

HAMURA NEWS

Published by: *Hamura City*

June 1st, 2014

Edited by: *Kouhou Kouchou-ka* (Public Information & Public Opinion Section)

5-2-1 *Midorigaoka*, *Hamura City*, Tokyo 〒205-8601 ☎042-555-1111

Hamura City Official Website = <http://www.city.hamura.tokyo.jp> E-mail:s102000@city.hamura.tokyo.jp

Hamura News Back Numbers = <http://www.city.hamura.tokyo.jp/category/2-4-1-7-1.html>

< Rice Farming Workshop ~ Picking Rice Seedlings & Rice Planting ~ >

This is a great opportunity to experience rice farming. Reservation is not required. Everyone is welcome!
You will also get to harvest and thrash these rice in October.

Date & Time: Picking Seedlings - June 7th(Sat) 8:30AM~, Rice Planting - June 8th(Sun) 8:30AM~

Place: *Negarami Mae Suiden (Hanenaka 4 Choume)* Fee: Free *The event will be held in rain or shine.

Eligibility: Elementary & Junior high school students Contact: *Jidou Seishounen-kakari* – city hall ext.264

*Please be prepared for working in mud field. *Parking spaces are limited.

< Hotaru (Firefly) Watching >

Hamura Hotaru Kenkyuukai (Hamura Firefly Study Group) is breeding fireflies every year at Firefly Nursing Field upon *Hamura City*'s request. From the end of June into early July, you can observe the fireflies flying around Tama river bank in *Hamura City*. Let's enjoy the fantastic view of firefly lights!

*Please do not capture the fireflies around the breeding site! The breeding project has given great effort to protect and increase the firefly population. Please respect the rules when coming to watch these fireflies.

Date & Time: June 21st(Sat), 7:30PM~ Meeting Place: Front Entrance of "Ikoi-no Sato"

Guided by: *Hamura Hotaru Kenkyuukai* Contact: *Kankyou Hozen-kakari* – city hall ext.226

*No reservation needed. *Parking spaces are limited.

< Consumers' Workshop ~ Making a Food Compost with Card Board Box ~ >

Food waste can be greatly reduced and recycled by composting them. *Hamura City* is encouraging residents to participate in the monitoring program of recycling food waste using a composter made of card board box. If you are interested in becoming a monitor, or simply interested in waste reduction effort, please join this workshop to learn how to make a card board composter, as well as how to use different types of composters.

Date & Time: June 21st(Sat) 10AM~11:30AM Place: *Yutorogi 2nd Fl. Kouza-shitsu 1A* Fee: Free

Eligibility: *Hamura* residents Capacity: First 20 applicants *Please bring writing materials

Detail: How to make and use a composter using card board box. (Participants can bring home what they make) / Guidance of the city subsidy for purchasing a food waste composter.

Application & Inquiry: Call or visit *Seikatsu Kankyou-kakari* at city hall ext.204 before June 12th(Thu).

= CONTACT NUMBERS for the contents in this issue =

Hamura City Hall (Shiyakusho) ☎555-1111, *Library (Toshokan)* ☎554-2280, *Ikoi no Sato* ☎578-0678,
Yutorogi Lifelong Learning Center (Shougai Gakushuu Center) ☎570-0707, *Freshland Nishitama* ☎570-2626,
Swimming Center ☎555-3210, *East Children Center (Higashi Jidoukan)* ☎570-7751, *West Children Center (Nishi Jidoukan)* ☎554-7578, *Central Children Center (Chuuou Jidoukan)* ☎554-4552, *Children and Family Support Center (Kodomo Katei Shien Center)* ☎578-2882, *Hamura-shi Shoukoukai* ☎555-6211
Nishitama Sanitary Association Environment Management Center (Nishitama Eisei Kumiai) ☎554-2409
Tokyo Metropolitan Special Needs Education Hamura School (Toritu Hamura Tokubetsu Shien Gakkou) ☎554-0829

CLASSES & EVENTS

~ CULTURE & COMMUNITY ~

< The 39th Hamura Summer Festival ☆ Participants Wanted ! >

Date & Time: July 26th(Sat) & 27th(Sun), 3PM~8:30PM 2014 Event Theme: "39 (Thank you)"

Place: JR Hamura Station West Rotary & East Rotary, and extended shopping area on the east side.

*The event will be cancelled/rescheduled in case of adverse weather.

Hosted by: The 39th Hamura Summer Festival Executive Committee

For more details: Contact the 39th Hamura Summer Festival Executive Committee formed by these offices;

- Sangyou-ka Shoukou Kankou-kakari – city hall ext.658 e-mail: s206000@city.hamura.tokyo.jp

- Hamura-shi Shoukoukai ☎555-6211

◆ "Nimba Odori" Dance on July 26th(Sat) Participants Wanted!

Nimba Odori is a slow-rhythm Japanese folk dance that large number of dancers can join together.

Participating groups will dance in their matching *Yukata*, *Hanten*, or any original costumes!

Eligibility: Groups of 5 people or more. Each group needs be authorized by the event executive committee.

◆ Performers wanted for the Sub-Stage

A Stage Truck will be set at the Festival. Dancers, musicians, and other entertainers are welcome!

Eligibility: Individuals or groups who are authorized by the event executive committee and willing to give pro bono stage performances. *If there are too many applicants, performers will be selected by lottery.

◆ Event Volunteer Staff Wanted

Feel free to participate on either or both festival dates. Let's make our Festival together!

Eligibility: Anyone who wishes to volunteer What to do: Guide people, cleaning, help with programs.

◇ How to apply to the listings above

Submit a completed registration form via email or bring to city hall *Sangyou-ka* in city hall *Nishi Bunshitsu* building 2nd floor by June 13th(Fri), 5PM. Application forms are available at *Sangyou-ka*, and on *Hamura* City Official Website for download.

◎ Sales Booth Registration

Eligibility: Members of *Hamurashi Shoukoukai*, or public organizations that have been active in *Hamura*

*Some public organizations may be required to turn in a form of operation history.

How to Register: Submit a registration form (available at *Shoukoukai*), requested documents and fee to *Shoukoukai* in person before June 13th(Fri), 5PM.

* The guideline handbook will be given along with an application form. Please read it carefully before applying.

* Based on Public Health Center Guideline, food sellers must provide their food supplier information on a Temporary Business Registration Form. Food products need be issued a permission by the *Hokenjo* in advance.

< Gender Equality Promotion Event - Presentation & Workshop >

~ Supporting in the long road of Disaster Recovery ~

A civil group "Ishinomaki Revival Support Network" was organized in the post disaster *Miyagi* prefecture under woman leadership. The group has been working to support the recovery and revival of the disaster hit *Ishinomaki* and its' people, sharing the standing ground with the victims and providing carefully planned support system with sensitivity derived from woman's point-of-view. Ms. *Yoshie Kaneko*, the representative director of the organization, will talk about the impact of women initiatives, and lead a workshop.

Date & Time: June 18th(Wed) 7PM ~ 9PM Place: *Yutorogi* Reception Hall Admission: Free

Eligibility: *Hamura* residents, workers and students of schools in *Hamura* Capacity: first 100 people

Application: Accepted until June 13th(Fri) via phone, fax or email. Provide your address, name and contact number to city hall *Kikakuseisaku-tantou* ☎ext.315, fax:554-2921, Email: s101000@city.hamura.tokyo.jp

Child Care Service: Available by appointment and with ¥50 fee for 5 children at ages 18 months ~ preschool. For child care service, please make an appointment through *Kikakuseisaku-tantou* by June 4th(Fri).

< Comprehensive Flood-Fighting Drill >

~ Join Operation by Hamura City & Tokyo Fire Department 9th Fire District Headquarters

This is a great opportunity to learn about the basics and techniques of flood prevention and response. Join us!

Date & Time: June 15th(Sun), 9:30AM~11:30AM Place: *Miyanoshita Undou Kouen* (Sports Ground)

Drill Program: Demonstration of flood defense methods, rescue drill using helicopter, special vehicles, etc.

Inquiry: *Bousai Anzen-ka Bousai-kakari* – city hall ext.207 *No reservation required.

< Carved Wooden Masks Exhibition >

Works by the members of *Hamura-shi Ryokuchou-kai* will be exhibited at Freshland *Nishitama*.

Date: June 3rd(Tue) ~ July 6th(Sun)

< Recreation Gathering For Elderly Residents >

Date & Time: June 13th(Fri), 1:30PM ~ 4:30PM Place: Sports Center Hall 1 *Please bring indoor shoes.

Eligibility: Hamura residents at age 60 or older Reservation: *Kourei Fukushi-kakari* - city hall ext.177

< Sign Up for Culture Courses and Fun-Up a Senior Life! >

Having hobbies is one of the keys to the healthy long life. Through these classes enjoy finding and developing your hobby, and let's make some friends! *All classes are beginner class except for Social Dance and Magic.

Class Term: Immediate ~ March 2015 Course Fee: Free *Each student must pay for class materials.

Place: *Iko no Sato* Eligibility: Hamura Residents who are at age 60 or older as of June 1, 2014

Application: Visit *Iko no Sato* between June 2nd(Mon) ~ 10th(Tue), 9AM~4PM. *Apply for 1 class only.

*If there are vacancies in class capacity after the 10th, application will remain open.

Class Name	Date & Time	Capacity	Instructor
Japanese Pottery	Every 1 st and 3 rd Wednesday 10AM ~ Noon	5	<i>Kouichirou Sugihara</i>
<i>Taishou Koto</i> (Japanese Harp)	Every 1 st and 3 rd Thursday 9:30AM ~ Noon	10	<i>Sueko Tanaka</i>
Social Dance ◎	Every 2 nd and 4 th Friday 10AM ~ Noon	7	<i>Hidejiro Watanabe</i>
Magic ◎	Every 2 nd Friday, 1PM ~ 3:30PM	19	
<i>Shigin with Shinpuu School</i> ◎ (recitation of Chinese poem)	Every 2 nd and 4 th Wednesday 10AM ~ Noon	14	<i>Seifuu Ichino</i>
<i>Shigin</i> ◎ (recitation of Chinese poem)	Every 1 st and 3 rd Thursday 1:30PM ~ 3:30PM	16	<i>Michihiro Isogai</i>
Camera ◎ (Digital Device)	Every 2 nd and 4 th Thursday 10AM ~ Noon	13	<i>Tsukasa Yaita</i>
<i>Hyakunin Isshu</i> ◎ (traditional Japanese cards of 100 poems)	Every 2 nd and 4 th Wednesday 10AM ~ Noon	11	<i>Akiko Hara</i>

◎---These are volunteer classes. People who has special knowledge, skills or experience teaches a class for free as a volunteer to help the community.

< Library : Temporary Closure for Collection Inspection >

Main library, *Ozakudai* library, and other branch libraries will be closed during the collection inspection.

Closure Period: June 16th(Mon) ~ 26th(Thu)

*During this period, please use Book Posts for returning books.

*To return any Audio-Visual materials, please return them at counters after June 27th(Fri).

*Due to this closure, the rent-out period will be temporarily changed.

*Magazines scheduled to become available for rent during the closure period can be rented from June 14th.

< TV Hamura in June >

TV *Hamura's* 30-minute program is broadcasted daily on Tama Cable Network (digital channel 055). New program is released on every Thursday. The daily program times are ①9AM~ ②5PM~ ③9PM~. On Saturdays it is also broadcasted on digital ch.101 at ①1:30PM~ ②5PM~ ③9PM~.

* Recent past programs can be viewed online → <http://www.city.hamura.tokyo.jp/category/2-4-3-6-2.html>

This Month's Special Program: "**Ohtama B-Class Gourmet Fair**" and "**Symbol Tree Reuse Project**"

Inquiries: *Kouhou Kouchou-ka Kouhou-kakari* – city hall ext.505

~ SPORTS & EXERCISE ~

< Belly Shape Dance >

How about dancing with music, moving your shoulders, hip and belly, especially around your pelvis and improve the circulation of the blood. Makes your body fit and prevents from storing visceral fat.

Day & Time: Every Friday 9:30AM~10:30PM (closed on holidays) Place: Swimming Center *Kaigi-shitsu 2*

Capacity: first 20 people Fee: ¥800 per lesson Items to bring: exercise wear, drinks, towel

Things to bring: Exercise wear, drink, towel Application: Come directly to Sauna Reception Desk 2nd floor

< Aroma Therapy Yoga Exercise Class >

Come and join the Yoga class filled with the scent of Aroma. The nice scent not only helps you relax, but also has good influence on hormonal balance and immune system!

Day & Time: Every Tuesday 9:30AM ~ 10:30AM / Every Friday 11AM ~ noon (closed on holidays)

Place: Swimming Center *Kaigi-shitsu 2* Capacity: first 20 people Fee: ¥800

Things to bring: Exercise wear, drink, towel Application: Come directly to Sauna Reception Desk 2nd floor

< Skill-Up Swimming Lesson for Adults and Children >

Date: Every Thursday Time: Adult Class 4PM~4:50PM, Kids Class 5PM~5:50PM *No reservation needed.

Fee: ¥500 (Admission & Insurance included) and ¥100 for locker usage (returned after use).

Eligibility: Adult Class... age 16 or older, Kids Class... Elementary & Junior High School Students

*Elementary School students need to be accompanied by an adult

Things to bring: Swim wear and cap, goggles, towel

~ CHILDREN & PARENTS ~

< Youth Chorus Members Wanted for The Children's International Exchange Music Festa >

We are now accepting applications for chorus members to perform at the Children's International Exchange Music Festa on October 13th(Mon) at *Yutorogi* in *Hamura City*. This is a wonderful opportunity to sing to the accompaniment of Vienna Philensemble and a pianist *Emu Sada*. After the chorus performance, you will also enjoy the live Viennese classic music. Don't worry, chorus experience is not required!

Eligibility: *Hamura* resident junior high students ~ 18 year olds who can participate in rehearsals and show

Capacity: About 100 chosen from applicants from *Hamura City*, *Hinohara Village* and *Okutama Town*.

Fee: Free Songs: Japanese song and foreign song. Total of 3 songs (not yet selected) to be performed.

Training: About 10 times from mid June to early October, mostly on Sundays, 2PM~5PM, at *Yutorogi*.

Application & Inquiry: Please file an application before June 15th(Sun) to *Yutorogi*. The form is available at junior high schools, at *Yutorogi* and on web for download.

◆ Young Musicians wanted for the Welcome Performance

Eligibility: Musicians at age 30 or younger who is currently living / working, or was formerly living *Hamura*.

Application Deadline: June 20th(Fri) *The welcome performance is to be given as an ensemble.

< Youth Eco-Study Tour in Hachijou-jima Island ~ 3 nights & 4 days! ~ >

Let's learn about the nature and impact of human activities to our environment through this great study tour!

Eligibility: Hamura resident students in 6th ~ high school 3rd grade who meet the following requirements

- ① Those in sound health condition and willing to participate in outdoor activities
- ② Those who can participate in all events that are part of this program
- ③ Those who wish to make good use of the experiences and knowledge learned in this tour in future activities

Capacity: 20 kids (in case applicants number exceeds the capacity, participants will be selected by lottery)

Fee: ¥15,000 (If the trip is extended due to bad weather, this fee may increase)

How to Apply & Inquiry: Between June 2nd(Mon) ~ 25th(Wed), fill in an application form attached with your photo and mail or bring it to city hall *Kankyō Hozen-ka Kankyō Hozen-kakari*, 〒205-8601 (Address indication is not needed). The form is available at local schools, city hall and *Hamura City Official Website*.

Program Schedule	
Date	Detail
July 1 st (Tue), 2 nd (Wed)	Program briefing for participating children and their parents
July 5 th (Sat) 9:45AM~	Pre-tour training ~ bamboo charcoal making workshop ~
July 29 th (Tue) 5:45PM	Meet at city hall → Tour depart on a bus to <i>Takeshiba Sanbashi</i> Ferry Terminal → depart on a ferry boat to <i>Hachijou-jima</i> island (spend a night on board)
July 30 th (Wed)	Environment conservation activity (beach clean-up), Geothermal study workshop
July 31 st (Thu)	Scuba diving class, Bicycle touring
August 1 st (Fri)	Cooking with local harvests, Boat-snorkeling, workshop with local students
August 2 nd (Sat)	Leave the island on a ferry boat to <i>Takeshiba Sanbashi</i> Ferry Terminal → bus to <i>Hamura</i> city hall → the tour will be dismissed at city hall at about 10:50PM
August ~ October	Post-tour study meetings (several environmental workshops are planned)
October	Presentation of tour reports and workshop experiences
March 2015	Energy Reuse and Conservation Workshop (provisional title)

* The schedule may be changed in case of adverse weather.

* For more detail, please contact *Kankyō Hozen-ka Kankyō Hozen-kakari* – city hall ext.226.

< Kids' Summer Camp 2014 in Ōshima Island >

Program (provisional):

- Opening Ceremony & Make-Friends Gathering ... July 27th(Sun)
- Trip to *Izu-Oshima* ... August 6th(Wed) ~ 10th(Sun) (4 nights & 5 days, including one night on board),
Program on the island includes climbing Mt. *Mihara*, playing at the beach and nature conservation activity
- After-Event Meeting ... August 21st(Thu)

Eligibility: 5th ~ 9th graders in *Hamura*, who are able to participate in all scheduled events, and willing to take a leadership in local community activities in the future.

Capacity: 35 boys & 35 girls (If there are too many applicants, the members will be chosen by lottery)

Fee: ¥10,000 (If the trip is extended due to bad weather, this fee may increase)

*Please pay the fee at the Briefing for Parents scheduled in July.

How to Apply: Please file an application by June 18th(Wed) to *Jidou Seishounen-ka* - city hall ext.264.

The application form is available at Elementary Schools and Junior High Schools, *Jidou Seishounen-ka* at City Hall 2nd Floor, and at the *Hamura City Official Website* for download.

*Note: You may participate in either study tour or summer camp, but cannot participate in both tours.

< Family Library Tour >

This is a great opportunity to learn about the Library function and archiving system!

Date & Time: June 21st(Sat), 2PM ~ 4PM Place: Library Fee: Free

Eligibility: Elementary school students and parents Capacity: First 15 pairs (total of 30 people)

How to apply: Starting June 1st(Sun) 10AM, call or visit Library.

< Home Cooking Class ~ Fruits Parfait ~ >

Date & Time: June 7th(Sat), 10AM~11:30AM Place: East Children Center

Eligibility: Elementary school students in *Hamura* up to 18 years old Capacity: First 20 applicants

Fee: ¥90 (Ingredient fee) Items to bring: Indoor shoes, apron, head cloth, hand towel, drink (tea) and fee

How to apply: June 1st(Sun) ~ 6th(Fri), 9AM~5PM, Call or visit the Center

< Hand-made Toy Workshop ~ Woodpecker ~ >

Date & Time: June 14th(Sat), ①10AM~ ②1PM~ Place: West Children Center *No reservation required

Fee: Free Eligibility: Preschool children (must be accompanied by an adult) up to 6th graders

< Day-time Moon Observation >

Date & Time: June 4th(Wed), 4PM ~ 4:30PM Place: Central Children Center *No reservation required.

Fee: Free Eligibility: Elementary School Students ~ 18 years old

< Astronomical Observation with Family >

Date & Time: June 4th(Wed), 8PM ~ 9PM Place: Central Children Center *No reservation required.

Fee: Free Eligibility: Elementary School Students ~ 18 years old

*Junior High School students or younger children must be accompanied by an adult.

*Observation events will be change to an astronomy lecture in case of rain or cloudy sky.

< Movie Screening for Children >

Date & Time: June 8th(Sun) 10:30AM~11:30AM Place: *Yutorgi* *No reservation required.

Admission: Free Program: 3 titles scheduled Supported by: *Hamura Eiga* Club

< Coloring Contest in East Children Center >

Color a provided illustration as you like and enter it for the contest! *Limited for elementary school children.

Entry Period: Wednesday or weekends between June 1st(Sun) ~11th(Wed)

Voting Period: June 16th(Mon) ~ 22nd(Sun) Result Announcement: June 25th(Wed)

< Story Telling for Children >

Voiced reading of children's stories from picture books and picture panel shows (*Kamishibai*) are enjoyed by children of any culture. Japanese-translated stories from various cultural origins are selected for respective age-groups with consideration to their comprehension level. Admission and reservation are not needed.

▶ at the Main Library ☎554-2280

Story Telling for Preschoolers >> June 14th(Sat), 11AM~

Story Telling for Elementary School Students >> June 28th(Sat), 11AM~

▶ at Kawasaki Branch Library ☎554-7225

Story Telling for all children >> June 11th(Wed), 3:30PM~

< Saturday Chatting Place For Parents >

Let's play with your children using hands and bodies. Mini lecture, how to play with hands, singing, picture books, etc. Father and mother, also grandmothers and grandfathers are welcome.

You will also get to see the *Hamura* city mascot, *HAMURIN*!

Date & Time: June 21st(Sat) 10AM ~ 11:30AM Place: Central Children's Center 1st floor *Hoiku-shitsu*

Fee: free Eligibility: Pre-school children and family (program designed for 1 ~ 3 year old children)

*No reservation required. Inquiry: *Kodomo Katei Shien* Center

< Chatting Place for Parents >

This month's topic is "Daily Life Rhythm". Child Care Volunteers will attend your children during the event. Feel free to join and share some thoughts and tips for child rearing. No reservation needed.

Place&Date: Central Children Center – Jun. 12th(Thu) Time: 10:30AM~11:30AM for all dates

West Children Center – Jun. 20th(Fri)

East Children Center – Jun. 24th(Tue)

Inquiries: Children and Family Support Center

HEALTH & MEDICAL

◆ LOCAL MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS ◆

Date	Hospital / Clinic				Dental Clinic	
	9am~5pm		5pm~10pm		9am~5pm	
1 st (Sun)	<i>Yamakawa Iin</i>	554-3111	<i>Heijitsu Yakan Kyuukan Center</i>	555-9999	<i>Masuda Shika Iin</i>	551-8686
8 th (Sun)	<i>Hamura Sougo Shinryoujo</i>	554-5420	<i>Fussa-shi Hoken Center</i>	552-0099	<i>Minagawa Sougou Shika Clinic</i>	555-8219
15 th (Sun)	<i>Wakakusa Iin</i>	579-0311	<i>Fussa-shi Hoken Center</i>	552-0099	<i>Moriya Shika Iin</i>	555-9872

< Specified Health Checkups 2014 >

An annual checkup report of Specified Health Checkups (*Tokutei Kenkou Shinsa*) will help you establish your personal health guideline. This medical examination program with a particular focus on the detection and treatment of lifestyle diseases, especially metabolic syndrome, is carried out by medical insurance providers to the subscribers and their dependents who are at age 40 or older in FY2014 (April 2014 ~ March 2015).

Specific Health Checkups Notification (特定健診のご案内) were mailed out in late May by *Hamura City* to National Health Insurance subscribers at applicable age and all Late-Elderly Medical Insurance subscribers. Individuals who are covered by Welfare Annuity, Mutual Aid Association or company health insurance union should receive the notification and ticket from their health insurance provider or employer.

2014 Program Period: June 2nd (Mon) ~ October 31st (Fri) Inquiry: *Hoken Center* – city hall ext.622~627

Items to Bring: Specific Health Checkups Ticket (受診券), Medical Insurance Card

*High volume of checkup appointment request is expected later in the ticket validity period. Please try to have your checkup done at your earliest convenience.

* Metabolic Syndrome *

This syndrome is identified as the presence of two or more of the metabolism risk factors such as high blood-sugar, high blood-pressure, dyslipidemia (blood fat disorders) and etc, in addition to abdominal obesity. This condition may lead to health complications with high risk of cardiac or cerebral infarction.

○ Healthcare Guidance

As part of this medical examination program targeting lifestyle diseases, Post-Checkup Counseling is provided for individuals concerned to be "at risk" of lifestyle disease. Certified Nurse and Dietitian will provide advises on personal bases to help resolve the risk-making lifestyle, with a particular focus on preventing the Metabolic Syndrome. The city will mail a counseling information (特定保健指導 利用案内在中) to those whose checkup report indicates the risk. This counseling is provided with free of charge.

○ "Health-up" Additional Check-ups

If you take this checkup in one of the participating medical facilities in *Hamura City* listed below, additionally 5 more medical-check categories are available free of charge.

<i>Izumi Clinic (Sakae-chou 2)</i>	555-8018	<i>Futaba Clinic (Futaba-chou 1)</i>	570-1588
<i>Ozaki Clinic (Hamura Danchi 24)</i>	554-0188	<i>Matsuda Iin (Ozakudai 5)</i>	554-0358
<i>Ozaku Ekimae Clinic (Ozakudai 5)</i>	578-0161	<i>Matsubara Naika Iin (Hanehigashi 1)</i>	554-2427
<i>Sakae-chou Shinryoujo (Sakae-chou 1)</i>	555-8233	<i>Yanagida Iin (Hanenaka 2)</i>	555-1800
<i>Shinmeidai Clinic (Shinmeidai 1)</i>	554-7370	<i>Yamakawa Iin (Gonokami 1)</i>	554-3111
<i>Nishitama Byouin (Futaba-chou 2)</i>	554-0838	<i>Yamaguchi Naika Clinic (Sakae-chou 2)</i>	570-7661
<i>Hamura Sankei Byouin (Hane)</i>	570-1130	<i>Yokota Clinic (Hanehigashi 1)</i>	554-8580
<i>Hamura Orthopedic & Rheumatic Clinic (Midorigaoka 5)</i>	570-1170	<i>Wakakusa Iin (Ozakudai 2)</i>	579-0311
		<i>*Manabe Clinic (Ozakudai 2)</i>	554-6511
<i>Hamura Sougo Shinryoujo (Midorigaoka 1)</i>	554-5420	<i>*Shin'ai Clinic (Gonokami 1)</i>	554-7019

* at clinics with this mark, only funduscopy can be performed as a part of this health checkup program.

< Adult Dental Checkup >

Date: June 1st(Sun) ~ July 31st(Thu) Fee: free Eligibility: *Hamura* residents at age 40~64 as of June 1st

How & Where: Please make an appointment at one of the participating dental clinics. For the list of the clinics, contact *Hoken* Center (ext.623) or see it online → <http://www.city.hamura.tokyo.jp/0000003492.html>

*Dental check-up for those over 65 years old will be held in September and October.

*Those under dental treatment or who has a checkup provided by other means are not eligible.

< Hepatitis Virus Screening >

Date: June 2nd(Mon) ~ October 31st(Fri) Fee: Free Testing Method: Blood test for type B and C viruses

Eligibility: *Hamura* residents who fall in one of the following categories:

- ① Those who turn(ed) age 40 or older in FY2014 and have never taken Hepatitis Screening before.
- ② Those who had a health check-up this year and their hepatic function rate was abnormal.

How & Where: Take the screening with your health insurance card at one of the participating medical facilities. For the list of facilities, please contact *Hoken* Center (ext.624).

*Those without any of above conditions may take the screening at *Nishitama Hokenjo* ☎0428-22-6141.

< Healthy Cooking Class ~ recipes for taking lots of vegetables for Diabetes prevention ~ >

Date & Time: June 26th(Thu) 9:30AM ~ 0:30PM Place: *Hoken* Center (ext.625) Capacity: First 30 people

Fee: ¥300 Things to bring: Head cloth, Apron, Writing material, *Kenkou Techou* (if you have one)

* Those who wish to measure the salt content of their home made *miso* soup may bring 50ml of it

How to apply: Starting June 2nd(Mon) , call or visit *Hoken* Center (city hall ext.625)

< 2013 Dioxins Level Analysis for Flue Gas >

Report from *Nishitama* Sanitary Association Environment Management Center

Dioxins analysis on the flue gas output from *Nishitama* Sanitary Association Environment Management Center (our local waste management facility) and on the air of the facility's neighborhoods were conducted 9 times during FY2013. All those analysis results showed that dioxins levels in the tested flue gas and the air achieved the safety standards regulated under The Environmental Air-Quality Standard and The National Pollution Control Agreement. The air samples were taken at the following locations:

Hamura Dai-san Junior High School (at rooftop), *Hamura Shourin* Elementary School (at rooftop), *Hamura Asahi Kouen* (at standing height), *Mizuho Dai-yon* Elementary School (at rooftop), *Mizuho Fujimi Kouen* (at standing height).

Inquiries: *Nishitama Eisei Kumiai Kanri-ka* ☎554-2409

PUBLIC SERVICE & ADMINISTRATION

< Tokyo Metropolitan Public Housing – *Tomin Juutaku* >

Tomin Juutaku is managed by Tokyo Metropolitan Government and offered for rent to middle-income earners raising children in purpose of providing affordable housings for them with partially subsidized rent.

Applications for *Tomin Juutaku* housings are handled by *Toukyouto Juutaku Kyoukyuu Kousha* (JKK Tokyo). The brochures of the June application term will be available from June 2nd(Mon) to 11th(Wed) at city hall (8:30AM~5PM, closed on the 7th(Sat)), at city hall branch offices (9AM~1PM weekdays only), and on JKK Tokyo Website for download. Please refer to the brochure for more details.

Inquiries: *Toukyouto Juutaku Kyoukyuu Kousha* (JKK Tokyo Application Center) ☎03-3498-8894

Eligibility: Registered residents in Tokyo metropolitan area, with income level that meets the qualification.

How to Apply: Application form must be mailed and received by JKK Tokyo Application Center by June 16th(Mon). The form is also available for download at JKK Tokyo Website (in Japanese).

→ http://www.to-kousya.or.jp/to/bosyu/h26_6/index.html

*The tenants will be selected by open drawing on July 9th(Wed) from 10AM in JKK Office

< A Measure for Alleviating Economic Impact Following the Consumer Tax Increase on Households Exempt From Resident Tax or Raising Children >

Japan government has newly established special benefit programs as temporary measures aiming to alleviate the impact of consumer tax increase on low-income earners and families with young children.

* The application must be handled by the office of municipality where the person was registered on the reference date (January 1st 2014).

【 Temporary Welfare Benefit 】

臨時福祉給付金 (Rinji Fukushi Kyuufukin)

Eligibility: Registered resident who is exempt of FY2014 resident tax. *Dependents of persons taxed the resident tax, and residents receiving public financial assistance are not eligible for this program.

Benefit Amount: ¥10,000 per eligible person, or ¥15,000 for those receiving any of the followings;

- ・Basic Pension for the Elderly (老齡基礎年金)
- ・Child Support Allowance (児童扶養手当)
- ・Basic Pension for the Disabled (障害基礎年金)
- ・Special Allowance for the Disabled (特別障害者手当)
- ・Survivor Basic Pension (遺族基礎年金)

Application: Application forms will be mailed to the applicable persons in late June. Please fill in the form and submit by mail or in person at city hall.

Following items will be needed for application... copy of an official identification, copy of bank book / bank card and copy of a statement of pension or allowances related to the additional benefit (if you are applicable).

Inquiry: Designated office for this program will be opened and administered by Social Welfare Section.

◆ July 1st(Tue) ~ September 30th(Tue), Closed on weekends and holidays

9AM~11:30AM / 1:30PM~4:30PM, city Hall 4th Fl. Large Conference Room B

Contact: *Shakai Fukushi-ka Shomu-kakari* – city hall ext.427/428

*The office will open at 10AM on July 1st *It will be open on July 5th(Sat), 6th(Sun), 12th(Sat), and 13th(Sun).

【 Special Provisional Allowances For Childrearing Households 】

子育て世帯臨時特例給付金 (kosodate setai rinji tokurei kyuuufukin)

Eligibility: Registered resident who received January 2014 payment of Child Allowance (including the ¥5000 special benefit), and whose 2013 income did not exceed the restriction set for the Child Allowance eligibility.

*Those eligible for the Temporary Welfare Benefit or receiving public financial assistance are not eligible.

Benefit Amount: ¥10,000 paid one time per eligible child. It will be remitted to the bank account where your Child allowance is remitted to, unless requested to use other account. It cannot be paid with cash.

Application: Application forms will be mailed to the applicable households by June 16th(Mon). Please fill in the form and submit by mail or in person at city hall. If requesting to use other bank account than that used for receiving Child Allowance, please provide information of the other account and copy of official identification. For those who filed an application by June 29th(Sun), the allowance will be paid on July 31st(Thu).

Inquiry: Designated office for this program will be opened and administered by Child Care Support Section.

◆ June 16th(Mon) ~ June 29th(Sun), Open every day at city Hall 4th Fl. Large Conference Room B

Mon. to Fri 9AM~Noon / 1PM~5PM, Sat. & Sun. 9AM~11:45AM / 1PM~5PM

Contact: *Kosodate Shien-ka Shien-kakari* – city hall ext.429

Notes: A child born on January 1st 2014 can be eligible for this allowance if he/she has received February payment of Child Allowance. A child who deceased after January 1st 2014 is not subject to this program.

< Notification of Current Status for Child Allowance and Child Support Allowance >

Recipients of Child Allowance (*Jidou Teate*) and recipients of Child Support Allowance (*Jidou Ikusei Teate*) are required to fill out a Notification of Current Status (現況届) which will be mailed to the applicable households by June 16th(Mon). Please be sure to submit it during the filing period. Failing to do so may result in the disqualification for the benefits of this year's program. You can also send it by mail.

Filing Period: June 16th(Mon) ~ June 29th(Fri) everyday Inquiries: *Kosodate Shien-ka* - city hall ext.237

Hours: Mon. to Fri 9AM~Noon / 1PM~5PM, Sat. & Sun. 9AM~11:45AM / 1PM~5PM

< Child-Care Facilities in Hamura City >

Besides public and private nursery schools, there are many other authorized child-care facilities in *Hamura* City accepting preschool age children. Introduces here are kindergartens and day-care services. Facility locations, fees and enrollment capacity vary by the facilities. To obtain more detailed information, please contact each child-care facility.

General Inquiries: *Hoiku-ka Hoiku-kakari* - city hall ext.234

Note: The service contract is to be made between the parent and service provider.

◆ *Nintei Kodomoen* - Certified Child-Care Facility

Nintei Kodomoen accepts preschool age children and provides both nursery service and preschool education to the children, as well as childcare-related support to the parents and local communities. The youngest accepted age of child vary by the facilities.

<i>Asunaro</i> (あすなろ)	Located at <i>Ozakudai</i> 1-6-32	☎570-1558
<i>Tama Gakuin Youchien</i> (多摩学院幼稚園)	Located at <i>Midorigaoka</i> 1-15-8	☎554-6023
<i>Gonokami Youchien</i> (五ノ神幼稚園)	Located at <i>Midorigaoka</i> 1-10-10	☎554-6878

◆ *Ninshou Hoikujo* – Tokyo Metropolitan Government(TMG)-Certified Child-Care Facility

The TMG sets its own certification measures for child care facilities in Tokyo metropolitan area which aims to better cater to the specific needs of urban child rearing. The TMG's *Ninshou Hoikujo* qualification requirements differ from that for *Ninka Hoikujo* (regulated by the Ministry of Health, Labour and Welfare) in its admission capacity, admission of babies younger than 1 year old, minimum floor area, nursery fee, opening hours and etc. There are four *Ninshou Hoikujo* in *Hamura* City.

<i>Tulip Hoikujo</i> チューリップ保育所	Located at <i>Futaba-chou</i> 2-14-15	☎554-0102
<i>Tulip Kodomo-no-Ie</i> チューリップこどもの家	Located at <i>Gonokami</i> 4-13-10 1F	☎554-5635
<i>Donguri-no-Ie Hoikujo</i> どんぐりの家保育所	Located at <i>Shinmeidai</i> 3-3-12	☎579-1215
<i>Asunaro</i> あすなろ	Located at <i>Ozakudai</i> 1-6-32	☎570-1558

◆ *Katei Fukushi-in* - Home Daycare

In principal, Home Daycare is a small-sized child-care service provided by authorized *Katei Fukushi-in* members (licensed nursery/kindergarten teachers) whose home environment fulfills the regulation.

Accepted Age: 8 weeks old ~ 3 years old Fee: ¥33,000/month *meal fee and diapers are not included.

Hours: 8:30AM~5:30PM in principal (approximately 9 hours a day, except Sundays & Holidays)

Ms. <i>Ayako Hara</i>	<i>Hane-naka</i> 1-1-11 ☎554-9457
Ms. <i>Yumiko Shimizu</i>	<i>Hane-higashi</i> 1-28-30 ☎555-6041
Ms. <i>Meiko Aoki</i>	<i>Hane-naka</i> 1-5-14 ☎554-7232(day) or 555-5565(5PM~)
Ms. <i>Teruko Morita</i>	<i>Sakae-chou</i> 1-8-86 ☎578-2052
Ms. <i>Noriko Mori</i>	<i>Shinmeidai</i> 3-32-12 ☎555-9265
Ms. <i>Hisako Osonoi</i>	<i>Hane-naka</i> 2-1-6 ☎578-2789

< Child Rearing Consultation At Children Center >

Clinical Psychologists assigned from *Hamura* City Child And Family Support Center (*Kodomo Katei Shien* Center) will be available for consultation at East Children Center on June 10th(Tue), at West Children Center on June 13th(Fri), between 10AM~Noon on each date.

Please feel free to visit to talk about your child's psychological development, parent's mental stress and etc. Inquiries: Children and Family Support Center *Fee/Reservation not required for this consultation.

< Tokyo Metropolitan Special Needs Education Hamura School * Open-School Day >

To promote the public understanding and support for Special Needs Education Program, the *Hamura* School will be open for everyone to visit and learn how its' students study in classes and through activities. Counseling for school entrance and academic planning will also be available on this open-school day.

Date & Time: June 19th(Thu), 9:15AM ~ Noon

Place: Tokyo Metropolitan Special Needs Education *Hamura* School (*Toritu Hamura Tokubetsu Shien Gakkou*)

Visitor Application & Inquiry:

Please contact the school office by Phone or Fax before June 12th(Thu). ☎554-0829 / Fax555-3853

< **Dangerous! Knives and Scissors were found disposed improperly** >

In the garbage of plastic containers and packagings collected between January and March, knives, scissors and screwdrivers were found inside. Those items could have injured the collection workers. Very dangerous!! When you dispose of items with blades or other parts that can easily cause injury, please be considerate and do it with safety measure, such as wrapping it and indicate the content by writing on it.

Inquiry: *Seikatsu Kankyo-kakari* – city hall ext.205

< **Paper Trash & Cloth Waste Collection on Rainy Day** >

◆ **Paper Trash** (newspaper, commercial bill, magazine, cardboard, book, miscellaneous paper, etc.)

Wet paper trash can be recycled. Please put it out for collection at the usual spot even on a rainy day, so the collection workers can easily find it. No need for placing it under the eaves. It is best to use a pulp twine for bundling the papers in consideration for the recycle process efficiency.

◆ **Cloth Waste** (used clothing, old linen, etc.)

Wet cloth kind materials can not be recycled. Even if bagged, the clothes might get wet during the collection work. If it rains on the designated collection day for cloth kind waste, do not try to dispose of it, just put it out on the next designated collection day.

Shoes, bags, and other items made with the combination of cloth fabric and metal/rubber/leather parts must be disposed as burnable trash.

* Used underwears, socks and heavily soiled cloth can not be recycled → Burnable Trash.

Inquiries about Waste Disposal & Recycle Policy: *Seikatsu Kankyou-kakari* – city hall ext.205

< **Resident Tax FY2014 : 1st Installment Due On June 30th** >

Payment for the 1st installment of Resident Tax (市・都民税) FY2014 will be due on June 30th (Mon).

For residents whose resident tax is not deducted from salary, Resident Tax Notification will be sent along with payment slips. It will be mailed out on June 9th(Mon) in an envelope printed with "Hamura City Taxation."

Inquiry: *Nouzei-ka Nouzei-tantoui* ☎Ext.190

< **Property Tax – necessary status reports and tax deductions** >

If any of the following cases apply to your fixed property, please file a report of change of property condition.

For details regarding the filing procedures, please contact city hall *Kazei-ka Shisanzei-kakari* at ☎Ext.157.

● **Real Estate Value Inspection**

If you newly build a residence or expand the existing property, you need to have your real estate value (re)evaluated within the same year. Please contact *Kazei-ka Shisanzei-kakari* at Ext.157 and set up an appointment for *Kaoku Chousa* (Real Estate Value Inspection).

● **Report of Demolished Property**

When you have all or part of your registered residential property demolished, please file a Lost Property Registration (*Messhitsu Touki*) without delay, otherwise, property tax will continue to be imposed towards the demolished (non-existing) property. *Also file a report after demolishing an unregistered property.

● **Residential Land Property**

When any of the following cases apply to your land property, please file a required report without delay.

- Built a new house on your land property and changed the use purpose from commercial to residential
- Had existing house demolished, and the use purpose of your land property is no longer residential
- Built a real estate for business within your (former) residential land property
- Changed your residential real estate to a property of commercial use

◆ **Property Tax Reductions**

To know more about the following tax reduction systems, please inquire.

- Property Tax Reduction for Energy-Saving Renovation
- Property Tax Reduction for Barrier-Free Renovation
- Property Tax Reduction for Seismic Retrofitting

CONSULTATIONS

Schedule of JUNE

Category	Date	Time	Contact
General Consultation for Foreign Residents ㉠	13 th (Fri), 27 th (Fri)	1:30pm ~ 3:30pm	* In addition to Spanish and English, Korean interpretation service is also available by appointment for Foreign Residents Consultation <i>Shimin Soudan-shitsu</i> city hall ext.199
Traffic Accident ㉠	Jun. 4 th (Wed), Jul. 2 nd (Wed)	1:30pm ~ 4pm	
Tax ㉠	Jun. 3 rd (Tue), Jul. 1 st (Tue)	1:30pm ~ 4:30pm	
Public Administration and Human Rights	19 th (Thu)		
Japanese Law ㉠	Jun. 5 th (Thu), 13 th (Fri), 28 th (Sat) Jul. 3 rd (Thu), 11 th (Fri), 26 th (Sat)	Thu & Fri 1:30 ~ 5pm Sat. 9:30am ~ 1pm	
Health	12 th (Thu), 26 th (Thu)	1:30pm ~ 3pm	<i>Hoken Center</i> city hall ext.627
Finance ㉠	10 th (Tue)	2pm ~ 4pm	<i>Shoukoukaikan</i> 555-6211
Pension	Mon, Wed, Fri	9am ~ Noon 1pm ~ 4pm	<i>Shimin-ka</i> city hall ext.140
Consumer's Affairs	Mon ~ Fri	9am ~ Noon 1pm ~ 4pm	<i>Shouhi Seikatsu Center</i> city hall ext.641
Women's Affairs ㉠	at <i>Hamura City Hall</i> 4 th (Wed), 18 th (Wed)	1:30pm ~ 4:30pm	<i>Shimin Soudan-shitsu</i> city hall ext.199
	at <i>Fussa City Hall</i> 11 th (Wed), 25 th (Wed)	9am ~ 1pm	<i>Kouhou Kouchou-kakari</i> city hall ext.339
Single-Parent Family Independence Support	Mon ~ Fri	8:30AM ~ 5PM	<i>Kosodate Shien-ka</i> city hall ext.239
Education ㉠	Mon ~ Fri	9am ~ 6pm	<i>Kyouiku Soudan-shitsu</i> 554-1223
Welfare Legal Matters ㉠	25 th (Wed)	1:30PM ~ 4:30PM	<i>Fukushi Center</i> 554-0304
General Consultation for Handicapped Residents	General Counseling Mon~Fri	8:30AM ~ 5:15PM	<i>Shougaisha Chiiki Katsudou</i> Support Center 555-1210 Toll Free Dial 0120-294-992
	Physical Handicap 28 th (Sat)	1pm ~ 4pm	
	Mental Handicap 24 th (Tue)		
▽ Child Rearing Consultations Available Daily ▽			
Mon ~ Fri	8:30am	City Hall	<i>Kodomo Katei Shien Center</i> 578-2882
	~ 5:00pm	Nursery Schools	<i>Shiraume Hoikuen</i> 555-1019 and Private Nursery Schools Web Map→ http://www.city.hamura.tokyo.jp/0000000466.html
Mon Wed Fri	9am ~ Noon	At	<i>Nishi Jidoukan</i> 554-7578
Tue Thu Sat		Children	<i>Chuuou Jidoukan</i> 554-4552
Tue Fri Sun		Centers	<i>Higashi Jidoukan</i> 570-7751

*㉠=appointment required. *For English and Spanish translation services, please make an appointment in advance.