



# HAMURA NEWS

**HAMURIN** Hamura City Mascot

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Edited by: *Kouhou Kouchou-ka* (Public Information & Public Opinion Section)

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Hamura News Back Numbers = <http://www.city.hamura.tokyo.jp/category/3-17-2-0-0.html>

9月4日(日)は総合防災訓練

## < HAMURA CITY COMPREHENSIVE EMERGENCY DRILL September 4<sup>th</sup> (Sun) 9AM ~ >

You should be self-reliant for protecting your life, and helping others survive!

In all *Hamura City*, the drill demonstrations will take place at 10 public evacuation sites, among those *Fujimi Elementary School* is designated as the main evacuation site this year.

Inquiries: City Hall, *Bousai Anzen-ka Bousai-kakari* ☎Ext.207

It is important to better the capability for disaster response with practical knowledge gained from conscious efforts for disaster preparedness, which will lead to the protection of your own life. These efforts will pay off during an actual situation as it occurs.

Not only the adults, but also young residents, because they are all recognized as community members, should participate in the drill. Junior High School Students have been joining the drill on a regular basis, improving the effectiveness of the drill. The whole family should participate as well, with the thought in mind that disaster strikes in many forms.

### ◆ The main evacuation site of this year's drill is *Fujimi Elementary School*

All students of *Fujimi Elementary School* will be participating.

The *Fussa Fire Station* and other organizations taking part will set up an Exhibition and Simulation Booth which will have a House for Smoke Simulation at which you can experience a fire.

The Japan Self-Defense Force and volunteer disaster relief organizations will prepare an emergency curry food booth at the drill, assuming the evacuee life at an evacuation facility.

\*In case of cancellation due to bad weather, it will be announced at 7AM through outdoor public address system.



### Assumed Scenario:

» Shortly before 9AM, an emergency earthquake warning is issued by J-Alert (nationwide alert system) which is broadcasted through the outdoor P.A. system city wide. Then at 9AM, a severe earthquake (scale 6-strong) occurs. Following the earthquake, the public emergency siren goes off.

» Disaster Occurrence Notice (Emergency Drill) is distributed to the subscribers of *Hamura Information Email Service* after 9AM when occurrence of natural disaster (evacuation order for the drill) is issued. Even if you are not a subscriber, an extensive notification e-mail will be sent to all who are present in *Hamura City*.

(Please inquire to your cellular phone company about the details for phone settings.)

## What to Do On the Drill Day

Practice ①~⑤ steps explained below:

### What To Do When A Strong Earthquake Happens...



- ① When a strong earthquake happens, the first and most important thing is to protect yourself. If there is a sturdy furniture near you, drop underneath the furniture, be covered and hold-on to the furniture until the shaking comes to a stop. \* For the drill, make-up an assumed scenario (with family or with your co-workers), and try acting according to the assumed situation. These are simple but important to do.
- ② After the shaking stops and you make sure it is safe to take the next action, the first important thing is to check all the fire risk sources (if you are at home or office). Tightly close the main gas tap and switch off the electricity circuit before leaving the place.
- ③ Practice the actual evacuation plan. Make an escape route considering of dangers open fire spreading which may occur and discuss among family members. Go to the public shelter site nearest to your home
- ④ Neighborhood associations and volunteer organizations for disaster preparedness will practice extinguishing fires or providing first-aid to injured persons (requiring evacuation assistance during disaster). These repeated activities can make one move in an agile and proficient manner. It will enhance awareness for helping each other as a community
- ⑤ We should avoid migrating during a time of disaster, according to the Tokyo Metropolitan Government's policy for preventing home-going refugees. Those who are away from home must stay put at their location. Even after safe, you may have to walk home if public transportation's inaccessible. Discover your route to go home on foot, and use the disaster line to connect with your family. Please take this chance and discuss with your family/friends about options for communication method.

### Emergency Message Service in Disaster Time Provided by Various Mobile Phone Companies

There are various emergency message services offered which become active in a time of emergency:

For KDDI au users:

<http://www.au.kddi.com/english/mobile/anti-disaster/saigai-dengon/#saigai-dengon1>

For Softbank users: <http://mb.softbank.jp/en/disaster-message/>

For Y!mobile users: <http://www.ymobile.jp/service/dengon/> (in Japanese only)

Below is an example of the process for registering your telephone number with NTT. Please confirm registration procedures required by the provider of your communication device.

### **NTT's 171 DISASTER LINE**

#### **for keeping in touch with your people in time of emergency**

NTT (Nippon Telegraph and Telephone Corporation) provides a voice/text messaging service that is initiated when a major disaster occurs. The regular telecommunication is often interrupted in the disaster-stricken area. In such situation this service allows people to post and retrieve voice/text messages through telephone or web based system. An individual message account is made per phone number registered upon usage and it is accessible by concerned family and friends who know the registrant's phone number.

The voice messaging service is accessible only from within Japan, however the text messaging service, which is a web based service, can also be accessed from overseas and available in English, Korean or Chinese.

To use these services, preliminary contract with NTT is not required.

It is strongly recommended that you print the English instructions and keep them in your emergency kit.

\* These services are currently closed, but will be opened in the event of an emergency.

### ▶How to use NTT Disaster Message Dial (災害用伝言ダイヤル)

For detailed English information on this service → <http://www.ntt-east.co.jp/en/saigai/voice171/index.html>

The service can also be used from mobile phones and PHSs, but please check the details with the provider of your communication device.

- ① Dial 171
- ② Choose whether to record or to playback : Record > "1" Playback > "2"  
To record/playback using a PIN : Record > "3" Playback > "4" then input four-digit PIN
- ③ Enter the phone number of the person in the disaster-stricken area, starting with the area code.  
→ Your attempt will be connected to the message dial center.
- ④ After prompt is played, if calling from touch-tone phone press 1 and #, if calling from dial-tone phone just remain on the line. Then...  
Recording: after the beep, speak your voice message. When finished, press 9 and #, or hang up.  
Playback: a voice message recorded in the accessed account will be played.

\* The automated voice prompts are played in Japanese only.

### ▶How to use Disaster Message Board "web171" (災害用伝言板)

English instruction → [http://www.ntt-east.co.jp/saigai/web171/web171manual\\_eng.pdf](http://www.ntt-east.co.jp/saigai/web171/web171manual_eng.pdf)

Korean Instruction → [http://www.ntt-east.co.jp/saigai/web171/web171manual\\_kor.pdf](http://www.ntt-east.co.jp/saigai/web171/web171manual_kor.pdf)

Chinese Instruction → [http://www.ntt-east.co.jp/saigai/web171/web171manual\\_chn.pdf](http://www.ntt-east.co.jp/saigai/web171/web171manual_chn.pdf)

- ① Access <https://www.web171.jp/> and click on your language choice listed at the top center of the page
- ② Message sending and receiving  
Receiving : Input telephone number of person whose message you want to read  
Sending : Input telephone number of person who you want to send message to
- ③ Following the instructions shown, images, video, voice, and text messages can be sent and received

## HAMURA INFORMATION EMAIL SERVICE

Hamura City provides a public information service which distributes local information via emails.

With this system emergency related information will be sent to all subscribers. In addition, you can receive local affairs information in various categories upon your request. There is no fee charged for subscription.

\*Subscription instruction and email contents are available in Japanese only.

\*Mobile internet access fee may apply for receiving the emails from this system.

### Information Categories:

- ① Emergency, Fire, Natural Disaster 災害情報 and others

Please look at Hamura City's official website for details regarding other categories offered.

<Main Page> → <メール配信サービス>

### How to subscribe:

- (1) First, Set up your email account able to receive emails from mail@city.hamura.tokyo.jp.  
Then send a blank email (no title/message) to hamura@entry.mail-dpt.jp
- (2) You will receive an email titled "仮登録受付メール". Open the message, and click on the URL in it which links to the Site Policy page (in Japanese only).  
You must complete the registration within 30 minutes from the time you open the page.
- (3) After you indicate that you agree with the terms and conditions (click on 同意する), choose your desired information categories, and click on the icon "確認". Then on the next page, click on "登録"
- (4) If successfully registered, you will receive a confirmation email with title containing "本登録完了".

Inquiries: Kouhou Kouchou-ka Kouhou-kakari , ☎Ext.339

# CLASSES & EVENTS

子育て応援ニュース はむらパパスクールで父親であることを楽しもう

## < CHILDCARE SUPPORT NEWS: Hamura Papa School >

Please come to the 3 session course for fathers: "Papa School". You can be enlightened about ways to enhance your fatherhood skills. Courses are taught by three experts who represent the "Fathering Japan" Organization. All of the courses are held at *Yutorogi* Center.

Dates and Places: ▪ Day 1 ▪ September 17<sup>th</sup> (Sat) 10AM ~ NOON, at *Kouzashitsu 2* on 2<sup>nd</sup> Floor

▪ Day 2 ▪ September 25<sup>th</sup> (Sun) 10AM ~ NOON at *Kouzashitsu 1* on 2<sup>nd</sup> Floor, and

▪ Day 3 ▪ October 2<sup>nd</sup> (Sun) 10AM ~ 12:30PM at *Sousakushitsu 1* on 3<sup>rd</sup> Floor

▪ Day 1 ▪ Enjoy being a "Papa" (Capacity- first 15) ▪ Day 2 ▪ Interact with Community (Capacity- first 15)

Lectures and discussion among participants will be held on both of these days. Please attend both sessions.

For Day 1 and Day 2 Course: Parents raising children and couples expecting a child can attend.

Child Care Services: available for 4 (four) children. There is no child care service for Day 3.

▪ Day 3\* ▪ "Child Rearing Should Be Enjoyed by Everyone" (Capacity- first 20 families) Parents raising kids up to preschool age can attend. You can choose to attend on only the Day 3. \*Please bring your camera, instruction manual.

Inquiries/Application: from August 16<sup>th</sup> (Fri) *Yutorogi* Center at ☎570-0707 (9AM ~ 5PM excluding Mondays) or ☎*Kodomo Katei Shien* Center at ☎578-2882 (8:30AM~5PM, closed weekends&holidays).

転倒防止・体力向上教室

## < Exercise Class for Fall Prevention & Improving Physical Fitness >

Wouldn't you love to stay healthy and fit even when you are old? In this class we introduce various exercises which are effective for preventing falls & improving your stamina. Please join us!

Date & Time: Fridays in September (23<sup>rd</sup>, 30<sup>th</sup>) & October (7<sup>th</sup>, 14<sup>th</sup>) 4 session course 1:30PM ~ 3:30PM

Place: Freshland *Nishitama* Gymnasium Eligibility: Age 65 years or older Capacity: first 30 people

Items to bring: Exercise outfit, Indoor exercise shoes, Towel, and Drink Please call between 8:30AM ~ 5PM

Application/Inquiry: *Kourei Kaigo Fukushi Ka* ☎Ext.178 (closed on weekends)

## SWIMMING CENTER ☎579-3210

骨盤調整エクササイズ

### < Pelvic Exercise >

This exercise will strengthen muscles and keep the pelvis in the correct position. Easy movements will tone up your figure and circulation. Date & Time: Every Tues & Sun, 9:30AM ~ 10:30AM Place: 2F *Kaigishitsu*

Capacity: first 20 people Lesson Fee: ¥800 per lesson Things to bring: exercise wear, drink, and towel

※ For participation, please come to the Sauna front counter on the day of each class. (no class on holidays)

みんなでフラレッスン

< Hula Dance Exercise Class > Let's exercise with tropical music and tighten your stomach!

Date & Time: Every Thursday 9:30AM ~ 10:30AM Place: *Kaigishitsu* Room on 2<sup>nd</sup> Floor

Capacity: first 20 people Fee: ¥800 per lesson Items to bring: comfortable gym clothes, drinks, and towel

※ For participation, please come to the Sauna front counter on the day of each class. (no class on holidays)

アクアビクス

### < Aquabics (In-Water Aerobics) >

Can't swim? Don't worry. Let's have fun exercising in the water!

Date & Time: Every Thursday September 1<sup>st</sup> (Thu) ~ October 27<sup>th</sup> (Thu), 3PM~3:50PM

(There will be no class on the holiday September 22<sup>nd</sup> (Thu).)

Eligibility: Anyone 16 years old and older Capacity: First 35 people

Fee: *Hamura* residents & workers ¥400, Others ¥600 (Insurance & admission fee are included)

Items to bring: Swimsuit, swimming cap, and towel Instructor: Sports Trainer

How to attend: Please come to the Swimming Pool Front Desk between 1:50PM ~ 2:50PM on the class day.

## HEALTH & MEDICAL

集団特定健康診査

### < Group Health Check Up *Shudan Tokutei Kenshin* >

A Sunday check-up for those that previously received the voucher for health check-up, yet were not able to use it will be held. Date: October 23<sup>rd</sup> (Sun) Time: 1PM ~ 4:30PM Place: *Hoken Center*

Eligibility: If applicable to the following:

1. You received the check-up voucher from *Hamura City*, and you are National Health Insurance member
2. If you are younger than 74
3. If you have not yet had the check-up yet ※ You may not participate if you are pregnant.

Capacity: First 100 persons Term for Applying: Aug. 16<sup>th</sup> (Tue) ~ Sep. 30<sup>th</sup> (Fri) on weekdays

How to Apply: Call or Come directly to *Hoken Center* between 8:30AM ~ 5PM

KENKOU TECHOU - A free booklet offered by *Hoken Center* for persons 40 and over is available at the City Hall 1F. This booklet is called *Kenkou Techou*, and has pages on which you can record your medical history.

Health Consultation is offered by certified nurse/nutritionist. Date: Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday from 1:30PM ~ 3PM by health care specialist No consultations on Holidays.

Place: *Hoken Center* Fee: Free Come directly to *Hoken Center*

Inquiries: *Hoken Center* ☎555-1111, Ext. 627

フッ素イオン導入

### < Fluoride Ion Treatment ~ For Your Children's Dental Health ~ >

Fluoride Ion will be applied on your child's teeth to prevent cavities.

Place: at *Hoken Center* 555-1111, ☎Ext 623

Date/Time: September 8<sup>th</sup>(Thu)~10<sup>th</sup>(Sat), 12<sup>th</sup>(Mon) ~ 14<sup>th</sup> (Wed) from 9:15AM~10:30AM

\*September 10<sup>th</sup>(Sat) is for Elementary School Students only.

Fee: Free Eligibility: Children in *Hamura* who are 3 years old up to 3<sup>rd</sup> graders as of September 30, 2016

Things to Bring: face towel, clothes-pin, and application form (available at *Hoken Center*)

\*If you don't have the application form, please fill out on the day of treatment.

\*Parking is limited. Please walk or come by bicycle if possible. \*Children must be accompanied by an adult

## PUBLIC SERVICE & ADMINISTRATION

生活自立相談窓口

### < Independence Support Consultation ~ Becoming Self Reliant in Society (for people in need) >

There are independence support measures for people in need. This measure helps those who are in financial difficulty by offering consultation regarding the improvement of their situation. Advisors will listen to your case, and sort out the financial and social aspects of the issues and find a solution; referral is made if necessary, to promote the independence of these individuals. Consultation is free.

CONSULTATION DESK ~ Consultation is available from 8:30AM ~ NOON, 1PM ~ 5PM on weekdays.

(closed on Saturday, Sunday, Holidays, and New Years) Please call in advance. If you have difficulty making a phone call, please come to the 1<sup>st</sup> floor of the City Hall <*Shakai Fukushi Ka*> (Welfare Section).

Allowance Securing Sufficient Housing: This program serves those in need as a result of unemployment. The amount of rent is provided (for a certain period), along with support for seeking employment opportunities.

The difference between welfare assistance: The independence support measure for people in need is a measure designed to seek financial and social self-reliance through consultations which in effect will prevent the dependence on welfare assistance, and is not a cash handout assistance program. Please ask for more details at *Shakai Fukushi - Ka, Shomu Kakari* at ☎ Ext. 107

**< Special Provisional Allowance for Low Income Earner's Temporary Welfare Benefit (Tei-Shotoku & Shougai/Izoku Nenkin Jyukyusha Muke Rinji Fukushi Kyuufukin) >**

Hamura City will offer the 2016 Welfare Benefit to the following:

\* Both of these Welfare Benefits are only offered once.

Temporary Welfare Benefit 2016 (Rinji Fukushi Kyuufukin) for Tax Exempt Citizens:

Eligible citizens are those who had been living in Hamura City as of January 1<sup>st</sup> of 2016, and are tax exempt for both municipal inhabitant's tax and metropolitan inhabitant tax. You will not be eligible if you receive financial assistance from someone who is capable of paying taxes, or if you are welfare assistance recipient.

Benefit Amount: ¥3,000 per eligible person

Temporary Welfare Benefit for Low Income Earner's citizens (Tei-Shotoku Sha)

Disability Pensioners(Shougai), Surviving Family (Izoku) Pension Recipients:

If you will be receiving payment for pension in May for Disability Pension/Surviving Family Pension, and have not received the Elderly Pension Earner's Temporary Welfare Benefit (Nenkin Seikatsusha Rinji Fukushi Kyuufukin) which was offered earlier this year, you are eligible for this benefit.

Benefit Amount: ¥30,000 per eligible person

Application forms will be sent to applicable citizens in September. Please fill out the form and attach necessary documents, and return the packet to the Hamura City Hall by appearing in person or by sending it by postal mail. (Zip Code: 205-8601, no address necessary)

Please apply between September 5<sup>th</sup> (Mon) ~ December 5<sup>th</sup> (Mon) at the following times:

☉9AM ~ 11:30AM, 1PM ~ 4:30PM.

Applications are only accepted on weekdays. Please do not come on Saturday, Sunday, and Holidays.

A weekend administrative office will be available on the following days: September 10<sup>th</sup>, 11<sup>th</sup>, & 17<sup>th</sup>, 18<sup>th</sup>

Place: Tamokuteki Shitsu (Multi-Purpose Room) on the 1<sup>st</sup> Floor of the City Hall

Please present your application with sufficient documents: an ID which has a facial photo that serve as official identification, and bank book and inkan (seal) also. If your identification has no photo, you must present one additional form of identification. Recipients of Disability or Survivors Pension that had May payment should bring document of receipt

Inquiries: Rinji Fukushi Kyuufu Kin Consultation Desk ☎0570-099-077 or Shakai Fukushi Ka ☎Ext. 112

放射線量の測定結果

**Radiation Dose Test Results at Fujimi Park**

Date of Testing	Weather	Elevation at which testing was conducted		
		5cm	50cm	1m
July 13 <sup>th</sup> (Wed)	cloudy	0.058	0.054	0.049

The level of radiation is lower than 0.23 μsv/h; figure by which it is considered safe if readings are below this.

(unit: μsv/h (micro Sievert per hour))

Inquiries: Kankyou Hozen Ka, Kankyou Hozen Kakari ☎Ext 226

羽村市水道水の放射性物質測定結果

**Radiation Level Analysis of Tap Water of Hamura City**

Date the Water Sample was Gained	Testing Items (unit: Becquerel per kilogram)	
	radioactive cesium 134	radioactive cesium 137
July 11 <sup>th</sup> (Mon) 9:15AM	Not detected (Below 0.1)	Not detected (Below 0.1)
Target value	10	

The target value is figures specified by the government at which findings should be lower than (the sum of the level detected for cesium 134 and cesium 137).

Inquiries: Suidou Jimusho(Waterworks Bureau) ☎554-2269

貯水槽を設置している方へ

**< Maintenance of Water Tank >**

Schools, hospitals and other multistoried buildings are equipped with water tanks. Hamura City is responsible of the water quality until the water enters the tank of a private building. Once water is in the tank, the quality management and responsibility of water is on the building owner.

Building owners, please do not neglect the required maintenance works for keeping the safe condition of the system – periodical water quality check, cleaning and checking the inside of tank as well as the surrounding devices every year, etc.

Inquiries: Suidou Jimusho (Waterworks Bureau) ☎554-2269

**< FUJIMI CITY CEMETERY Under the Hamura City's Management: Cemetery Lot/ Noukotsudan >**

Selection for the Issuance of Title for the public cemetery lot and *Noukotsudan*(shared cemetery space) will start. If have been a *Hamura* City citizen from period prior to April 1<sup>st</sup>, 2014, (prior to April 1<sup>st</sup>, 2013 for *noukotsudou* application while alive) and have lived continuously in *Hamura* City, you can register to make burial. Persons who have next-of-kin, or an adoptive parent's cremated remains kept at their residence, who have not had an opportunity to make burial in the past are eligible to apply. Please inquire about other details regarding the lot size, other eligibility requirements.

Flyer Handout Term: August 15<sup>th</sup> (Mon) to September 14<sup>th</sup> (Wed) 8: 30AM ~ 5PM at the *Seikatsu Kankyou Ka, Seikatsu Kankyou Kakari* on the 2<sup>nd</sup> floor of City Hall. Fliers are available on the 1<sup>st</sup> floor during the weekend.

Registration Term: August 15<sup>th</sup> (Mon) to September 14<sup>th</sup> (Wed) 8: 30AM ~ 5PM (weekdays). Application forms are included in the flier. You must apply with separate form for each lot by bringing to the office in person.

Drawing: September 16<sup>th</sup> (Fri) at the City Hall 2<sup>nd</sup> Floor 203, 204 Conference Room.

(for *Noukotsudan*): 10AM ~ (for plots): 11AM ~

Inquiries: *Seikatsu Kankyou Ka, Seikatsu Kankyou Kakari* ☎Ext 222

**< National Health Insurance Expense Report >**

If you are a National Health Insurance member who has received medical service in May and/or received physical therapy from a judo healing practitioner, and your total co-pay medical fee in those months was more than ¥3000, you will receive National Health Insurance (NHI) Medical Expense Report (国民健康保険医療費通知) by mail. It is a letter from municipal government to N.H.I. insured persons which notifies his/her record of received medical services under N.H.I. policy coverage, with the list of original medical service fees at 100%, the amount before the insurance coverage was applied.

This report is issued in purpose of promoting the understanding of N.H.I. coverage system as well as the awareness of health management importance. There is no required procedure to be done with this report.

Inquiries: *Shimin-ka Hoken-kakari* , ☎Ext.129

**< Renewal of Certificate for Handicapped Person >**

The Disability Medical Support Recipient Certificate will be renewed on September 1<sup>st</sup> (Thu). Those who are applicable will receive the new certificate in late August by mail. Please return your old card to the *Shougai Fukushi Ka* at the City Hall. Also, if you have any changes to report, or if you have moved, etc. please contact them.

Medical Support System For Handicapped Person 心身障害者医療費助成制度 is a subsidy for those who own a Physical Disability Certificate, Grade 1 or 2 身体障害者手帳 1 級、2 級 or Intellectual Disability Certificate 愛の手帳. Certain standards apply; please inquire. Inquiries: *Shougai Fukushi Ka* ☎Ext. 173

**NOTIFICATION OF CURRENT STATUS for VARIOUS CHILD-RAISING ALLOWANCES**

Recipients of Child-Rearing Allowance (児童扶養手当), Single-Parent Household Medical Support (ひとり親家庭医療費助成), and Special Child-Raising Allowance (特別児童扶養手当) are required to submit a Notification of Current Status (現況届) along with the required documents during the designated filing period. The application forms to be filled out were already mailed to the applicable households. Please do not delay to take the procedure. If submission is not made, the city cannot make assessment as to validity of child, and will affect the payment schedule for allowance or issuance process for medical cards. For procedure details and required documents, please inquire. Inquire / File to: *Kosodate Shien-ka Shien-kakari*, ☎Ext.236

< **Important Information From the Library** >


Incidents where library books are vandalized by people have increased recently. People have been tearing out pages from books, and also doodling on the white spaces of the pages in the book. These actions must not be tolerated, and the library must take strict measures in order to protect the valuable property of *Hamura City* citizens entrusted to the library's management. It may be inevitable that measures are implemented under these circumstances such as limiting the access to, or discontinuing the lease of the books. Please have consideration for the next person who will be borrowing the same book. These books must be handled with care. Inquiries: Main Library ☎554-2280

羽村動物公園 ミーアキヤット!

< **The Meerkat Family Has Grown** >

Seven meerkats who came from *Morioka Zoo* in northern Honshu have arrived at the *Hamura Zoo*! This will be their new home. Four are male, and three are female. Each meerkat has a different trait, while some are full of curiosity, and some are very shy. They are scheduled to come outside soon, and we hope that many people can come to see them play around in their space.

Inquiries: *Hamura Zoo* ☎579-4041

「補修教室(学習教室)」受講者募集 

< **Members Offering Classes for Scholastic Support / Better Comprehension of Subjects** >

Members of the "Silver *Jinzai*" Center, or Retired Person's Human Resources Center are scheduling a scholastic support/ better comprehension of school subjects class operated by members who are skilled teachers. These members actually used to be school teachers before they retired. The aim of this class is to supplement the education and enhance the intellect of children who attend a local elementary school. This is a good chance for your children to catch up on school subjects and get a fresh start for the new semester. (All classes are in Japanese.) Please choose your timeframe.

Date: Every Monday, Tuesday, and Thursday (Classes will not be held on Holidays and End of /New Year)

Time: 4:30PM ~ 6PM Place: Silver *Jinzai* Center *Kenshuu Shitsu* Room

Eligibility: 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Graders of Elementary Schools in *Hamura City* Capacity: first 3 for each day

Fee: ¥5,000 (for 4 classes per month) Subjects: Japanese, Mathematics, Sociology, and Homework

Please call the Silver *Jinzai* Center in advance to register for class. (closed on Saturdays, Sundays, Holidays)

Hours of Operation are from 8:30AM ~ 5PM) Inquiries: Silver *Jinzai* Center ☎554-5131 (Please have your neighbor or someone who can speak Japanese help you register your child for this class.) ❖There are no taxi services available for this class. Your child must be capable of going to and from class independently. 

◆ **MEDICAL FACILITIES open on SUNDAYS & HOLIDAYS** ◆

Date	Hospital / Clinic				Dental Clinic	
	9am~5pm		5pm~10pm		9am~5pm	
August 21 <sup>st</sup> (Sun)	<i>Izumi Clinic</i>	☎555-8018	<i>Fussa-shi Hoken Center</i>	☎552-0099	Hamura Station Dental Clinic	☎570-5621
August 28 <sup>th</sup> (Sun)	<i>Nishitama Byouin</i>	☎554-0838	<i>Fussa-shi Hoken Center</i>	☎552-0099	<i>Fukutome Shika Iin</i>	☎555-7064

\* Tokyo Health & Medical Information Center "Himawari" ☎03-5285-8181 (English) 9AM~8PM Daily