medical Certificate is issued upon application. Please contact for more details.
- * To mail in the expired certificate, just write the city hall zipcode ∓ 205 -8601 and senders detail on an envelop Inquiries: Kosodate Shien-ka Shien-kakari

HOKEN (Public Health) CENTER ☎555-1111

< New-born Baby Care Class for Mothers and Fathers >

<u>Date & Time</u>: October 27th(Sat) ①10AM ~ Noon, ②2PM ~ 4PM <u>Capacity</u>: First 15 pairs (in each class)

<u>Place</u>: Hoken Center <u>Eligibility</u>: Expectant Mothers living in Hamura (her family can attend together)

<u>Things to bring</u>: Boshi Kenkou Techou (Maternal and Child Health Handbook), Chichioya(Father's) Handbook,

<u>Class Details</u>: How to bathe your baby, change diapers, make formula and more...

How to apply: Call or visit Hoken Center.

< Correction to the List of Polio Immunization Medical Facility >

On the Notification of Polio Immunization sent in August, there was a list of medical facilities where Polio Vaccination is available. Due to the clinic's circumstance, *Shiozawa Iin* (塩澤医院), originally included in the list, will no longer take appointments for Polio Vaccination. Please make an appointment with other medical facility in the list.

< Subsidy for Specific Fertility Treatment >

Hamura City provides subsidy to female residents who plan to receive high-cost Fertility Treatments, such as external fertilization and micro-fertilization. This subsidy is to partially support the whole treatment cost. To know more about this subsidy and applicant's qualification requirements, please consult Hoken Center. The amount of subsidy:

¥50,000/max. per treatment, up to 2 times a year (3 times in the first year), up 10 times in total

♦ MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS ♦

Date		Dental Clinic				
September	9am~5pm		5pm~10p	m	9am~5p	m
16 th (Sun)	Nishitama Byouin	554-0838	Fussashi Hoken Center	552-0099	Takada Shika Iin	555-5903
17 th (Mon)	Yanagida Iin	555-1800	Kurihara Iin (Mizuho-machi)	557-0100	Tsushima Shika Iin	579-1800
22 nd (Sat)	Futaba Clinic	570-1588	Ishihata Shinryoujo (Mizuho-machi)	557-0072	Nakano Shika Iin	554-7053
23 rd (Sun)	Yamakawa Iin	554-3111	Fussashi Hoken Center	552-0099	<i>Nozaki</i> <i>Shika</i> Clinic	555-3316
30 th (Sun)	Matsuda Iin	554-0358	Heijitsu Yakan Kyuukan Center	555-9999	<i>Hanenaka</i> <i>Shika</i> Clinic	554-2202

^{*}Inquiries for medical facilities or medical system: Tokyo Health & Medical Information Center "Himawari"

^{☎03-5285-8181,} in English, 9AM~8PM Daily http://www.himawari.metro.tokyo.jp/qq/qq13enmnlt.asp