

HAMURA NEWS

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HAMURA FLOWERS & WATER FESTIVAL 2014

March 27th (Thu) ~ April 27th (Sun)

See details on page 2~3 →

SEASONAL WALKING EVENT ~ Spring ~

Asukayama Park to Sugamo

This time the walking course starts from *Asukayama Park*. The course goes to the Old *Furukawa Garden*, *Somei Cemetery Park* and end at *Sugamo*. The course is about 5.5km walk.

After you arrive at the goal point, you can have a great time shopping at *Sugamo Jizoudouri Shoutengai*.

Date & Time: March 29th (Sat) 9AM ~ around Noon (The event will be held in light rain or shine)

Meeting Time and Place: 9AM ~ 9:15AM, at *Asukayama Park Tamokuteki Hiroba*.

*Closest station: ①Tokyo Metro *Namboku Line* *Ouji Station* No.1 Exit

②JR *Keihin Tohoku Line* *Ouji Station* Central Exit or South Exit

*Train Route (example): Take a train from *Ozaku Station* at 7:34AM, or *Hamura Station* at 7:37AM to *Haijima Station* (change to *Tokkai Special rapid train*) → *Yotsuya Station*(change to *Tokyo Metro Namboku Line*) → *Ouji Station* (¥880 from *Ozaku* or *Hamura*).

*Event staff will be at the gate of JR *Ozaku* and *Hamura* station

*Advance registration is not necessary. *Please be dressed suitable for walking.

Eligibility: Anyone who can walk the entire course (young children must be accompanied by an adult over age 16)

Fee: ¥300 (collected upon arrival, including insurance, not including transportation and lunch)

Things to bring: Mobile phone (if you have one), Drink, rain gear and copy of health insurance card

Contact Number on the event day: 080-4325-1295 (7AM ~ until the end of event)

Co-hosted by: *Hamura-shi Kyouiku Inkai*, *Hamura Sports Promotion Committee*

Inquiries: Sports Center ☎555-0033

Spring Walking Event " EKIKARA HIKING "

~ walk along *Sakura Kaidou*, and visit *Sake Brewers in Fussa* ~

In this course, participants will start out from *Hamura Station*, walk on the long *Sakura Promenade* along *Tama River*, visit *sake brewers* in *Fussa*, and enjoy hiking to *Haijima Station*.

Date & Time: April 4th(Fri) 9:30AM ~ *Advance registration is required to participate.

Hosted by: JR East Japan, *Utsukushii Tama River Forum*, *Hamura City*, *Fussa City*

Application / Inquiry: by April 1st(Tue) call the promotion office and apply for course no.03401

☎03-5719-3777

< Also enjoy "Fun Market" >

Hamura-shi Kankou Annaijyo, where the hiking course starts (*Hamura Station West Exit*), will open a morning market on the event day. *Hamura* local products, snacks and boxed lunch will be sold.

Inquiry: *Hamura-shi Shougyou Kyoudou Kumiai* ☎555-5421 / *Sangyou-ka Shoukou Kankou-kakari* Ext.658

HAMURA FLOWERS & WATER FESTIVAL 2014

March 27th (Thu) ~ April 27th (Sun)

Hosted by: Hamura City Tourism Association ☎555-9667

Sponsored by: Hamura City, Hamura City Society of Commerce and Industry, Embassy of the Kingdom of the Netherlands Agriculture, Nature, and Food Department

Co-sponsored by: Tama Cable Network Corporation, Kamera no Kitamura Co.,Ltd. Hamura Shop

Inquiries: Hamura-shi Kankou Kyoukai ☎555-9667, Sangyou-ka Shoukou Kankou-kakari ☎Ext.658

« SAKURA FESTIVAL »

Enjoy a walk or picnic under 200 blooming *Sakura* (cherry blossom) trees by *Hamura-Seki* (water intake sluice) and along the *Tamagawa Jousui* (water supply canal) in daylight and with night illumination!

Festival stalls of local souvenirs, hot meals, sweets, games and toys will all line up on the *Sakura* promenade!

Date: March 27th(Thu) ~ April 13th(Sun) Time: 10AM~8:30PM *Night Illumination is 6PM~9:30PM

Place: from The *Hamura* Sluice to *Sakura* tree-lined promenade along the *Tamagawa Jousui* canal.

❖ **Opening Ceremony** March 29th(Sat), 2PM~, In front of the Statue of *Tamagawa* Brothers

❖ **Taishogoto(Japanese Harp) Live Music**

March 30th(Sun), 10AM~, By the Statue of *Tamagawa* Brothers

❖ **Ashiyu (Foot Bath)** Fri. & Sat. & Sun. during *Sakura* Festival, 10AM~4PM

Foot bath booth will be located in the Promenade near *Hamura* Bridge

❖ **Free Entry to Hamura Zoo** April 6th(Sun), 9AM ~ 4:30PM

There is a 100-meter *Sakura* tree-lined promenade in the zoo!

❖ **Sakura Festival at Hino Motors Hamura Factory**

Date & Time: April 5th(Sat), 10AM~3PM Place: *Hino* Motors *Hamura* Factory

❖ **Spring Festival at Shrines in Hamura City**

Night Festival... April 12th(Sat), Main Festival... April 13th(Sun)

❖ **Japanese Floats "Dashi" Parade** April 12th(Sat) 3PM~, JR *Hamura* Station West Exit Rotary

❖ **Yakumo Shrine's Mikoshi River Crossing** April 13th(Sun), about 11AM~, near *Sekishita* Bridge

« TULIP FESTIVAL »

Come to the famous *Hamura* Tulip Field and enjoy 400,000 colorful tulips of 33 different varieties!!

Date & Time: April 10th(Thu) ~ 27th (Sun), 10AM~5PM

Place: *Negarami Mae Suiden* (the site turns to a rice paddy field after the tulip season)

❖ **Double Water Wheels on exhibit**

Tourism Association members have hand-made Double Water Wheels to demonstrate how they work!

Place: *Hane Yousuiro* (irrigation canal running on the river side of tulip field)

TULIP OWNERS WANTED!

Please join the ownership to support the *Hamura* Tulip Field for next year's festival.

During *Hamura* Flower & Water Festival, you can apply for the ownership at the Headquarter Tent.

Share Types & Co-sponsor Fee (per share): individual ¥500, group/corporate ¥10,000 Inquiry: Hamura Tourism Association(*Kankou Kyoukai*) ☎555-9667

VOLUNTEERS WANTED for HAMURA TOURISM ASSOCIATION

Hamura Tourism Association (*Kankou Kyoukai*) organizes various events, such as the "*Hamura* Flowers and Water Festival", "Flowers Contest", and "Tulips Ownership". If you are interested in participating in these events as a volunteer, please contact us!

Inquiry: *Kankou Kyoukai* ☎555-9667

HAMURA FLOWERS & WATER FESTIVAL 2014

◀ 2014 SPECIAL PROMOTIONS ▶

❖ Cross the Hamura Shusui Seki No.1 Watergate

You can walk across the top of Watergate structure on the following dates and time:
10AM~4PM on March 29th(Sat), 30th(Sun), April 5th(Sat), 6th(Sun), 12th(Sat) and 13th(Sun).
This special permission is arranged thanks to the cooperation by the Tokyo Bureau of Waterworks.
For visitors to be able to cross safely, please do not stop when crossing the Watergate.

❖ LIFriends(Band) and Hamurin Event

Date & Time: April 19th(Sat) 11AM~1PM

❖ Special Sale of Goods and Foods from Fukushima

Hurry, the sales will close as soon as items sell out for the day.

at Sakura Festival: April 5th(Sat), 6th(Sun), 10AM~

at Tulip Festival: 12th(Sat), 13th(Sun), 10AM~

❖ Koinobori(Carp Streamers) Swimming in the Sky!

Date & Time: April 19th(Sat), 20th(Sun) 10AM~5PM Place: *Miyanoshita Undou Kouen*

Hosted by: *Fussa Seinen Kaigisho*

◀ Transportation and Parking Information ▶

▶ Free Shuttle Bus will not be available for this year's festival

The shuttle bus service for the event is no longer available. Please use the community bus *Hamuran*.

▶ Let's use Community Bus Hamuran to get to the events!

During this festival, heavy traffic is expected around the event sites. If walking to the sites is difficult for you, please use community bus *Hamuran* to get to the festival sites. We appreciate your cooperation.

• To Sakura Festival, take *Hamura Nishi*(羽村西) Course and get off at *Hamurabashi*(羽村橋) bus stop.

• To Tulip Festival, take *Hamura Nishi* Course or *Ozaku*(小作) Course and get off at *Rinji*(臨時) bus stop.

**Hamuran* will not stop at *Ippouin*(一峰院) and *Iko-no-sato*(いこいの里) during Tulip Festival period.

Inquiry: *Bousai Anzen-ka Kotsuu Bouhan-kakari* ☎Ext.216

▶ JR 'Holiday Kaisoku Okutama' Express Train will make a stop at Hamura

The express trains will make a special stop at JR *Hamura* Station during the Flowers & Water festival. Saturdays and Sundays between March 29th ~ April 27th.

▶ Designated Event Parking ¥500/day (Site Maintenance & Service Charge)

for Tulip Festival... *Miyanoshita* Sports Ground Temporary Parking Site

for *Sakura* Festival... there will be two temporary parking sites near the festival site and promenade.

• Site1: under *Hamura Ohashi* Bridge(羽村大橋) down from *Okutama Kaidou* Road(奥多摩街道)

• Site2: near the Temporary Parking Site1. See the map on *Hamura News* Japanese Edition page 3.

*These parking sites may get fully occupied easily. Using bicycle or public transportation is recommended.

HAMURA FLOWERS AND WATER FESTIVAL PHOTO CONTEST 2014

Theme: any *sakura*, tulip or festival scenes taken during this year's festival period

Requirements: any print method except a domestic inkjet print-outs / cabinet up to quarto size

Awards: Best Award (1), 1st runner ups (3), *Nyuusen* prize (5), and *Kasaku* prize (10)

*For more information see *Kankou Kyoukai* website or brochure distributed at *Kankou Kyoukai* Office.

Inquiry: *Kankou Kyoukai* ☎555-9667

LET'S "ECO DRIVE"!

~ Friendly to the Earth and your wallet ~

Driving a car with attention to energy efficiency will not only reduce the exhaust emission, the major factor causing the air pollution and Global Warming, but you will also benefit on saving the gasoline cost!

Inquiry: *Kankyō Hozen-ka Kankyō Hozen-kakari* ☎Ext.226

<< Eco Drive Tips >>

- **Early lift-off from gas pedal**

Keep sufficient distance from the car ahead allowing yourself to use engine brake and soft pedal brake. It is safer to drive this way and more fuel-efficient.

- **Use air conditioner less often**

Make sure that your vehicle room does not get too hot / cold.

- **Soft acceleration, "Eco-Start"**

By stepping on the gas gently, you can save your fuel by 11%. Aim at 20km/ph in the starting 5 seconds.

- **Engine warm-up really necessary?**

Recently manufactured cars do not require pre-driving engine warm-up.

- **Use traffic information wisely**

Check traffic information and plan ahead to avoid the unnecessary loss of time and gasoline.

- **Drive with less luggage**

Do not carry unnecessary luggage. Keeping your vehicle light helps the better gas millage.

- **Avoid long idling**

Excessive idling wastes your money and is very bad for the planet.

- **Park at appropriate place**

Do not park your vehicle illegally – illegal parking can cause traffic jams and accidents.

- **Check your tires' air pressure**

Fuel efficiency lowers if the tire's air pressure is lower than the manufacturer's recommended level.

It is also important to maintain the tire condition for safe wheel control.

- **Driving with less acceleration and deceleration**

Make sure to keep enough distance between cars for smooth driving.

AUTOMOBILE TAX - Is your ownership registration updated?

Automobile Tax is levied on the registered owner or, in case of an installment sale, on the buyer of the vehicle, based on the ownership registration confirmed on April 1st. Please make sure to report the change of ownership when you cease possession of an automobile property in order to avoid an incorrect taxation.

Inquiries: Tokyo Bureau of Taxation Automobile Tax Call Center ☎03-3525-4066

HAMURA CITY GARBAGE COLLECTION CALENDAR FY2014

Along with *Hamura News* Japanese Edition March 15th Issue, a new *Hamura City Garbage Collection Calendar 2014* (資源収集カレンダー) was distributed to each household. Please make sure to follow the categorization rule. Thank you for your cooperation on waste reduction and resource recycling.

* Copies of *Hamura City Trash Recycling Manual* in English, Spanish, Tagalog, Chinese, Korean, Portuguese are available at city hall 2nd floor Counter 7 and online → <http://www.city.hamura.tokyo.jp/0000000462.html>

Please Note: the collection rule of mirrors has been changed since the issuance of the manual. Under the current regulation, mirrors (formally hazardous trash, 2007 edition page 20) must be now disposed as non-burnable waste (refer to the current manual page 18).

Inquiry: *Seikatsu Kankyō-ka Seikatsu Kankyō-kakari* ☎Ext.205

NATIONAL HEALTH INSURANCE (*Kokumin Kenkou Hoken*)

Is Your Registered Information Up-To-Date?

If any of the following cases apply to you that concern your registered details for National Health Insurance, please report to *Shimin-ka Hoken-kakari* at city hall 1st floor within 14 days from the occurrence of the case. Delayed report without any approved reason may result in a denial of insurance benefit for self-paid medical expense occurred prior to updating the registration details.

-- Your National Health Insurance Registration Detail need to be updated, If you ...

- change home address/your name/name of the householder
- move to or move out of *Hamura* City
- change home address due to schooling
- have a new child
- start/stop receiving Welfare Assistance
- subscribe to or withdraw from other health insurance
- lost or damaged your NHI card severely

* In case a death of an NHI policy holder, his/her family member must report of the death.

* In principal, a new NHI card is to be mailed to a holder. However, if you wish to obtain a new card at a counter service, please bring your official ID for identification.

Inquiries: *Shimin-ka Hoken-kakari* ☎Ext.128

COPAY RATE REVISION FOR NATIONAL HEALTH INSURANCE ELDERLY MEMBERS

The National Health Insurance copay rate for members at age 70 ~ 74 is 20% in the principal N.H.I. Act, however, the national government had implemented an exceptional measure according to which the half of patient-born medical fee is supported by the government, making the actual copay rate at 10% for the mentioned members.

Please be notified that a revision of this exceptional measure will take effect starting from FY2014. The exceptional measure will no longer apply to those members turning 70 years old after April 2nd 2014. Their N.H.I. copay rate will be 20%. The actual rate for those members turning 71, 72, 73, or 74 years old in FY2014 (with birthday after April 2nd) remain at 10%.

*Those at age 70~74 who have income at fulltime employment level are not subject to the elderly member program.

= National Health Insurance Elderly Member Card =

The plan to increase the National Health Insurance copay percentage for insured persons at age 70~74, from 10% to 20%, which was to take effect from April, will be postponed.

Therefore, new National Health Insurance Elderly Member Card (国民健康保険高齢受給者証) will be issued with validity from April 1st ~ July 31st 2014 and mailed to the insured persons. This is to cover the extended program period with 10% copay until the regular annual card renewal in August.

It is recommended to discard or return the current card to city hall *Hoken Nenkin-ka* immediately after April 1st in order to avoid mishandling new and old cards.

Inquiry: *Shimin-ka Hoken-kakari* ☎Ext.125

DONATE YOUR RETIRED FALSE TEETH

Hamura City is collecting used false teeth by placing collection boxes around the city. Collected false teeth will be processed for resource recycling by NPO organization *Nihon Ireba* Recycle Association. Part of the profit from recycling will be donated to *Hamura* City and UNICEF and used for various welfare purposes.

Collecting Item: False Teeth with metal parts Inquiry: *Shakai Fukushi-ka Shomu-kakari* ☎Ext.116

How to donate: ①Clean false teeth and sanitize with boiling water or cleansing solution ②After cleaned wrap with thick paper such as newspapers, then put it in a plastic bag ③Deposit the bag into collection box

Box Locations: City Hall 1st floor lobby, *Hoken Center*, *Iko-no Sato*, and *Fukushi Center*

HAMURA CITY'S RESPONSE TO SNOWSTORM DAMAGES

The recent snowstorms we experienced on February 8th(Sat) and 14th(Fri) left behind the record-setting snow accumulation in two weeks in-a-row in *Hamura* City and in most of the Kanto Region.

The city administration would like to deeply thank local residents and workers for voluntarily clearing the snow on roads and streets forthwith.

Upon receiving the snow storm warning *Hamura* City started the snow-dealing operation such as sprinkling anti-icing agent (calcium chloride) prior to snow accumulation. Then with the continued snowfall, plowing operations employing heavy machineries and men power also started with priority on the main roads, steep streets, sidewalks around train stations and around the city facilities.

Despite such efforts, we received reports on the morning after the snowstorms that most roads and streets were covered with snow in extraordinary depth which made the vehicle transportation nearly dysfunctional everywhere in *Hamura* City and near-by areas. It heavily affected the public transportation system as well, and forced many public events scheduled on the day to be cancelled.

According to the *Fussa* police reports of February 8th(Sat) through 16th(Sun), there were 3 injury or death cases, 30 cases of property damage in traffic accidents, *Hanekami* Underpass was closed, and some roads closed due to fallen trees. There were some areas out of power, and damages to public facility buildings. Especially serious damages were the large number of collapse of greenhouses and carports.

Based on these experiences, *Hamura* City is working on reinforcing the disaster prevention and response measures for heavy snowfall, in cooperation with public agencies and local enterprises. The reinforced measure is to also include better information distribution system of snow disaster warning.

Inquiry: *Kikikanri-ka Kikikanri-kakari* Ext.217

Certificate Of Property Damages Caused By Heavy Snow

If you had a serious property damage caused by heavy snow, you can apply to obtain a damage certificate issued by the city. For details please contact the respective office in city hall.

- regarding a damage on residential building – *Kazei-ka Shisanzei-kakari* ☎Ext.158
- regarding a damage on household effects – *Bousai Anzen-ka Bousai-kakari* ☎Ext.207

Reduction/Exemption Of Oversize Trash Disposal Fee

There is a fee reduction/exemption system provided for residents who need to dispose of large trash due to the snow damage. For details please contact *Seikatsu Kankyou-ka Seikatsu Kankyou-kakari* ☎Ext.205

SPORTS CENTER TRAINING ROOM PROGRAMS

Training Room Hours: 9AM~9:45PM (no entrance after 9PM)

Usage Fee: *Hamura* Residents & Workers... Adults ¥100, Junior High Students ¥50

Others... Adults ¥150, Junior High Students ¥70

*Junior high students are only allowed to participate in training room programs and to use the studio. They must be accompanied in the facility by someone over age 16 after 7PM.

-- You are required to purchase a ticket when participating in a program, using the studio or using the gym.

-- Please purchase a ticket first, change into your exercise clothes, then attend your class.

-- Please bring indoor shoes. You are not allowed to enter the exercise rooms without them.

Inquiry: *Hamura-shi Taiiku Kyoukai* ☎555-1698

FY2014 Training Room Programs

Day	Morning		Afternoon	Night
Tuesday	Beginners' Aerobics 9:45~10:45AM Capacity: First 70 ★☆☆☆☆	Aerobics 2 11~Noon Capacity : First 60 ★★★★☆	---	Step Circuit 7~8PM Capacity: First 30 ★★★★☆
Wednesday	Healthy Exercise 10~11:20AM Capacity: not limited ★☆☆☆☆		Step Exercise 1 2~3PM Capacity: First 30 ★★★★☆	Aerobics 1 7~8PM Capacity : First 60 ★★★★☆
Thursday	Beginners' Step & Shape 9:45~10:45AM Capacity: First 30 ★☆☆☆☆	Step Exercise 2 11~Noon Capacity : First 25 ★★★★☆	---	---
Friday	Healthy Exercise 10~11:20AM Capacity: not limited ★☆☆☆☆		---	---
Saturday	Beginners' Aerobics 9:45~10:45AM Capacity: First 70 ★☆☆☆☆	Aerobics 1 11AM~Noon Capacity : First 60 ★★★★☆	Aerobics 2 2~3PM Capacity : First 60 ★★★★☆	---
Sunday	Healthy Exercise 10~11:20AM Capacity: not limited ★☆☆☆☆		Aerobics 3 2~3PM Capacity : First 60 ★★★★★	---

Number of ★ shows the level of exercise (the more ★ the harder).

*For accident prevention, you cannot join a program later than 5 minutes after the start.

*On Tuesday, Thursday, and Saturday, you cannot participate in 2 classes in the same morning.

HEALTHY COOKING CLASS

~ Tips for losing weight without skipping meals ~

Join to learn recipes for maintaining healthy diet for losing the excess weight!

Date & Time: April 11th(Fri) 9:30AM ~ 0:30PM Place: *Hoken* Center Capacity: First 30 people

Fee: ¥300 Things to bring: Head cloth, Apron, Writing material, *Kenkou Techou* (if you own one)

* Those who wish to measure the salt content of their home made *miso* soup may bring 50ml of it

How to apply: Starting March 17th(Fri), call or visit *Hoken* Center. ☎Ext.625

SWIMMING CENTER ☎573-3210

< One day Renkou Class at Hamura Water Park >

Chance to try "Renkou" exercise. The slow exercise will make your heart and body heal.

Date & Time: March 23rd(Sun)10:30AM~11:30AM(in case of rain, delayed to March 30th(Sun)) Place: Hamura Water Park, *Shinsui* Park Eligibility: over 16 years old Capacity: first 30 people Admission: ¥500(please pay on the event day) Things to bring: Drink, towel, exercise outfit, admission fee
Application: During March 15th(Sat) ~ 22nd(Sat) fill in the application form given at the swimming center and fax or bring it to the Swimming Center Fax:579-3212

< Aquabics (In-Water Aerobics) >

Can't swim? Don't worry. Let's have fun exercising in the water!

Date & Time: Every Thursday between April 10th and May 29th, 3PM~3:50PM

Eligibility: Anyone 16 years old and older Capacity: First 35 people

Fee: *Hamura* residents & workers ¥400, Others ¥600 (Insurance & admission fee are included)

Items to bring: Swimsuit, swimming cap, and towel Instructor: *Hamura-shi Taiiku Kyoukai* Sports Trainer

How to attend: Please come to the Swimming Pool Front Desk between 1:50PM ~ 2:50PM on the class day.

HAMURA WELFARE CHARITY GOLF TOURNAMENT

Date: May 16th(Fri) Place: *Tachikawa Kokusai* Country Club

Capacity: First 240 applicants Charity Holes: 2 holes per course

Fees: ① Entry Fee: ¥2,000 / player *A golfcar must be used on every course.

Fees: ② Play Fee: Visitor's fee... *Kusabana* Course ¥15,340, *Okutama* Course ¥13,910

Member's fee... *Kusabana* Course ¥10,480, *Okutama* Course ¥10,480

Okutama Tomono-kai member's fee... ¥11,430 *Okutama* Course only

*Entry Fee is Not refundable if cancelling after April 18th(Fri), or if the tournament is rained out.

*Those 70 years old or older are exempt from the golf course utilization tax with presentation of ID.

How to apply: Submit an entry sheet to *Fukushi* Center during March 17th(Mon) ~ April 18th(Fri)(except weekends and national holiday), 9AM ~ 4:30PM. The entry sheet is available at *Fukushi* Center, Commerce and Industry Hall, financial institutions in *Hamura*, and local golf practice facilities.

Hosted by: The 17th *Hamura Shimin Fukushi* Charity Golf Tournament Committee

Contact: *Jikkou Iinkai* Office ☎554-0304

KYODOU HAKUBUTSUKAN (FOLK MUSEUM) ☎558-2561

< Hamura's Memories ~ Photos from Old and New Times ~ >

Photo records of *Hamura*(past times and present) will be exhibited.

Date & Time: March 29th(Sat)~June 29th(Sun)9AM~6PM Place: *Kikakuten* Corner, Orientation Hall

Admission: Free *Museum will closed at 5PM on March 29th & 30th May 5th(Mon) will be open.

HAMURA ZOO ☎579-4041

< Serval Kittens >

The serval is an African wild cat with slender body, long legs, fairly short tail, and black-spotted fur in color ranging from sand to caramel. There is a family of serval cats in *Hamura* Zoo with two kittens who were born on November 9th last year. The now four-month old cute kitten sisters are growing healthy and very playful, ready to be in the outdoor exhibit cage. Don't miss this rare chance to see serval kittens closely!

GO! TAMA RANGERS!

Welcome Child Participants & Volunteer Instructors

"Tama Ranger" is an interactive-education program in which the parents and volunteer instructors support children in learning the *Tama* region environment and history, designed to foster their love for home town. For this time the participants will try planting potatoes and making smoked local agriculture products.

Date & Time: March 29th(Sat), 10AM ~ 4PM *in case of rained, postponed to March 30th.

Place: Yugimura Farm (located in *Horinouchi, Hachiouji City*) Meet at: Keio Line *Horinouchi Station*.

Eligibility: Participants... elementary/junior high school students, Volunteer... high school/college students
*Those younger than 1st grade but would like to participate, please call.

Capacity: Participants... 30 people, Volunteer...30 people Participant's Fee: ¥500 for one, ¥700 for family

How to apply: Provide your name, home address, phone number, grade, and school name, then email to Network *Tama Office*; ☎042-591-8540 Email – info.hello.n.g.i@gmail.com

Let's Join! "FUSSA SHOUBOU SHOUNENDAN"

Fussa Shoubou Shounendan (Fire Prevention Team of Young boys & Girls) is seeking new members who are willing to participate in various community activities! The members normally participate in several types of activities once or twice a month, such as fire prevention, learning CPR, as well as participating in festival parades playing musical instruments, and visiting senior citizen's homes. Team members also go camping and have a Christmas party! You can apply to become a member anytime, all year around!

Eligibility: 3rd ~ 9th graders living in *Hamura, Fussa, or Mizuho*.

How to Apply & Inquiry: Call or visit *Fussa Fire Department Bousai Anzen Kakari* ☎552-0119 Ext.320

FAMILY SUPPORT CENTER

Support Members and Service Users Welcome!

Family Support Center is a local membership organization where members help each other by supporting parental care. Beneficiary members can use the support service for baby-sitting and picking up children from a school/care center. Supporting members, who wish to contribute to the community by helping busy parents, can become a temporary child care taker within their availability.

Currently we are accepting new member applications. Please feel free to inquire about the membership.

Eligibility: Beneficiary Member... parents of child(ren) at age 6 months up to 3rd grade,

Supporting Member... those who are age 18 years or older with good health and spirits

Fees: Mon.~Sat. 9AM~5PM... ¥700/hour, Other time frame...¥850/hour, Sunday & Holiday... ¥850/hour

Application / Inquiry: Call or visit Family Support Center ☎554-0304 within *Shakai Fukushi Kyougikai*.

*In case of a sudden need of temporary childcare service, please consult *Kodomo Katei Shien Center* ☎578-2882.

ALL CHILDREN CENTERS

< Application for "KiraKira Hiroba" starts soon >

KiraKira Hiroba is a children's activity group for infants under preschool/kindergarten age.

Activity Period: May ~ February 2015

Place & Schedule: East (*Higashi*) Children Center... Every Tuesday, 10:30AM ~ 11:30AM

Central (*Chuuou*) Children Center... Every Tuesday, 10:30AM ~ 11:30AM

West (*Nishi*) Children Center... Every Friday, 10:30AM ~ 11:30AM

Eligibility: Children 2 years old up to before preschool/kindergarten and Parents

Capacity: 20 pairs (will be selected by open drawing)

Fee: ¥5,000 (Annual) Brochure will be given out from March 14th(Fri)9AM at each Children Center

Application: Visit your desired Children Center during April 1st(Tue)9AM ~ 14th(Mon)noon *Apply to only one center. *Application is not accepted by phone.

Schedule for Open Drawing & Briefing:

Central Children Center and East Children Center ...April 22nd(Tue) / West Children Center...April 18th(Fri)

*The drawing starts at 10:30AM. *You can also sign up on the waiting list.

Inquiry: East (*Higashi*) Children Center ☎570-7751 Central (*Chuuou*) Children Center ☎554-4552

West (*Nishi*) Children Center ☎554-7578

< **Childbirth Preparation Class for Parents** >

Date & Time: April 19th(Sat), ①10AM ~ Noon ②2PM ~ 4PM Place: *Hoken Center*

Eligibility: Expectant mothers living in *Hamura* (and a family member) Capacity: First 15 pairs

Class Detail: How to bathe a baby, change diapers, make formula and etc.

Things to bring: *Boshi Kenkou Techou* (Maternal and Child Health Handbook), Father's Handbook,

Kosodate Ouen Handbook How to apply: Call or visit *Hoken Center* ☎Ext. 626

< **Hamura City Health and Medical Program Calendar FY2014** >

Along with *Hamura News Japanese Edition* March 15th Issue, this year's Health and Medical Program Calendar (保健衛生事業日程表 - 乳幼児版 for children, 成人版 for adults) was distributed. You can check your health check-up schedule with it, and when your child(ren) can have certain immunizations with support of public subsidy, etc.

Inquiry: *Hoken Center* ☎Ext.624

◆ **MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS** ◆

Date	Hospital / Clinic				Dental Clinic	
	9am~5pm		5pm~10pm		9am~5pm	
16 th (Sun)	<i>Hamura Sougo Shinryoujo</i>	554-5420	<i>Fussa-shi Hoken Center</i>	552-0099	<i>Kaneko Dental Clinic</i>	554-1503
21 st (Fri)	<i>Yamakawa Iin</i>	554-3111	<i>Ishihata Shinryoujo (Mizuho-machi)</i>	557-0072	<i>Kusaka Shika</i>	555-7793
23 rd (Sat)	<i>Futaba Clinic</i>	570-1588	<i>Fussa-shi Hoken Center</i>	552-0099	<i>Takada Shika Iin</i>	555-5903
30 th (Sun)	<i>Ozaku Ekimae Clinic</i>	578-0161	<i>Heijitsu Yakan Kyuukan Center</i>	555-9999	<i>Tsushima Shika Iin</i>	579-1800